

THE SIXTH

THIS WEEK...

MENTAL HEALTH
WEEK

11–15 October 2021

Former Lymm High student Dan Gordon has established his own social media following, highlighting the importance of sharing stories around mental health and wellbeing. Dan hopes that by sharing experiences people who have struggled similarly to himself can get support. He is coming in to school to deliver assemblies on **Monday 11th** and **Tuesday 12th October**.

You can follow Dan on Instagram @strength_in_stories

Duke of Edinburgh

We are really pleased to announce we will be running DofE again this year, which was paused during the pandemic.

More information will follow in the next couple of weeks so please keep an eye on *The Sixth* and the Parent Bulletin.

ILC Closure

Please be aware that the ILC will be closed for flu vaccinations on **Wednesday 13th** and **Thursday 14th October**, which will reduce the study space available.

Crochet Club

Crochet Club will kick off with taster events at the following times:

Period 5 on **Tuesday 12th** or
Period 5 on **Friday 15th** in N105.
Come to one or both.

New Year 12 students

For those students who joined us in Year 12 from other schools, we invite you to a short meeting at lunch (1.15pm) in S107 on **Monday 11th October**.

Balfour Beatty apprenticeships

On **Wednesday 13th October** at 2pm we have an Apprentice coming in from Balfour Beatty to discuss their experience of an apprenticeship and to give you top tips on applying.

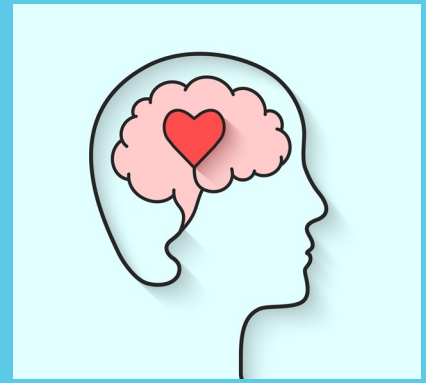
For all students thinking of applying for an apprenticeship, this session is compulsory. Please email Mrs Jennings to reserve your space!

Arts at University

On **Thursday 14th October**, Dr Scott Midson from the University of Manchester will be coming into school at 1.15pm to give a talk and Q&A on 'Why study the Liberal Arts?'

This would be useful for all Year 12/13 students considering this route.

WHAT'S ON THIS WEEK



CALENDAR

11–15 October 2021

DAY	YEAR 12	YEAR 13	OTHER EVENTS
MONDAY	Mental Health Assembly, external speaker	Mentoring	1.15pm, meeting for those students who have joined us from other schools
TUESDAY	Mentoring	Mental Health Assembly, external speaker	1.20pm, EPQ Meeting N105
WEDNESDAY	Life Programme Forced Marriages	Life Programme, Relationship Safety	2pm, Balfour Beatty Apprenticeship Talk, N105
THURSDAY	Mental Health Matters	Mental Health Matters	1.15pm, Why Study the Liberal Arts? talk, N105
FRIDAY	Futures Friday Introduction to MOOCS	Futures Friday Applications update	

Response to rising Covid cases

We have seen a significant rise in Covid cases in school over the last week and are monitoring the situation carefully. Thankfully, there are only a small number of cases in the Sixth Form. However, following advice from the public health and education leaders at Warrington Borough Council, school has agreed the temporary reintroduction of face coverings for students and staff in communal areas (not classrooms). Students that use public transport to get to school should already be wearing face coverings on buses.

In addition to mask wearing, we are asking all students to follow these steps to help minimise the spread of Covid:

1. Please do not come into school if you are displaying any of the Covid symptoms, however mild (i.e. a new, continuous cough, high temperature and/or loss of taste or smell). Stay at home and arrange to have a PCR test.
2. Continue to take lateral flow tests every **Sunday and Wednesday**.
3. Please err on the side of caution and take additional lateral flow tests if you show any broader respiratory symptoms (e.g. headache, fatigue, sore throat, sneezing).
4. If anyone in your household tests positive for Covid, please ensure that the whole family takes a PCR test as soon as possible. Everyone should also take a lateral flow test daily, until the 10-day isolation period for the positive case has expired. If any of the



daily tests are positive, the individual should self-isolate and book a PCR test.

Please contact us via telephone and email to covidtrack@lymmhigh.org.uk as soon as the home test comes back positive and again once you have received the result from the PCR test.

We are hopeful that, given the additional measures we are introducing alongside the vaccine rollout for Years 7–11, case numbers should start to come down over the next 2–3 weeks.

For any queries related to testing, please email covidtrack@lymmhigh.org.uk.

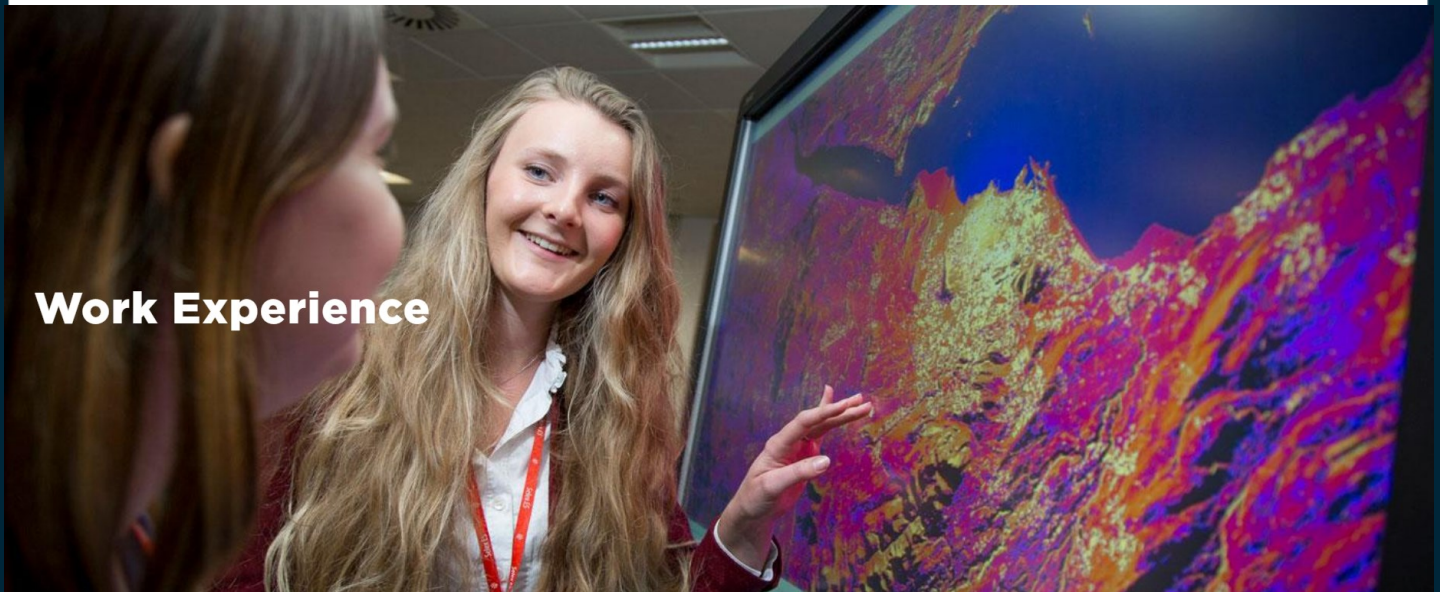
Remember the Wellbeing hub

Don't forget to check out our [Wellbeing hub on Teams](#) for practical suggestions on how to keep mentally healthy. It also includes helpful contact details for organisations offering advice and support.

CAREERS

Virtual Work Experience

Here are some companies and businesses currently offering virtual work experience.



Work Experience

[Allied Healthcare Mentor \(paid\) –](#)

A live Virtual Work Experience Programme created and delivered by healthcare professionals for those interested in a career in healthcare. Prices start from £10 a day.

[Barclays LifeSkills –](#)

An excellent website to help young people develop the skills they need for a better future.

[Barclays LifeSkills - virtual work experience with a 'digital transformation' agency –](#)

An excellent opportunity for those interested in design to actively work with different departments on one exciting project, helping them solve problems and complete real-life tasks.

[Brighton and Sussex Medical School –](#)

Suitable for those looking to apply to medical school, this virtual work placement introduces students to the NHS before exploring the roles and skill sets of six different medical specialists.

[Career Days –](#)

Click to search a range of career days online. Please note, there is a charge to attend these. If you are eligible for the bursary, we can reimburse you.

[Cyber Discovery –](#)

A chance to learn from industry experts and take part in over 200 free cyber security challenges. Registration is currently closed, but there is an opportunity to register interest for the next intake.

[Future Learn – exploring the Veterinary profession –](#)

A 2-week, 6-hour course that enables students to learn more about what it takes to become a vet and whether it's the right career choice for them.

CAREERS

[Halliday Fraser Munro –](#)

An online work experience programme for those interested in architecture and design.

[Hunter Bevan –](#)

A remote virtual work experience with a twist. Suitable for anyone interested in developing their design or marketing skills. Feedback will be given plus a chance to feature on Hunter Bevan's website.

[InvestIn \(paid\) –](#)

Aimed at students between 14 and 18 years old, InvestIn offers an impressive array of virtual work placements involving real life work and contact with professionals. This is a paid service, and placements range from one day to one week. Prices start from £90.

[Leonardo – engineering placements –](#)

A range of programmes that provide an invaluable insight into the varied career options that can be explored from studying STEM-related subjects.

[National Cyber Security Centre –](#)

A website dedicated to helping the UK's next generation of cyber professionals through a variety of free courses for 11–17-year olds and exciting competitions.

[Royal College of General Practitioners \(RCGP\) –](#)

Organised, by the RCGP, Observe GP is an alternative to work experience for aspiring medics aged 16 and over. It is a free interactive video platform providing insights into the role of a GP and the wider primary care team.

[Speakers4Schools –](#)

Recently launched, Speakers4schools aims to provide a level playing field by connecting young people to high quality virtual work placements. Register to stay up to date with their latest developments.

[Springpod –](#)

An excellent list of free virtual work experience placement ranging from teaching to marketing.

[The Careers and Enterprise Company –](#)

A regularly updated and comprehensive list of virtual opportunities containing links to virtual work placements and training opportunities for students in years 9–13.

[The Lawyer Portal –](#)

A list of law firms offering virtual work experience.

[Youth Opportunities –](#)

An online platform providing a range of virtual work experiences including workshops, fellowships and internships. External companies are free to post opportunities, so we strongly recommend you encourage your child to research all options thoroughly before applying.

Saturday 9th October

- [Edge Hill University](#) – Open Day
- [Newcastle University](#) – Open Day
- [University of Edinburgh](#) – Virtual Open Day
- [University of Exeter](#) – Open Day
- [University of Leeds](#) – Virtual Open Day
- [University of Manchester](#) – Virtual Open Day
- [University of Nottingham](#) – Open Day

Sunday 10th October

- [Bangor University](#) – Open Day

Monday 11th October

- [New College of the Humanities](#) – Student Insights Session: Studying English at University, 4.30–5pm
- [Plymouth College of Art](#) – Drop-in event, 3–4.30pm (online)
- [Solent University](#) – Get ready to submit your application & personal statement, 5.30–6.30pm
- [Swansea University](#) – Autumn Current News Webinar Series
- [University of East Anglia](#) – Maths Taster Lecture, 16.45–17.30
- [University of Liverpool](#) – Virtual Open Day

Tuesday 12th October

- [Buckinghamshire New University](#) – Fashion Futures, 4.30–5.30pm
- [New College of the Humanities](#) – Studying art at university, 4.30–5pm (online)
- [Solent University](#) – Get ready to start your university journey, 5–6.15pm (online)
- [Swansea University](#) – Autumn Current News Webinar Series
- [University of Cumbria](#) – Careers in mental health
- [University of East Anglia](#) – Engineering Taster Lecture, 4.15–5.15pm
- [University of Exeter](#) – Considering the University of Exeter, 6–7pm (online)
- [University of Exeter](#) – Black History Month Series: English Lecture, 5–6pm



[University of Liverpool](#) – Virtual Open Day

[University of London](#) – Biology Champions at the Royal Veterinary College (RVC), 5.30–6.30pm

[University of Reading](#) – Languages at Reading, 4–5pm

Wednesday 13th October

[London School of Economics and Political Science](#) – LSE Discovery Sessions, 4–5pm

[New College of the Humanities](#) – Studying Philosophy at University, 4.30–5pm

[Royal Holloway](#) – Psychology Lecture Evening, 6pm (online)

[University College Birmingham](#) – Online Open Day, 4–7pm

[University of Cumbria](#) – Get in to social work

[University of East Anglia](#) – Personal statement webinar: Have you started yours?, 4.30–5pm

[University of East London](#) and West Ham Utd – Managing Large Scale Sport Events, 5–6pm

[University of Greenwich](#) – GREAt Skills Effective Presentations, 5–6pm

[University of Liverpool](#) – Virtual Open Day

[University of Reading](#) – Study languages with Economics at Reading, 4–5pm

[University of Winchester](#) – Virtual Experience for those considering Nursing (Learning Disabilities)

Thursday 14th October

Dr Scott Midson, University of Manchester – Why study the Liberal Arts? 1.15pm, N105 (see p. 1)

[New College of the Humanities](#) – Studying Politics & International Relations, 4.30–5pm

[Solent University](#) – Get ready for Uni: Parent and carers online event

[Swansea University](#) – Autumn Current News Webinar Series

[University of Exeter](#) – Sports and societies at the University of Exeter, 6–7pm

[University of Liverpool](#) – Virtual Open Day

Friday 15th October

[Norwich University of the Arts](#) – Open Day

[University of Liverpool](#) – Virtual Open Day

Wednesday 13th October

Balfour Beatty

We have an apprentice coming in from Balfour Beatty to discuss their experience of an apprenticeship and to give you top tips on applying. For all students thinking of applying for an apprenticeship, this session is compulsory. Please email Mrs Jennings to reserve your space!

Thursday 14th October



[Cavendish Nuclear](#)

School Careers Fair Apprenticeships Talk, 6pm

A Babcock apprenticeship gives you hands-on technical experience in the workplace while also undertaking a college course on a part-time basis. As you progress through your career, further education opportunities become available for those who choose to obtain higher level qualifications. The company is very proud that apprentices choose to stay with them long after completing their apprenticeship

20–21st October 2021

[Rate My Apprenticeship virtual event](#)

Featuring 15 of the best apprenticeship employers in the UK:

- Meet Aldi, Deloitte, Vodafone + more
- Ask any questions you have about apprenticeships
- Get exclusive application advice
- plus win prizes!

To register, [click here](#).



FUTURES OPPORTUNITIES

Apprenticeships

[Cheshire and Warrington Opportunities](#) – Visit to find out about local courses, apprenticeships or jobs

[Click here](#) to see this week's list of current apprenticeships in the Warrington area. For further details and to apply for any of these vacancies go to the [National Apprenticeship Website](#)

[Health Care Assistants for Warrington and Halton](#) – Need 'gap year' work experience in a health/care setting? Full time/part time hours and permanent contracts are available.

[Royal Navy](#) – Find out what it's like to do a Royal Navy apprenticeship.

[Siemens apprenticeships](#) – Listing of opportunities worldwide.

[IBM apprenticeships](#) – Applications information.

[Barclays](#) – Information and details about latest opportunities.

Degree Apprenticeships

[Manchester Metropolitan University](#) – Introduction to degree apprenticeships (on demand). This session outlines the benefits of degree apprenticeships, gives students an overview of the different apprenticeships available, including a detailed breakdown of the application process and the key skills required for a successful application.

[Astra Zeneca Apprenticeships](#) – Many Higher and Degree apprenticeship opportunities available including science, technical and business.



BIRTHDAYS

E. Acornley	A Proctor
O. Degnan	E. Rahimi
G. Howell	K. Tajfar
S. Jones	A. Waterhouse
J. Morrow	L. Zheng
B. Murphy	R. Zheng
J. Powell	