



LYMM
HIGH SCHOOL

Mass Testing Plan

Thursday 4th and Friday 5th March





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Key questions

- Students can only be tested if written consent has been given. If they arrive without consent they will not be able to be tested.
- If a student has tested positive within the previous 90 days they should not complete the test. They should only start testing once the 90-day period is completed. They will still be able to return to school on Monday 8th March.
- If a student has been vaccinated they should still test, the vaccine will not show on the tests.
- If a student tests positive they must isolate for 10 full days following the positive test. Close contacts will also have to self-isolate for the same period.



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Timings

Thursday	
Year Group / Tutor Groups	Time
Year 11 – L forms	8.30am – 9.20am
Year 11 – H forms	9.30am – 10.20am
Year 10 – L forms	10.40am – 11.30am
Year 10 – H forms	11.40am – 12.30pm
Year 12	1pm – 2pm
Year 13	2pm – 3pm
Friday	
Year Group / Tutor Groups	Time
Year 7 – L forms	8.30am – 9.20am
Year 7 – H forms	9.30am – 10.20am
Year 8 – L forms	10.40am – 11.30am
Year 8 – H forms	11.40 – 12.30pm
Year 9 – L forms	1pm – 1.50pm
Year 9 – H forms	2pm – 2.50pm



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General notes

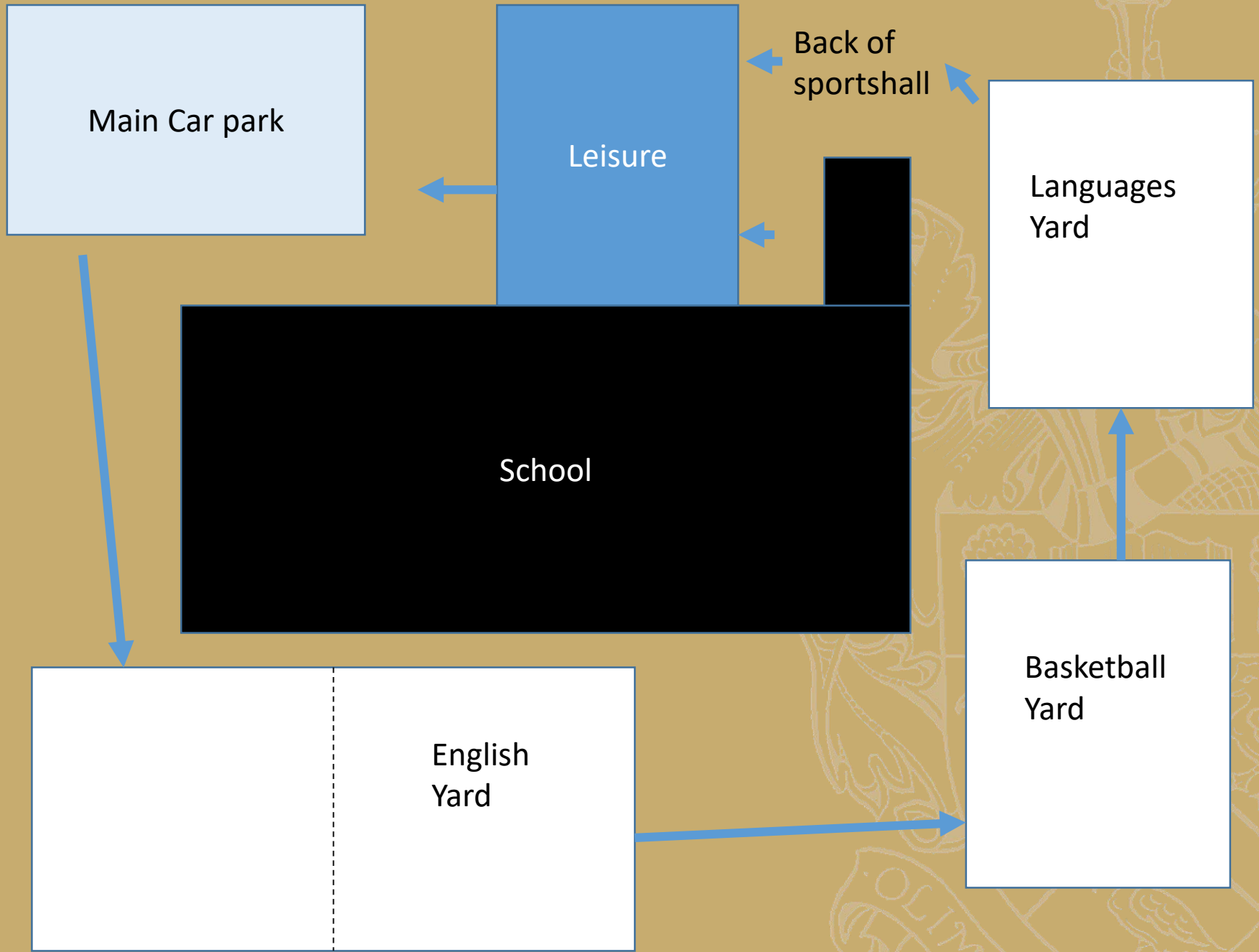
- Non-uniform on Thursday/Friday for mass testing.
- Coat – you will be queuing outside, so make sure you are prepared for this with appropriate clothing.
- Face mask – when you enter the building you will need to put your face mask on. You will remove it in order to take the test.
- Consent – Your parents/carers must have given consent. We have this information already, but any issues we will sort out on the day.
- Social distancing – please remember to socially distance when waiting and queuing.
- Behaviour – as always we expect the highest standards of behaviour. We are testing a large number of students so you need to make sure you follow instructions and behave appropriately at all times. This isn't the time to have fun with your friends, that can wait until social time when we're back in school.
- No hanging around afterwards – we have lots of students exiting and arriving at school and need to keep everything flowing. You cannot hang around for friends.
- The country is still in lockdown – you should not arrange to hang around with friends or in groups before/after the test. The current laws are still in place regarding meeting other people, therefore you should not be hanging around in groups before or after the test. You have to take your responsibilities as a socially responsible citizen seriously.



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The plan

- When arriving on site, you will be directed onto the English yard and around the outside of the building. **See next slide.**
- The members of staff on each yard will be sending a few students at a time to the next yard. This is so that we don't have too many students bunching in one area at a time. When you are waiting or queuing you should socially distance and wait patiently to be told when to go to the next yard.
- When you reach the back of the sports hall you will be sent through one of two doors by a member of staff depending on your surname. A to J through one door and K to Z through the other. You will need to put on a facemask before entering.





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The plan


- Once inside we will check your name on the list and you will be given a card with your name and a barcode.
- You will then go to one of the swabbing stations. You should blow your nose using one of the tissues provided, then sanitise your hands using the sanitiser provided. You will then open the swab from the packet. You will then need to swab each tonsil for 5 seconds (there is a mirror to help), and using the same swab you will swab one nostril (10 seconds). Staff will be on hand to support and to clean the station in between. See the next slides for further guidance.
- Once you have taken the swab put all other rubbish in the bin provided, but keep hold of the completed swab.
- Take the completed swab to the testing desk in front of you and follow the instructions given by the tester. They will ask you to put the card on the desk and the swab in one of the vials (test tubes).
- You should then leave the testing room out of the nearest door in front of you and exit the leisure Centre.





HOW TO DO YOUR TEST


WHILE THIS IS A SELF-SWAB TEST, THERE WILL BE A TESTING HELPER WHO WILL OVERSEE THINGS AND PROVIDE HELP IF YOU NEED

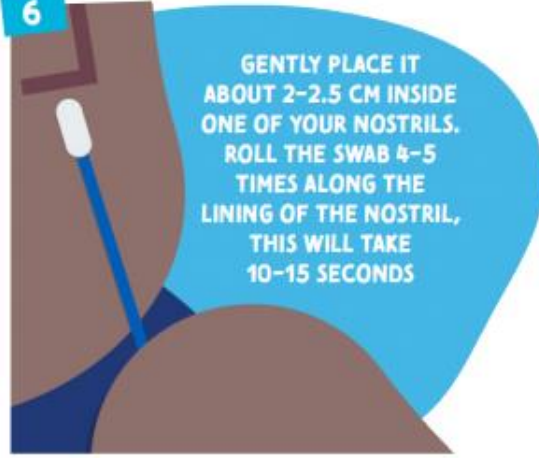
1  YOUR COVID-19 TEST WILL BE SCHEDULED. IF YOU ARE UNDER 16, YOUR PARENT / CARER WILL HAVE CONSENTED


2  YOUR TEST WILL BE FAST AND WHILE IT MIGHT FEEL A LITTLE UNCOMFORTABLE, IT WON'T HURT YOU

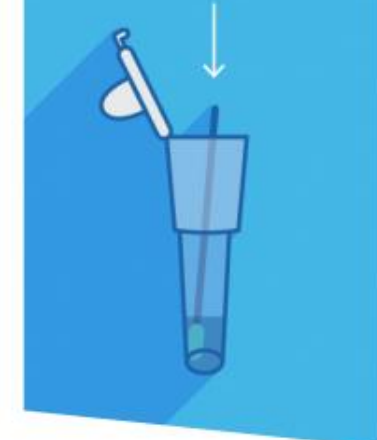
3  BLOW YOUR NOSE IF NEEDED. WASH AND DRY/SANITISE YOUR HANDS. REMOVE THE SWAB BEING CAREFUL NOT TO TOUCH THE SOFT PART


4  **10 SECS** OPEN YOUR MOUTH WIDE AND USE A MIRROR TO LOOK AT THE BACK OF YOUR THROAT, THEN USE THE SWAB TO RUB FIRMLY 4 TIMES ON EACH SIDE

5  REMOVE THE SWAB CAREFULLY WITHOUT TOUCHING YOUR TEETH, TONGUE OR GUMS

6  GENTLY PLACE IT ABOUT 2-2.5 CM INSIDE ONE OF YOUR NOSTRILS. ROLL THE SWAB 4-5 TIMES ALONG THE LINING OF THE NOSTRIL, THIS WILL TAKE 10-15 SECONDS

7  AFTER THIS, YOU'RE DONE, GENTLY REMOVE THE SWAB BEING CAREFUL NOT TO LET ANYTHING TOUCH THE TIP

8  YOUR SWAB CAN THEN BE PLACED IN A TUBE FOR TESTING, THIS TAKES ABOUT 30 MINUTES

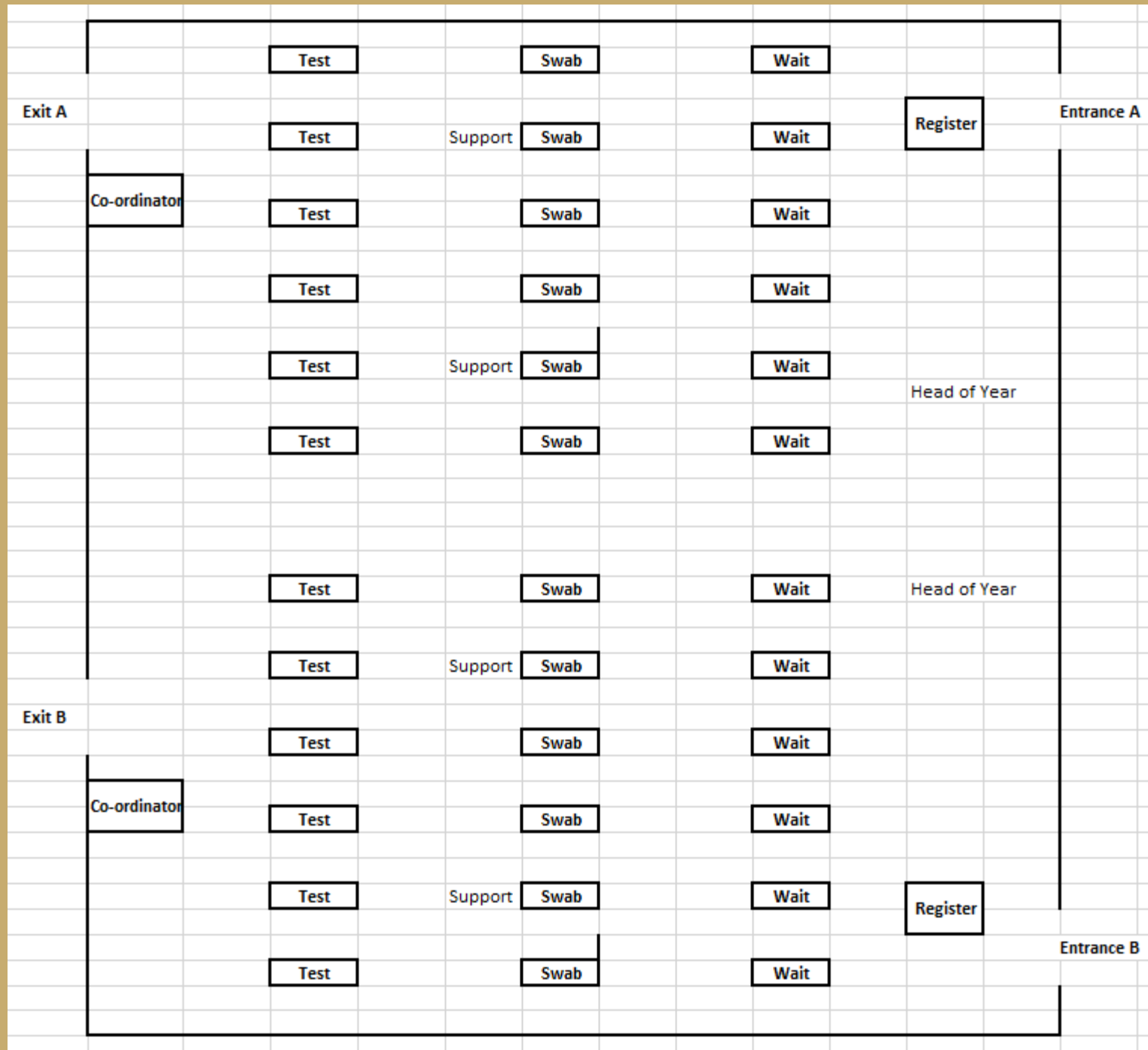
9  YOUR SCHOOL / COLLEGE WILL CONTACT YOU OR YOUR PARENT / CARER WITH THE RESULTS AND LET YOU KNOW WHAT HAPPENS NEXT

Sports hall
Layout



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Front of
School



Surnames A-J

Drama/ Languages
Yard

Surnames K-Z



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The plan

- Once outside you should leave site as soon as possible, not waiting for friends, as we need to keep everything flowing smoothly.
- We will know if you have tested positive within 30 minutes. If you have tested positive your parents will receive a phone call within 15 minutes of finding out. If you have tested negative we will not phone and your parents will just receive a text message at a later time or the next day. No news is good news in this respect. You cannot wait on site to find out your result as we need to maintain the flow of students.



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Thank you

- Thank you for reading this information and we know that you will follow the instructions carefully.
- There will be lots of people there on the day to guide and support you, so don't worry if things seem a little confusing, you will be absolutely fine.
- If you are worried or anything is unclear please get in touch with your head of year.
- You will be tested twice more in school next week during the normal school day. We will give you some more information about this via the bulletin.
- Well done with all the hard work and effort you've put into the remote learning. But, it will be fantastic to be back in school again; we're really looking forward to seeing you all on Monday!