

Drop Down Day – Thursday 7th July 2022

Dear Parent/Carer,

I am writing to inform you about our upcoming drop down day which will be held on Thursday 7th July 2022. The day will involve a collapsed timetable and will comprise of a series of PSHE /RSHE /SMSC themed sessions.

PSHE and RSHE are a compulsory element of the school curriculum, and one that we consider to be exceptionally important at Lymm High School. Whilst our Life Programme sessions cover a large quantity of the content required, the drop down days allow us to further extend and develop some of the key issues that we feel are important to us as a school and community. The day has been planned to allow students the chance to look at some of these areas and have the opportunity to pose important questions, hold purposeful discussions and reflect on some of the recent issues that impact our society as a whole.

Please see below our themes for each year group.

Year 7 – Theme: Relationships

- Cybercrime with Andrew Kevan
- Healthy Relationships: Racism and Equality
- Healthy Relationships: Gender Equality
- Healthy Relationships: Sexual Harassment and accessing support in school
- School Values: Kindness and being a friend/ Ally

Year 8 – Theme: Living in the wider world (CELLS workshop, external visitors)

- Prison Life and Emotional aspects of Prison life
- Talks from victims/ perpetrators of knife crime
- Exploitative Relationships
- Gun and Knife Crime

Year 9 – Theme: Relationships

- Contraception
- STIs
- Unconscious bias
- Vaping and Substance misuse
- Sexual Harassment and accessing support in school
- School nurse visit

Year 10 – Theme: Post-16 Careers

- Sixth Form options
- T' Levels
- Apprenticeships
- Vocational courses (Reaseheath College)
- Interview practise with an employer

Year 12

- The Law around Sexual Offences - Claire Salish, external speaker, Clarity One Consulting

- What more can we do to support LGBTQ+ – From the Self-Esteem Team external speakers
- Employability workshop focusing on skills for future careers
- UCAS or Apprenticeship application – students will begin to create their applications
- Writing Personal Statements or Cover Letters

If you have any questions about the day, please contact lifeprogramme@lymmhigh.org.uk

Kind regards,
Miss Taylor