

THE SIXTH

“ THIS WEEK... ”

WORK EXPERIENCE

21–25 March 2022

Important dates

We have now updated the [Sixth Form Assessment Calendar](#); this version will now replace the original sent out at the start of the academic year. Please note the new dates for the following:

Year 12 Mock exams will now be taken WC **13th June**.

Year 13 students will have their final day in Sixth Form on **Friday 20th May**. Study leave will begin from **Monday 3rd May**.

Year 13 mock results

All students will receive their mock results during an assembly on **Thursday 31st March**.

Progress reports will be sent home to parents shortly after the assembly.

NHS careers talk

Year 12 and 13 students attended a talk this week which covered a variety of careers within the NHS. We hope this opened their eyes to the wealth of opportunities the NHS can offer.

See p.13 for more information.

Lymm Radio

We're looking for Year 12 students to take over the running of the Lymm Radio segments.

If you are interested please let Miss Dixon know.

Year 12 work experience

All Year 12 students will complete a week of work experience week commencing **27th June 2022**.

Please see here for the information shared with students this week during [assembly](#). Please read the following information carefully, [work experience letter](#), [work experience self-placement form](#) and [medical consent form](#).

Lunchtime lecture

This week's Lunchtime lecture is on Careers.

Please join us on **Wednesday 23rd March** for a lunchtime talk from Phil Barnes, a criminal barrister. The talk will start at 1.30pm in E310. Feel free to bring your lunch!

WHAT'S ON THIS WEEK



World Down Syndrome Day

CALENDAR

21–25 March 2022

DAY	YEAR 12	YEAR 13	OTHER EVENTS
MONDAY	World Down Syndrome Awareness Day	Mentoring	World Down's Syndrome Day (see p.5)
TUESDAY	'She's asking for it' activity	'She's asking for it' activity	
WEDNESDAY	Time to research a work experience placement	Subject revision time	Lunch lecture (see p.1) Model United Nations Meeting, 1.15pm, N206 Step into Social care, 1.30pm School Nurse, 1.15pm
THURSDAY	Time to research a work experience placement	Subject revision time	
FRIDAY	Life Programme (see p.3)	Life Programme (see p.3)	

LIFE PROGRAMME

Life Programme on **Friday 25th March** means that timings of the day change slightly to:

Form:	8.25–9:10
Period 1:	9.10–10.05
Period 2:	10.05–11
Break:	11–11.30
Period 3:	11.30–12.25
Period 4:	12.25–1.20
Lunch:	1.20–2.15
Period 5:	2.15–3.10

Year 12

Year 12: Year 12 Life Programme will focus on students' role and responsibilities in employment, including the gig economy. They will discuss the importance of professional conduct and workplace e-security and data protection. Students will talk about how to spot harassment in the workplace and what the role of unions in the workplace is.

Year 13

Year 13 will hear from our school counsellor about how to manage exam stress. With questions submitted from the Leadership Committee he will talk students through why stress feels difficult, how to manage it and how to achieve a balance.

For help and support outside of school talk to [Childline](#) on 0800 1111 or via chat. They have a wealth of tools to help students.

COPING WITH PRESSURE

Exams can feel like a lot of pressure. You might need certain grades for a course or job. Or your parents, carers or teachers might be putting pressure on you. You might be putting lots of pressure on yourself as well.

No matter where the pressure is coming from, there are ways to help you cope:

- **Think positively**

When we feel anxious, we can start thinking things like 'I can't do this' and 'I'm going to fail'. It can be difficult, but try to replace these with positive thoughts such as: 'this is just anxiety, it can't harm me' and, 'relax, concentrate - it's going to be okay'.

- **Be honest about how you feel**

Sometimes people can put pressure on you without even realising and sometimes it can help to talk about how it makes you feel. Talking about things can help you to think about other ways they can support you in the future. If you're worried about telling someone, you can always [talk to us](#).

- **Don't compare yourself to your friends**

Competing with your friends can help to keep you motivated. But it can also make you feel like you're not good enough, especially on social media. Try keeping a list of the revision you've done so you can see how much you're achieving.

- **Let your stress out**

Try using our [Art box](#) or the Mood Journal in your locker to describe how the pressure makes you feel. Or [write a letter](#) to someone you trust saying what's happening.

Exams and mental health



Watch: Social pressures at exam time



GIVE SOMETHING BACK



Help for Ukrainian refugees

Lymm staff, students and parents started a collection last week for those caught up in the Ukraine conflict. After only one week, the staffroom was bursting at the seams with essential items, such as blankets, sanitary products, first aid kits, thermal clothing and towels.

Head of Ethos, Mr Hayes, said he was blown away by the generosity of the donors. "I can't believe how much has been collected in such a short space of time!" The challenge now is to get the vital supplies over to those most in need.

Thank you to everyone who contributed.



Thank you also to all the students who are helping to box up and label the supplies this week, including Year 12 Atticus Burnett.





World Down's Syndrome



Awareness Day

21/03/2022

The theme this year:

Inclusion (*noun*)

1. the action or state of including or of being included within a group or structure.
2. the practice or policy of providing equal access to opportunities and resources for people who might otherwise be excluded or marginalized, such as those who have physical or mental disabilities and members of other minority groups.

What can we do?:

Each year, Down Syndrome International invites everyone across the world to **wear odd socks** to support World Down Syndrome Day. If you'd like to go one step further, you can buy your socks from [the World Downs Syndrome organisation shop](https://www.worlddownsyndromeday.org)

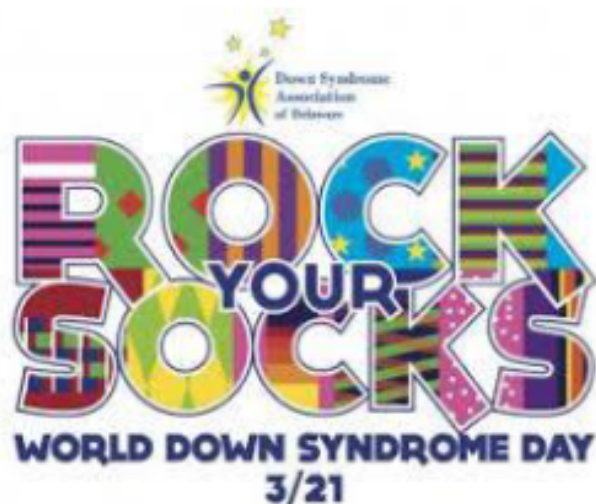
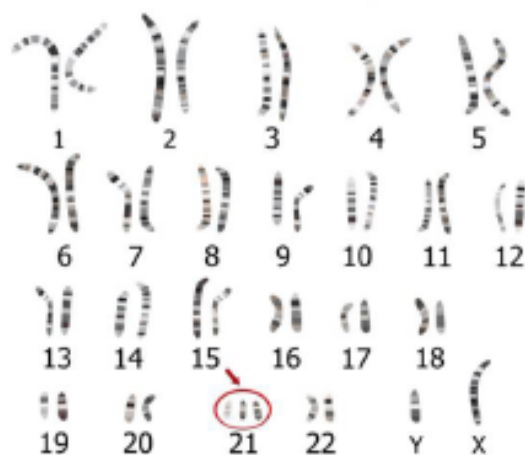
If you wish to join in the fun and #rockyoursocks with us this year, why not donate. This can be a little or as much as you are able to contribute, but will make a huge difference.

Learn more:

- https://youtu.be/o0VV3C_ydak
- <https://youtu.be/5M--xOyGUX4>
- <https://www.worlddownsyndromeday.org>
- <https://youtu.be/Y6L7SgvFPgQ>
- <https://www.un.org/en/observances/down-syndrome-day>

Why this date?

People with Down's Syndrome have an extra chromosome. This extra chromosome is in the 21st pair of chromosomes, and so 21/03 represents the third chromosome in the 21st pair.



REMINDERS

DONT FORGET TO:

Year 13 UCAS

Remember to keep an eye on your 'Reply by' dates on UCAS. If you need help making your decisions, please see your form tutor or any member of the Sixth Form team. [Click here](#) to download the presentation on Replying to offers. If you're thinking of UCAS Extra, [click here](#) for the information you need.

Student finance

Student finance for Year 13 moving onto further education is now open. You can apply online by [clicking here](#).

Sexual harassment

To follow up on the sexual harassment questionnaire sent to all students, we will meet with smaller groups of students to gain further insight into their experiences. We are very keen to hear feedback on this topic, so please be honest. If you are concerned about completing this questionnaire, please see Miss Dixon or Mrs Jennings.

Careers Fair

Lymm High is holding a Careers Fair in the Lower Hex on **Wednesday 30th March** from 4-7pm. You will have the opportunity to meet a variety of employers and apprentice providers. There will also be a careers advisor on hand to offer advice and answer any questions you may have.

Wednesday 30th March 2022

CAREERS FAIR

Sixth Form
4-7pm



FUTURES

OPPORTUNITIES



The
University
Of
Sheffield.

University of Sheffield History Essay Competition

Deadline: Monday 25th April

Interested in winning £100? Have a go at writing an essay on one of the titles below. The essay would need to be no more than 1500 words in length. For further details, and to apply, please [click here](#).

1. How 'Roman' was the Roman Empire?
2. Was Alfred the Great great?
3. How complete was the Norman Conquest?
4. Were the Vikings primarily traders or raiders?
5. How central were religious imperatives in the Spanish Conquest?
6. How important is it to reframe the English Civil War as a war of three kingdoms?
7. Why did England become involved in the Atlantic slave-trade during the seventeenth century?
8. Can historians ever truly understand the experiences and perspectives of enslaved African Americans?
9. Does childhood have a history?
10. 'The most important consequences of the French Revolution were in Haiti'. Discuss.
11. Was the First World War the first 'global' conflict?
12. Did women have a political voice in Britain before 1918?
13. Has German history followed a 'special path' (sonderweg)?
14. Is it fair to call Stalin a 'new tsar'?
15. Should historians extend the chronological boundaries of the American Civil Rights Movement beyond the 1950s and the 60s?
16. Did Mao Zedong lay the foundation for China's rapid development?
17. Did 1960s Britain experience a cultural revolution?
18. 'South African apartheid was ended not by the decisions of a few great men, but by the actions of ordinary people.' Do you agree with this interpretation?
19. Why did all the 'insane asylums' close in Britain?
20. What can historians learn from the humour of past societies?



FUTURES

OPPORTUNITIES



The
University
Of
Sheffield.

Physics Work Experience Opportunities



Year 12 Online Physics Work Experience

25–29th July 2022 (Deadline to apply: Sunday 20th March)

The University of Sheffield is offering a unique, online physics work experience opportunity, in collaboration with The University of Leeds and The University of York. During the week, students will have the opportunity to work with an academic staff member on a mini research project. The experience will culminate in a conference activity where students will present their work.

To apply and get more information, [click here](#).

Be a Particle Physicist for the Day

Wednesday 30th March 2022, 9–4.30pm

Curious about the wonderful world of particle physics? Ever wondered how we actually discover new particles? This hands-on experience day at the University of Sheffield gives an opportunity for 15-to-19-year old students to discover particle physics and see what it's like to study physics at the University. It offers the unique chance to take a glimpse into the life of a particle physicist and liaise with other school students from around the globe to discuss your results, plus a live link up with researchers at CERN.

To apply and get more information, [click here](#).

FUTURES

OPPORTUNITIES

London Med Schools Summer Programme *July 2022*



Applications for the free online London Med Schools Summer Programme 2022 are now open. This programme is for Year 12 students living in England (outside of Greater London), who have only attended non-selective state schools since age 11 and are currently studying A' level biology and chemistry. For more details on student eligibility [please see the application form here](#).

Funded by Health Education England, the London Med Schools Summer Programme brings together four of London's medical schools (King's College London, Queen Mary University of London, St George's University of London and University College London) to give 75 Year 12 students an opportunity to find out what it is like to study medicine in London. Working with patients and student ambassadors, participants will gain a greater understanding of the realities of being a doctor and the skills needed to succeed.

The main summer school programme takes place from **Monday 18th to Friday 22nd July** on Zoom.

For more information and to apply, [click here](#). The deadline to apply is **Monday 18th April 2022**.

Part-time carer role



This part-time carer role may be of interest to students considering a career in healthcare. You will be able to see and experience first hand the positive impact of physiotherapists; occupational therapists; nutritionists; orthotics; pharmacists, etc, which may help shape ideas around future careers.

This opportunity is to help support the care of a young man in his early twenties with Cerebral Palsy. You will work with a great team of carers in the family home to assist this young man in his daily routine. This experience will give you an insight into the impact of Spastic Quadraplegic Cerebral Palsy and the care and support required when a person has both physical and cognitive needs. Alongside this though, it will give you an appreciation that despite this young man's complex medical issues he still has a great quality of life and is full of fun and mischief.

Having first observed an experienced carer and then having had a go under supervision, you will be able to support the young man with:

- All aspects of day/bedtime nutrition via PEG (percutaneous endoscopic gastrostomy)
- All aspects of daily hydration and medication via PEG
- All transfers using full body hoist and slings
- All aspects of personal care & hygiene (bathing)
- Keeping his environment safe, clean and tidy
- All aspects of leisure time activities

Full training in all aspects of care will be given on the job. Full PPE will be provided. Candidates must be in receipt of a current DBS or have the ability to pass DBS. All candidates must be fully vaccinated against Covid-19 due to this young man's complex medical health conditions. In addition, a full driving licence and own vehicle is essential to access the work location in Croft, Warrington WA3 7DH.

- Salary: £10 per hour
- Holiday entitlement will be accrued pro rata to hours
- Only Statutory Sick Pay will apply

A number of shifts are available:

<u>Term Time</u>	Early Morning shifts	Weekends	6.30–10am (3.5 hours)
	Evening shifts	Monday–Friday	3.30–8pm (4.5 hours)
	Weekend shifts	Morning	9–3pm (6 hours)
<u>Holiday Time</u>	Early Morning shifts	Seven	6.30–10am (3.5 hours)
	Morning shifts	days	9–3pm (6 hours)
	Evening shifts	a week	2–8pm (6 hours)

Any interested students, please email Jen Clarke (beclarke2@hotmail.com).

Local vacancies



- Please [click here](#) to see this week's list of current apprenticeships in the Warrington area. For further details and to apply for any of these vacancies go to the [National Apprenticeship Website](#)
- Further opportunities in Cheshire and Warrington can be viewed [here](#).
- To view the Higher and Degree Vacancy Listing for 2022, [click here](#).

Other Apprenticeship opportunities

Cheshire Works 4 U Hospitality

Tuesday 22nd March, 11–12pm

To attend, [click here](#).

- [Health Care Assistants for Warrington and Halton](#) – Need 'gap year' work experience in a health/care setting? Full time/part time hours and permanent contracts are available.
- [Royal Navy](#) – Find out what it's like to do a Royal Navy apprenticeship.
- [Siemens apprenticeships](#) – Listing of opportunities worldwide.
- [IBM apprenticeships](#) – Applications information.
- [Barclays](#) – Information and details about latest opportunities.

LYMM HIGH SCHOOL

CAREERS FAIR

Wednesday,
30th March
2022

Lower Hex,
Sixth Form
4-7pm

A great opportunity
to meet with
businesses, industry
professionals,
apprenticeship
providers and
careers advisors.



Jacobs



CAREERS

Careers in Health & Social Care

Lymm High hosted two careers mornings last week for Years 10, 11, 12 and 13.

Students received a general NHS overview and heard from experts in adult social care. They were informed about the various routes into the NHS, such as apprenticeships, degree apprenticeships and T' Levels. Information was also provided on transferrable skills and the application process. Interested students were also informed about work experience opportunities.

The speakers included David Mclure, NHS Operating Dept Practitioner, and Cathy Ryan, from 1st Enable.

1st Enable is a care provider offering care and support at a local level, to help make a positive difference to people's lives. Both David and Cathy are also planning to be at our Careers Fair next Wednesday (see p.6) if students would like to find out any more information.



CAREERS



Opportunities with British Airways

Wednesday 30th March 2022, 5–6pm

Are you ready to take your career to new heights? From Pilots to Cabin Crew, Project Management and Business to Engineers and Digital. British Airways, one of the UK's most iconic brands, has a career waiting for you!

This event with British Airways will showcase the many career opportunities on offer at one of the world's most distinguished airlines. British Airways is the UK's largest international scheduled airline, flying to nearly 600 destinations around the world to millions of passengers.

It's an exciting time to be at British Airways. They're growing their global route network, investing in their fleet, and transforming the experience they offer customers. Provided you're curious, mindful and open to new experiences, you can make a real impact from day one. Whether you aspire to work in their global head office, face-to-face with their customers at Heathrow Airport, or behind the scenes in the engineering and operations teams, there's an opportunity for you.

Discover where a career with British Airways could take you.

[Click here](#) to register for the online event.



Careers in Financial Services

Thursday 24th March, 5–6pm

Are you interested in a career in financial services? Would you like to know more about trading the various financial markets? This insight to financial services with Maven is set to be a fascinating talk on a career in the industry with both a director and other senior leaders within the business coming to speak to us.

Founded in London in 2011 with 10 employees, Maven is a proprietary trading organisation that now has a global presence with over 200 employees across five countries. They have offices in London, Hong Kong and New York and will soon be opening a new Chicago office.

“We value diversity in our workforce and currently have 28 nationalities within our employees. Maven is a proprietary trading firm which means it is 100% employee owned.”

Maven implements both fundamental and quantitative trading and market making strategies across global financial markets, utilising only the group’s capital. “We see ourselves just as much a technology firm as a multi-strat trading firm.”

Maven are currently seeking a number of candidates for their September 2022 Finance Apprenticeship programmes. If you’re keen to find out more about careers in finance and trading and hear about the apprenticeship opportunities at the firm then [click here](#) to register.

INSIGHT TO
Maven
CAREERS IN FINANCIAL SERVICES,
TRADING & INVESTMENTS

THURSDAY
24TH MARCH
5PM – 6PM

QR CODE

PHOTO
Three people (two women and one man) are sitting on a couch, engaged in a conversation. The background is a collage of mathematical formulas and charts.

```
module description
  input wire clk,
  input wire [31:0] data_in,
  output wire [31:0] next_data,
  output wire data_val,
  output logic [31:0] data_out,
  output logic [29:0] next_data;

  reg [31:0] data_pipe2=0;
  reg [31:0] data_pipe1=0;
  always @posedge clk
  begin
    if (data_val)
      data_pipe2 <- data_in;
      data_pipe1 <- data_pipe2;
  end
endmodule

always @*
begin
  data_out[6:0] = data_in[6:0] ^ data_pipe1[31:25] ^ data_pipe2[22:6];
  data_out[25:7] = data_in[25:7] ^ data_pipe1[31:0] ^ data_pipe2[31:13];
  data_out[31:26] = data_in[31:26] ^ data_pipe1[0:19] ^ data_pipe2[6:0];
end
```

Saturday 19th March

[University of Oxford](#) – Oxford Physics Y12 Online Masterclass, 10–3.30pm

Monday 21st March

[London South Bank University](#) – In Conversation With Arts & Creative Industries Students, 5–6pm

[New College of the Humanities](#) – Law Taster Lecture, 4.30–5.30pm

[Royal Agricultural University](#) – A virtual introduction to the RAU, 5–5.45pm

[Solent University](#) – Get ready to find out about the benefits of Higher Education & to make the right choice, 5.30–6.30pm

[University of East Anglia](#) – Webinar: Philosophy taster lecture (university module insights), 4.15–5.15pm

[University of Reading](#) – FREE: Live Smart, Your Essential Guide to Living at University (Always open)



Tuesday 22nd March

[New College of the Humanities](#) – Politics & International Relations Taster Lecture, 4.30–5.30pm

[Outreach North East](#) – Introducing Degree Apprenticeships, 4–4.45pm

[Royal Holloway, University of London](#) – Biology Master Class: Forest Biodiversity

[University of Leeds](#) – Foundation Years at the University of Leeds: Interdisciplinary Science information session, 6–7.15pm

[University of Sheffield](#) – Medicinal Chemistry Taster Session - Analysing and modelling aspirin, 4–5.45pm

[University of Wolverhampton](#) – How to apply for Student Finance

[University of Worcester](#) – Health and Social Care Virtual Taster



Wednesday 23rd March

[Lancaster University](#) – Student Life at Lancaster (online), 5–7pm

[London School of Economics and Political Science](#) – LSE Discovery Sessions, 4–5pm

[New College of the Humanities](#) – Creative Writing Taster Lecture, 4.30–5.30pm

[Queen Mary University of London](#) – Linguistics virtual taster session, 5–6pm

[St. George's, University of London](#) – Exploring healthcare courses and careers, 5–6pm

[University of East Anglia](#) – Webinar: Science - Chasing chimps, digging dinosaurs & asking Attenborough (TV presenter Ben Garrod), 3.35–4.35pm

[University of Reading](#) – Maths at Reading: Joint vs Single Honours, 12.15–1pm

[University of Southampton](#) –

What can you do with an economics degree?, 4–5pm

[University of Wolverhampton](#) –

How to write a Personal statement for UCAS

Thursday 24th March

[New College of the Humanities](#) – Data Science, 4.30–5.30pm

[University of East Anglia](#) – Webinar: Business/marketing taster lecture (multimedia marketing campaigns), 3.35–4.20pm

[University of East London](#) – Dealing with exam pressure

[University of Warwick](#) – History of Art: Nature in Art & Architecture From Culture to Climate Change with Dr Jonathan Cane, 1.30–2.10pm

[University of Warwick](#) – Behind the Scenes: Chemistry@Warwick, 4pm

Friday 25th March

[New College of the Humanities](#) – Psychology Taster Lecture, 4.30–5.30pm



BIRTHDAYS

T. Hill

S. Tyson

