# Year 12 Assembly 20<sup>th</sup> March 2020



### What we do know



- School is closed from the end of the day today
- Staff will set you work via SMHW / Microsoft Teams / email there will be an expectation you do this!
- Work experience cancelled, very unlikely we will reschedule this
- Mocks cancelled very likely we will have some in September, watch this space
- Student Leadership Team September
- UCAS we will guide you through this remotely, so you MUST engage with us online
- Careers advisor is here to help!
- Bursary you will receive supermarket vouchers

## Suggestions

- Stick to your timetable Adapt app
- Find a quiet place to study
- Keep working
- Make sure you know how to access your email/Microsoft Teams / SMHW this is going to be crucial

Subjects  $\checkmark$  Courses  $\checkmark$  Using FutureLearn  $\checkmark$ 

- Teachers will be on hand
- Revise everything you have studied so far perfect opportunity!
- Practice, practice, practice!
- MOOCS Future Learn
- EPQ





- Don't panic put in the hours now, everything will be fine
- Look after your mental wellbeing
- Breathe!
- Careers advisor email me and I will put you in touch
- Yoga & Meditation Maria <u>http://www.mariayoga.co.uk/online-classes/</u>
- Social responsibility who can you help? Social distancing





#### We have created a Sixth Form Study Guidance sheet – this is available on our website under the School Closure Portal

#### Sixth Form Study Guidance

Use the following guidance to help you study effectively from home -

1) Stick to your original timetable and stay in your routine! Avoid the temptation to delay the start of the day (no need for a lie in!), get up at your normal time, get dressed and be ready to start work for 8:25am. You may find it helpful to print off the Study Planner sent to you on email this week. This helps you organise your time by blocking out your 'taught' lessons and building in your revision topics. Download the Adapt app, enter your subjects and it creates a timetable for you based on what you have covered in your specification!



2) Find a quiet place to study. It is likely other people in your household may be working from home so space may be limited, but try and find yourself a quiet desk somewhere free from distractions (no phones!).

3) Aim for a minimum of 5-6 hours of school work per day. This needs to be broken up with breaks, do not work for longer than an hour without a 5-10 min break, you aren't able to concentrate and retain information for much longer than that.

**4)** Know how to access the work you will be set. Your subject teachers will set you work on SMHW, Microsoft Teams, or ask you to access resources on the Student Shared area. Please ensure you know how to access all of these forums and you have your relevant passwords at the ready. Your teachers are likely to ask you to submit work you have completed, this may be via email or through Teams.