

NEWSLETTER

This information is from the latest CEOP correspondence and Parent Info. It is vital for parents as they face the challenges of home schooling and the possibility of juggling work.

Dealing with COVID-19: new articles for parents and carers

To help families through lockdown and social distancing, new articles on [Parent Info](#) tackle some of the key issues they are experiencing, including:

- [Separated parents managing arrangements to see their child](#)
- [Supporting teens to cope with lockdown](#)
- [Looking after their mental health while stuck indoors](#)
- [Starting difficult conversations about COVID-19 with their child](#)

Unsolicited nudes: advice for teens

Unsolicited nude image sharing is when people share unwanted nudes. Young people have told us that this can feel 'normal' because it happens a lot, but that definitely doesn't make it okay.

This [new article for teens](#) includes advice on what they can do if they receive an unwanted nude.

Domestic violence

<https://www.openthedoorcheshire.org.uk>

This link is the force's campaign to support those who are the victims of domestic violence. Please spread this message so we can continue to protect those who need our help most.

We are here if you need to report an incident on 101 as normal and if it is an emergency call 999. But If you are a pupil and in need of support, or concerned about a pupil's welfare, please contact one of the support agencies identified below:

Local Children's Safeguarding Board

If you wish to report a safeguarding concern about a child, please contact

[0151 907 8305](tel:01519078305) / [0151 5117722](tel:01515117722) (Office Hours Mon-Thurs, 9am – 5pm, 9am – 4.30pm Fri)
[0345 050 0148](tel:03450500148) (Outside Office Hours and throughout Weekends)

NSPCC

Children's charity dedicated to ending child abuse and child cruelty.
Phone: [0800 1111](tel:08001111) for Childline for children (24-hour helpline)
[0808 800 5000](tel:08088005000) for adults concerned about a child (24-hour helpline)

Website: www.nspcc.org.uk

Young Minds

Information on child and adolescent mental health. Services for parents and professionals.
Phone: Parents' helpline [0808 802 5544](tel:08088025544) (Monday to Friday, 9.30am to 4pm)

Website: www.youngminds.org.uk

Further helplines for conditions such as Stress, Anxiety and Depression can be found on the following link to the NHS:

<https://www.nhs.uk/conditions/stress-anxiety-depression/mental-health-helplines/>

Your local foodbank supported by The Shaw Education Trust is:

Widnes: Trinity Methodist URC Church, Peel House Ln, Widnes WA8 6TJ
Phone: [0151 422 0031](tel:01514220031) / 49 Lugsdale Rd, Widnes WA8 6TJ Phone: [0151 4220031](tel:01514220031)

Runcorn: 53a, Operations Centre, Russell Rd, Runcorn WA7 4BH [01928 577679](tel:01928577679)

Houseparty: What is it? And is it safe for young people?



In these strange times, young people can feel cut off from their friends. Since the coronavirus crisis started, the video-chatting app Houseparty has enjoyed a surge in popularity.

And it's easy to see why – it enables young people stuck at home to hang out with friends more informally than on other video conferencing apps.

Here we tell families what they need to know about the popular app and give advice on how they can help their child use it in a safer, more enjoyable way.

[Read now](#)

Our new policing requirements are as follows:

- Require people to stay at home, except for very limited purposes
- Close non-essential shops and community spaces
- Stop all gatherings of more than two people in public

(These measures are being reviewed continually)

Useful accounts to follow on Social Media

The following accounts are trusted sources of information and may be better placed to answer any questions you'll be receiving.

	Twitter	Facebook
GOV UK	@GOVUK	@UKgovernment
NHS	@NHSuk	@NHSwebsite
Public Health England	@PHE_uk	@PublicHealthEngland
Home Office	@ukhomeoffice	@ukhomeofficegov
Cheshire Fire & Rescue Service	@CheshireFire	@CheshireFRS
North West Ambulance Service	@NWAmbulance	@nwasofficial
Cheshire East Council	@CheshireEast	@CheshireEastCouncil
Cheshire West & Chester Council	@Go_CheshireWest	@cheshirewest
Warrington Borough Council	@WarringtonBC	@warringtonbc
Halton Borough Council	@HaltonBC	@haltonbc
Cheshire Police	@cheshirepolice	@cheshirPolice

Cheshire Police Website :- <https://www.cheshire.police.uk>

Please do not hesitate to get in touch if you want clarification of anything, or have a question, or indeed you think we may have missed off some useful information.

Kind Regards

PC 5721 Melissa Marsh-Croft

Warrington Youth Engagement Officer

Safer Schools and Young Persons Partnership

Please note my working week is Monday to Thursday.

Phone: 07717328515 | Email: Melissa.marsh-croft@cheshire.pnn.police.uk

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