

PE

WHY STUDY THIS COURSE?

A-level Physical Education allows students to play to their strengths and gain dynamic theoretical and practical skills for further education or work.

COURSE DETAILS

Qualification: A' level
Physical Education

Awarding Body: AQA

Entry Requirements: 5
GCSE grades 4-9, including
both English Language
and Maths plus GCSE PE
Grade 5. Students must
have achieved a grade 5 in
the theory element of the
GCSE course

COURSE STRUCTURE & ASSESSMENT

- Applied anatomy and physiology
- Skill acquisition
- Sport and society
- Exercise physiology
- Biomechanical movement
- Sport psychology
- Sport and society and role of technology in physical activity and sport

Students are assessed externally with two written exams. Each exam is 2 hours and 105 marks. Each paper is worth 35% of the overall grade.

Students are assessed in practical performance in one selected sport. This can be either as a performer or coach. 45 marks and 15% of the overall grade.

Students are also required to analyse and evaluate, using appropriate theoretical content included in the specification, a performance as either player/performer or coach, in one activity from the specification. Students can analyse and evaluate their own performance or the performer of another, as long as it is in an activity from the specification. 45 marks and 15% of the overall grade.

