

26th February 2020

Dear parents and carers

Re: COVID-19

You may be aware that advice for travellers from affected areas has recently changed. Please be aware that this is a fast-evolving situation and we will continue to share any new advice at the earliest opportunity. The following all comes from Public Health England.

As of today, advice for returning travellers is as follows;

1) If you have returned from the following areas **since February 19th**, call NHS111 to inform them of your recent travel, stay indoors and avoid contact with other people **even if you do not have symptoms**:

- Iran
- Specific lockdown areas in Northern Italy* as designated by the Government of Italy:
 - In the Lombardy Region:
Bertonico; Casalpusterlengo; Castelgerundo; Castiglione D'Adda; Codogno; Fombio; Maleo; San Fiorano; Somaglia; and Terranova dei Passerini
 - In the Veneto Region:
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A [map](#) has been published to help detail the relevant areas.

- Daegu or Cheongdo (Republic of Korea)
- Hubei province, China (returned in the past 14 days)

2) If you have returned from the following areas since **February 19th**:

- Northern Italy (see [map](#))
- Vietnam
- Cambodia
- Laos
- Myanmar

Or If you have returned to the UK from any of the following areas **in the last 14 days**:

- Other parts of China outside Hubei province
- Thailand

Headteacher: Mr Gwyn Williams

Lymm High School, Oughtrington Lane, Lymm, WA13 0RB
01925 755458 info@lymmhigh.org.uk www.lymmhigh.org.uk



- Japan
- Republic of Korea
- Hong Kong
- Taiwan
- Singapore
- Malaysia
- Macau

You should stay indoors at home and avoid contact with other people immediately and call NHS111 **only if you develop symptoms.**

Further information can be found here: <https://www.gov.uk/guidance/wuhan-novel-coronavirus-information-for-the-public>

Finally, prevention is always better than cure, so, as with the flu virus, the most effective way for people to protect themselves from Covid-19 is to adopt good respiratory and hand hygiene to prevent the risk of infection. For example:

- Adopt a 'catch it, bin it, kill it' approach to coughs and sneezes. Always carry tissues with you and use them to catch your cough or sneeze. Then bin the tissue, and wash your hands, or use a sanitiser gel.
- Wash your hands often with soap and water, especially after using public transport. Use a sanitiser gel if soap and water are not available.
- Avoid touching your eyes, nose and mouth with unwashed hands.
- Avoid close contact with people who are unwell.

Yours sincerely



Gwyn Williams
Headteacher