

# PE and Sports Kit

## GIRLS

### Essential

Navy shorts with white piping\* (KS3 only)

White shirt with navy piping\*

Navy blue hockey socks\*

White ankle socks for summer

Navy blue or black swimming costume

Swimming cap

Shin pads

Trainers

## BOYS

### Essential

Navy blue rugby shirt\*

Navy blue rugby shorts\*

Navy blue football shorts\*

Navy blue rugby/football socks\*

White ankle socks for summer

Navy blue or black swimming shorts

White round-neck T-shirt with navy blue piping\*

Shin pads

Trainers and rugby/football boots

### Optional

Unisex navy blue zip fleece sweat shirt\*

Unisex navy blue showerproof top\*

Unisex navy blue tracksuit bottoms\*

Unisex navy blue base layer top

Unisex navy leggings\*

*KS4 students are permitted to wear leggings throughout the school year in all activities.*

*KS3 students are only permitted to wear leggings until Easter and only in activities directed by their teacher.*

Girls navy skort with white piping\*

Gum shield

Pupils may require a towel for showers

*\* These items are Lymm logoed*

## Swimming

If your child needs to wear goggles, please provide a letter stating that you, as parent/carer, take full responsibility for their safety concerning the wearing of goggles during lessons.

**Any pupil who needs to be excused from swimming must always bring normal PE kit.**

**Please note:** It is expected that all students will be involved in PE and staff can make necessary reasonable adjustments. However on the rare occasion your child may need to be excused from PE, please provide a letter which states the reason why they are not taking part in the activity. It must also include a contact telephone number, the date and a parent/carer's signature. Letters will be monitored. **Excused pupils must still wear LHS PE kit.**

School kit must be worn for extra curricular clubs and fixtures.

