

# BTEC SPORT

## WHY STUDY THIS COURSE?

The BTEC Sport course is ideal for students with a passion for sport. As a vocational course, students will largely be assessed via on-going assignments, which is often attractive to students whom do not want to pursue examination based A Level courses.

### COURSE DETAILS

**Qualification:** BTEC National Extended Diploma in Sport (equivalent of 3 A Levels)

**Awarding Body:** Edexcel

**Entry Requirements:** 5 GCSE grades A\*- C/4+ including both English language and maths

It is essential for our students to gain various additional qualifications that make them appealing to both employers and universities. These qualifications include National Lifeguarding Certificate and Level 2 Community Sports Leaders Award. Each year, students will have the opportunity to spend one week at La Manga Club in Spain. This elite training facility provides our students with an incredible opportunity to complete a European coaching experience in a variety of sports on the complex. The students shadow professional coaches in a range of sports, and use their observations to develop their own coaching expertise. The majority of our learners go on to study sports related degree courses at university. Employment in sports related industries is another obvious route for our successful students. Embedded within the course are many opportunities to work with our sports partners, and this often leads to students gaining employment as sports coaches, leisure attendants and gym instructors within the local area.

## COURSE STRUCTURE & ASSESSMENT

This course will involve the study of 14 different units including topics such as anatomy and physiology, sports psychology, fitness testing, sports events organisation and sports leadership. The course will involve 10 internally assessed units and 4 external assessments. These will take the form of an examination and written tasks which will be assessed externally.

“ Btec sport involves understanding all the different aspects of physical activity. I have enjoyed learning about the psychology of sport and about the mind, this is able to show how this can effect your sports performance positively or negatively. I have taken part in hockey for many years at school which I have a massive passion for because it keeps me fit and healthy.

I have been lucky enough to have to opportunity to travel on a sports tour to Italy which enabled me to build new relationships and helped me develop my sports skills. After Sixth Form I want to do an apprenticeship and I hope to use the coaching skills I have learnt through coaching hockey in America for three months.



RUBY KELLY