

The power of kindness calendar

Use your calendar to record your daily kindness acts.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
●	●	●	●	●	●	●
●	●	●	●	●	●	●
●	●	●	●	●	●	●
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Congratulations

Being kind sends a powerful message about our connections to each other and the world around us.