

Important Information regarding the 'Blue Whale' game for Parents and Carers.

Dear Parent/Carer,

As you may have read in recent national media coverage, a dangerous new game being played on social media. The 'Blue Whale' game originated in Russia and has spread across Europe. The game is played online via social media. Players are appointed a "master/teacher" and these "masters/teachers" issue progressively more dangerous challenges to players in stages. As the game goes on the players are directed to self-harm and the final challenge is to commit suicide. All these actions have to be filmed and shared via social media to the so called "master/teacher". The game is being targeted at children of all ages, some as young as primary age, but predominantly at teenagers.

Warning signs to look out for may include:

- Self-Harm, in particular any designs resembling a Blue Whale scratched onto the skin
- The young person taking photos of their self-harm marks and objects used, and pictures taken of themselves at height
- The young person setting alarms for the very early hours of the morning to watch scary/psychedelic movies
- The young person leaving the house in the early hours of the morning
- The young person frequenting high buildings, bridges or railway lines

The safety of your child is imperative to us as a school, and we hope that you will find this information helpful in raising awareness. Please talk to your child about e-safety and encourage an open dialog. If you have any concerns regarding this 'game' or with any aspect of keeping children safe, then please contact school as a priority for further advice and support.

[Further useful information, guidance and advice links.](#)

[Advice for those concerned about the 'Blue Whale' story](#)

[What parents need to know about the Blue Whale suicide game](#)

[Digital Parenting](#)

[Blue Whale: what parents should know](#)

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