



Lymm
High School

FOUNDED c.1592



Meet the new
teachers
Pg. 8

Year 8 and Year 11
will have new Heads
of Year from
September.

Challenge 5
Pg. 12

We've had to re-think
Founders' Day this
year. Have you signed
up for Challenge 5
yet?

NEWSLETTER

ISSUE: JUNE/JULY 2020 · WWW.LYMMHIGH.ORG.UK



REWARDING STUDENTS

Lessons may have moved online, but teachers have still been awarding hall points, with some great prizes being won!

The prizes up for grabs include Apple AirPods, Amazon vouchers, and an ice cream van visit to your own home! You can see some pictures of this term's winners, including Oscar above, on pages 2 and 3.

The hall points are being awarded to students for:

Engagement

Volunteering answers verbally and within the chat function.

Effort

Pupils working hard and demonstrating progress/

improvement. This could be within the one lesson or over a period of time.

Quality of work

Pupils producing high quality work either within the lesson or work submitted for homework.

CONTINUES ON PG. 2

REWARDS PYRAMID

2 x Lenovo Chrome Book!
WEEK 7
(Raffle - Most Hall points to date top 10% in each year group)

1 x Garden Pool!
WEEK 6
(Raffle - Most improved students (wk 3 – wk 6) 20 in each year group)

1 x Garden Games Activity Pack!
WEEK 5
(Raffle - Most hall points achieved this week)

1 x Apple AirPods!
WEEK 4
(Raffle - Most Hall points to date top 100 students)

4 x Ice Cream Van visit to your home!
WEEK 3
(Raffle - Most hall points achieved this week top 30 students in each year)

2 x Mini Retro Arcade Machine!
WEEK 2
(Raffle - Anyone who earns 2 or more hall points this week)

2 x £30 Amazon Vouchers!
WEEK 1
(Raffle - Anyone who earns a hall point in week 1 is entered into this draw)

HALL POINTS STEPS TO SUCCESS!

The prizes up for grabs this term are shown on the hall points pyramid.

Week 1: Claudia and Joseph both won a £30 Amazon voucher.



Week 2: Katherine and Ellie Louise both won a mini arcade machine with over 200 games to beat those lockdown blues.



Week 3: Jonny, Tom, Oscar and Daniel won a visit by an ice cream van to their home!





Week 4: Emily was the lucky winner of the Apple AirPods.

Week 5: Madison won a garden activity set.

Week 6: Jenna won a garden pool; just in time for the summer holidays!



The draw for the two **Week 7** winners of the Chromebooks will take place on Monday 20th July. The winners will be announced at next week's assemblies (see p. 13). Well done to all our winning students!

The new Rewards Pyramid will be launched in September.

MATHS CHALLENGERS

Miss Heeks praises Year 7 and 8's mathematical problem-solving skills.

The UK Mathematics trust (UKMT) run a set of challenges throughout the year and after a very successful set of results for the intermediate challenge (Year 9 and 10) we couldn't wait for the Year 7 and 8s to have a go. Unfortunately, due to lockdown, the challenge was originally postponed; but on Wednesday 1st July, just over 100 students from Year 7 and 8 were invited to sit the challenge and they have not disappointed.

Thousands of pupils from across the UK sat the Junior Maths Challenge with roughly the top 6% receiving a gold certificate, the next 13% a silver certificate and the next 21% bronze. The pupils did fantastically well with over 50% of the students gaining a certificate: 9 gold, 20 silver and 34 bronze.

A special mention is to go to Henry Millachip (Year 8), who was awarded the best in school with his gold certificate and Akshith Gulapally (Year 7) who alongside achieving gold also was awarded best in year – well done! Although no follow-on rounds are available this year, I am certain some students would

have made it so we cannot wait for the students to keep working hard now ready for next year's challenge!

Rachel Greenhalgh, UKMT Executive Director, has said, "The Maths Challenges provide material to provoke students' mathematical thinking and test their problem-solving skills in

an accessible yet challenging way. Many congratulations to Lymm High School on their success in the Junior Maths Challenge; it is great to see achievement in maths recognised."

Congratulations to all of the students who took part in this challenge, what a great achievement!





LHS HAS TALENT

Performing Arts is a big part of life at Lymm and is something that we were all missing so much in Lockdown, writes drama teacher Miss Finnigan.

Team Performing Arts were particularly sad as during the summer term we perform a Summer Showcase and even run a Year 7s Got Talent Competition for all of Year 7. We decided a better way to celebrate the talent we have at Lymm would be with a whole school talent competition!

All students were invited to take part and asked to put together an entry video of them showcasing their various talents for a chance of winning Amazon gift vouchers!

We had some amazing entries, singers, musicians, dancers, gymnasts, artists and even a talented hamster to name a few! The entries were then shortlisted by a team of staff judges who chose their top six. It was extremely tough! The top six finalists went through to the Grand Final and were voted for by all the staff. The staff were so impressed with all the entries, and choosing the final three was a close call.

Our 6 finalists were: Hayden Lane, Jenna Pomfret, Charlotte

Storey, Milly Wright, Jaydine Tse and Josef Peel.

We were really excited to announce our three winners, who will receive Hall Points for their Hall and Amazon vouchers! In 3rd place the judges chose Millie Wright and her fabulous singing voice, 2nd place went to Josef Peel on the piano and in 1st place – Jaydine Tse with an amazing vocal and piano performance.

We were so proud of everyone who sent in an entry and are so excited to get back in September to see what's next!!



SOUP KITCHEN HELP

Afritwin support the Chintsa East Soup Kitchen in East London, South Africa.

The soup kitchen feeds children in the local village at weekends and during school holidays. On previous trips to South Africa, Lymm students have helped to cook and serve the food to the children during the weekends. In 2018, the Afritwin project helped to fund the ablutions block which has made a huge difference to those using the facilities.

The soup kitchen is funded by

donations from local organisations and people from all over the world. The nearby backpackers lodge helps too, by getting tourists to make a small donation, which is used to buy the food which they then help to cook and feed to the children each weekend. This helps to keep the soup kitchen running. However, during the global pandemic, tourism has stopped, so this funding has stopped.

Schools have been closed, so the

meals children normally get in school time has stopped. This has been really tough on families within the township in Chintsa who are struggling to feed their children everyday. So Temie and her team have been feeding 120 children, 7 days a week.

The Afritwin project have donated enough money for Temie to continue to feed this number of children for another 4 weeks. We hope this will ease the pressure on them during this very difficult time.



If you want to contribute to the Afritwin project, you can ring the school shop, or contact Miss Millington.

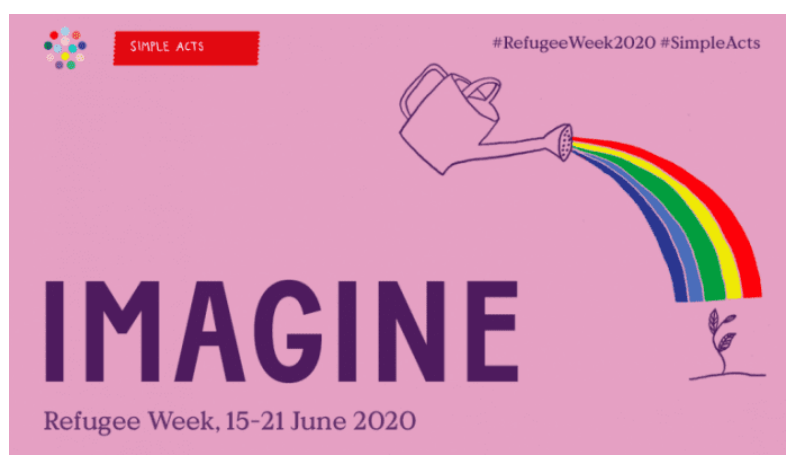
The soup kitchen also has a Facebook page: <https://www.facebook.com/CHINTSA-EAST-SOUP-KITCHEN-officially-known-as-Chintsa-East-Drop-In-Centre-672953799482225/>

REFUGEE WEEK ESSAYS

Students in Years 7–9 worked hard during Refugee Week to write essays and letters that reflect how their life during the coronavirus crisis is different compared with that of a student in a refugee camp.

Students researched life in different camps around the world and described and explained the differences and similarities they found. Well done Kallika Vyas, Charlotte Baker, Raghav Mittal, Zoe Knowles, Jake Sands, Asher Barral, Laia Roch Vallve and Emily James, and Luca Rocher for their hard work and for the empathy they showed in dealing with a difficult topic. You can read their

essays [here](#). The nine students submitted their work into a European competition alongside many other students. The winners should be announced soon. We look forward to hearing the outcome of their hard work!



WHY LYMM SIXTH FORM?

OVER THE LAST 3 YEARS
LYMM HIGH HAS BEEN
RANKED IN THE

TOP 15%
FOR A LEVEL
PROGRESS

NATIONALLY

IN 2019

25% OF ALL
LYMM HIGH
A LEVELS WERE

A* & A GRADES

LAST YEAR

40%
OF OUR
STUDENTS
WENT TO
RUSSELL GROUP
UNIVERSITIES



DISCOVER WHAT QUALITY SCHOOL SIXTH FORM EDUCATION CAN OFFER

MEET THE STAFF

Miss Crowder and Miss Taylor are joining Lymm High School in September as new Heads of Year.

Tell us about yourself

I am 29 years old (soon to be 30) and I have two beautiful children: Elijah and Auraelia (Rae for short). Although I have been with my partner, Joe, for nearly ten years, we are not yet married; we are due to be married next year in Scotland. We have one pet: a Doberman named Luna, and she is nearly five years old – but she still behaves like a puppy!

Before I officially trained as an English teacher, I spent a month in Uganda teaching children of all ages and visiting their homes to help raise awareness of HIV. I travelled with a charity called Teams4U and we visited two schools every day.

Before my babies came along, I used to enjoy skiing and snowboarding and hope to begin again when my children are a little older.

Why did you enter the teaching profession?

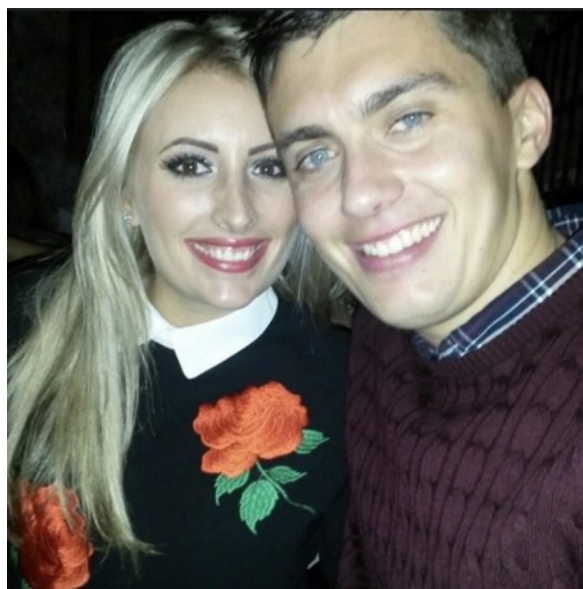
My love for English first began when I was in Year 10 and my English teacher praised my creative writing story in front of

the whole class. I had never really believed I was good at anything, until that moment, and I will never forget how my English teacher made me feel – I guess, in a way, I felt recognised for the first time. From that moment onwards, I focused on my English and started to become more confident in school.

Shortly after, during my Speaking and Listening exam, I realised I loved standing in front of others and talking/teaching them about new things. I decided, not long after, I would pursue a career in teaching. I wanted to share my love for English with others but more importantly, I wanted to make others feel how I was made to feel by my teacher: special.

What degree course did you take?

I studied English Language at Edge Hill University and then started my teacher training via the Schools Direct programme at



Miss Crowder will be Head of Year 8 from September.

Great Sankey High School. As part of my teacher training, I studied at Manchester Metropolitan University and was later encouraged to consider a Masters in Education; I completed my Masters in Education in 2018.

What are the best and worst parts of the job?

Without a doubt, the best part of my job is forming relationships with my students. I love being able to get to know my students individually and creating a relationship built on trust and respect.

I think the worst part of my job is when students question why

we learn Shakespeare. Every year, without fail, a student will always ask me why we study Shakespeare – I guess I can't blame them too much; I remember asking the same about trigonometry...

How are you coping during lockdown?

I thought I would really dislike lockdown because I am always so busy, but I have absolutely loved the time it has allowed me with my children.

I had two very short maternity leaves and I guess I have always

felt a little guilty returning to work so quickly. However, lockdown has allowed me to make amends, and I have cherished every single moment. We go for long walks, play together and watch Disney films – even if it is the same film, over and over, and over again...

Tell us about yourself

I currently live in Essex and have been here for 4 years. Now that my close friends are starting to get married and have children, I had a keen desire to move back to the North West to be nearer for visits and important occasions. I will be moving up with my partner who is also starting a new job as a teacher in Wirral. He is a massive Liverpool fan which causes great upset to my family of Burnley and Man Utd supporters! My parents live in Australia and Spain which means I spend as much time as I can in these countries. I have been to Australia many times and I was due to go this Summer to see my newest nephew, but sadly this plan was postponed due to lockdown. I spend most Christmas holidays in Spain with my Mum, Stepdad and three younger brothers and usually manage a trip at either Easter or Summer too. I love weekend breaks and my favourite city

break to date is Edinburgh, due to its stunning architecture, culture, and array of music venues.

Why did you enter the teaching profession?

I always knew that I'd become a teacher; it just seemed the obvious thing to become when I grew older. I used to make my younger sister sit alongside my dolls and take part in lessons that I had created, including taking the register. Once I began university, I started to look at the different routes into teaching and then once I started my course it confirmed that I wanted to become a teacher and I have been doing it since I finished my degree in 2008. Initially I enjoyed teaching because of my subject and felt that, as a RE teacher, I had a big role in changing perceptions towards people of different beliefs, cul-



Miss Taylor will be Head of Year 11 from September.

tures and race. Growing up in the town that I did, I saw and heard racism often and wanted to make a difference by helping young people to become more open-minded and to respect diversity and promote equality amongst all. The second important element of teaching for me is to help students realise their potential and support

them in setting aspirational goals that they perhaps had not felt were possible for them to achieve. I feel it is my duty to ensure that students within my care are given every opportunity irrespective of their background, to achieve great things without any barriers. Being a Head of Year helps me to undertake that role daily and I find it extremely rewarding.

What degree course did you take?

When choosing my degree, I decided I wanted to move as far away from home as possible, and chose to study Religious Philosophy and Ethics at Heythrop College, University of London. I decided that London was quite overwhelming at 18 years old and so I found a BA Religious Education and Educa-

tion degree with QTS which enabled me to study and train to teach at the same time. I completed this at St Martins College in Lancaster.

What are the best and worst parts of the job?

Every day brings a new challenge which means that I am never bored or counting down the clock, something that I have done many times in the various part-time jobs I had over my teenage years. The worst part of the job is when students are reluctant to receive support that could help, and in some cases change their lives for the better. It can be very frustrating and saddening to see.

How are you coping during lockdown?

Beyond the cancellation of a Catfish and the Bottlemen

concert and a weekend festival in Newcastle to see Gerry Cinnamon headlining, I've not had too much disruption to life plans and have been very lucky compared to many people that I know. I will meet my nephew in Australia within the next year, and I have spent more time talking to family online than I ever would have under normal circumstances. I think the weirdest part of lockdown for me was participating in an interview via Zoom, as it was surreal to meet new students and staff whilst sat in my living room and to accept a post at a school I'd never actually visited. I have also held so many online baby showers for friends that I have joked about setting up my own business as an online party planner as a side venture to teaching!

Volunteering pays off

Well done and thank you to all of our Duke of Edinburgh participants who, since lockdown began, have racked up a staggering 2,626 hours of volunteering in their communities. This is a wonderful example of the social responsibility we regularly refer to in school. Well done to each and every one of you who have contributed to these hours of volunteering during lockdown. The hours of the students of Lymm High School have had a Social Impact value of £11,423.10. "We are very proud of all of you", said Miss Dixon.

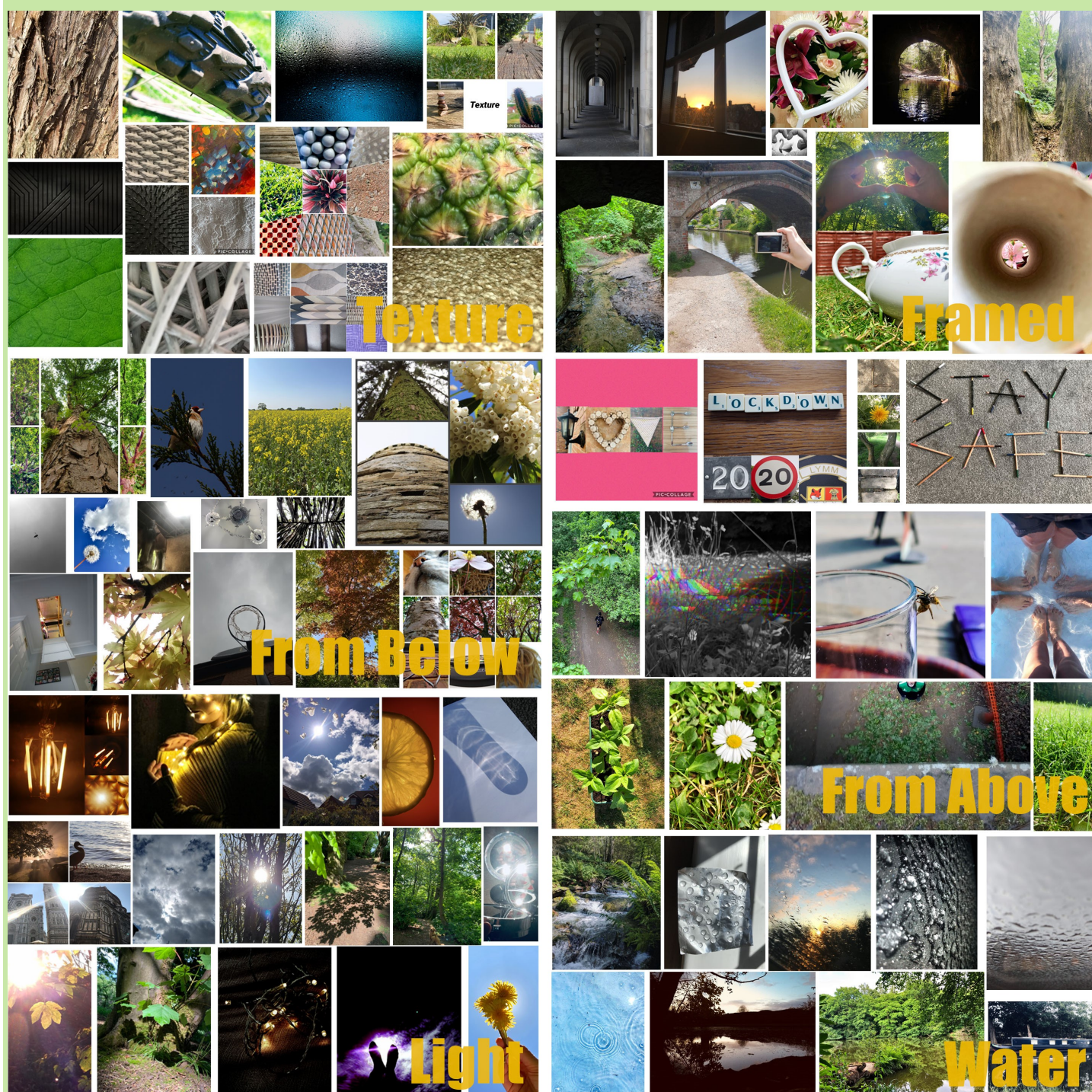
Each participant will receive a DofE Certificate of Achievement if they get their Volunteering, Physical and Skill sections signed off before the end of term. Good luck and well done!



Photography challenges

The Visual Arts department have been running weekly photography challenges to maintain a sense of community during lockdown, as well as allowing students to explore and develop their creative skills from home.

The challenges were open to students of all years, as well as current Year 6 students joining Lymm High School in September. "We received a great number of entries of outstanding quality!", said Miss Simms. "We are always excited to see how students respond to each challenge in their own creative way. The Visual Arts department would like to say a big thank you and well done to all students who have submitted entries so far." Selected pieces are shown daily via the @lymmhigharts Instagram page.





CHALLENGE 5

Staff and students have been busy starting their Lymm High Challenge 5.

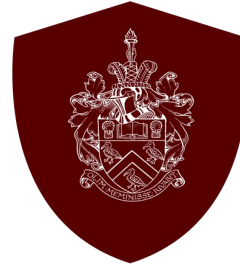
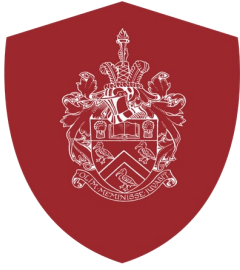
Normally at this time of year we would be busy organising a big fundraiser to celebrate Founders' Day.

Traditionally all students and staff would be involved in a charity 5k walk where typically we raise well over £5000 for our Hall Charities. This year, we are challenging everyone to do something at home, which includes the number 5 and to ask friends and family to sponsor them. We already have some 5k runs planned and a staff cycling team cycling 55 miles.

It could be anything, stay silent for 5 hours, do 50 press ups for 5 days etc. Please encourage your child to get involved and if you are in a position to, please donate any sponsorship money via Parent Pay.

If we could get every student to raise £4 before the 21st July, we would see over a £1000 raised for each Charity – The Christie, Help for Heroes, The Meningitis Trust,





Claire House and St Roccas.

We are obviously all very disappointed that we are unable to do this together as a school community, but we are really looking forward to the 22nd July, our last school day, when we will be having full Year Assemblies via Zoom to celebrate the successes from this term.

These will take place at the following times and students will be emailed a link for them to join.

Year 7 – 9am

Year 8 – 9.45am

Year 9 – 10.30am

Year 10 – 11.15am

HELP FOR CHESTER ZOO

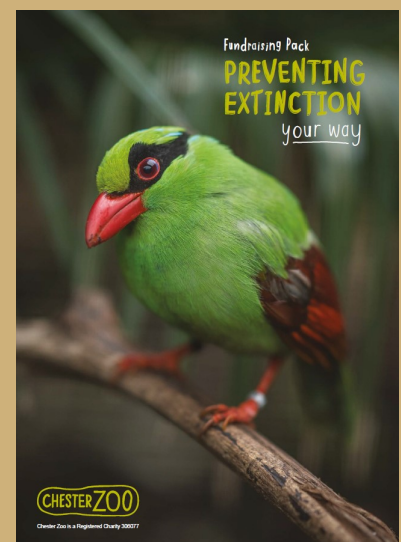
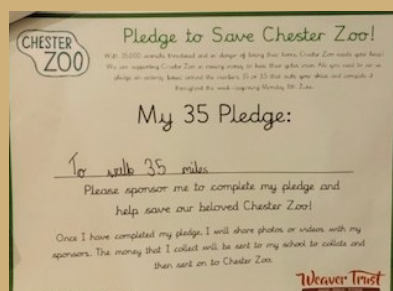
As part of the Weaver Trust pledge, Year 7 student Eifion and his siblings, Gethin and Evie-May, have pledged to walk 35 miles to raise awareness of the plight of Chester Zoo.



So far they have raised £755 and are hoping to push this even further.

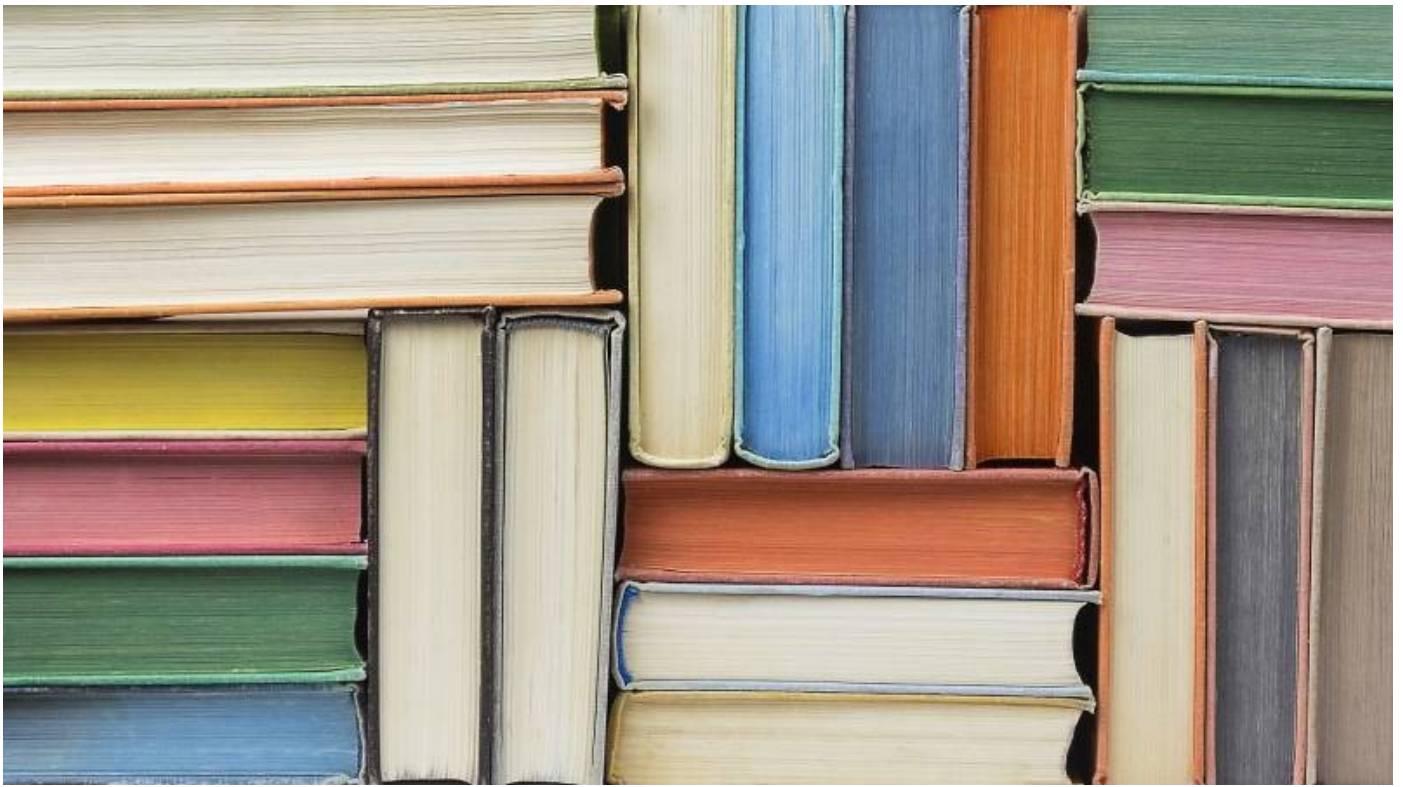
Chester Zoo still faces an uncertain future and the scale of its troubles is highlighted on its website.

“We’re heading towards debt in excess of £24 million by the end of 2020: this will financially cripple us. We need to raise £1.6 million each month to keep going.”



If you would like to help Chester Zoo, you can request a fundraising pack here:

[https://www.lymmhigh.org.uk/wp-content/uploads/2020/06/Fundraising-Brochure Int.pdf](https://www.lymmhigh.org.uk/wp-content/uploads/2020/06/Fundraising-Brochure_Int.pdf)



FOCUS ON FICTION

In the second of our Bookmark series, Ms Timson tells us which horror, fantasy and romance novels to reach for this month.

With meteorological summer starting on June 1st and the summer solstice on 20th June this year, we are now officially in the season of long bright days that are perfect for relaxing with a good book. As lockdown eases you might have access to a wider range of books from family and friends in your extended social bubbles, but if you are still searching for great new reads take a look at the [Sora app](#) or go to the website [soraapp.com](#). The home page lists books by popular subject or you can search the collection of

over 1600 Ebooks and audiobooks by author, title or keyword.

For some fresh ideas on what to read you might like to try this month's featured genre bookmarks 'Horror', 'Fantasy' and 'Love/ Romance' which offer book suggestions with Key Stage 3 in mind. All the books listed on the bookmarks are popular reads from the ILC school library collection and you might have access to some of them at home. The titles highlighted in red are also available as either Ebooks or

audiobooks from Sora.

If you haven't used the Sora app or website before, access is free and it's easy to get started.

When logging onto the site for the first time, you will be invited to put in your 'setup code' at the bottom of the screen. The setup code is 'uksecondary' because our school is part of the Secondary Ebooks group, and 'Lymm High School' should then be available from the drop-down list. Input your usual school email and password to get started with your individual account.

Horror

Becker, T	Dark Room
Black, H	Doll Bones
Delaney, J	The Spook's Apprentice
Gaiman, N	Coraline
Gaiman, N	The Graveyard Book
Goodwin, H	Gravenhunger
Hardinge, F	Cuckoo Song
Higson, C	The Enemy
Hill, S	The Woman in Black
Horowitz, A	Raven's Gate
Jobling, C	Haunt: Dead Scared
McPhail, C	Underworld
Mayhew, J	Mortlock
Riggs, R	Miss Peregrine's Home for Peculiar Children
Sedgwick, M	My Sword Hand is Singing
Shan, D	Zom-B Series
Shelton, D	Thirteen Chairs
Smith, L J	The Vampire Diaries
Stoker, B	Dracula
Swindells, R	Room 13
Terry, T	Contagion

Quick Reads

Dodds, R	The Haunted Mobile
Fisher, C	The Ghost Box
Gibbons, A	The Dying Photo
Loughead, D	Rise of the Zombie Scarecrows

Fantasy

Colfer, E	Airman
Caine, R	Ink and Bone
Delaney, J	The Starblade Chronicles
Evans, L	Small Change for Stuart
Gardner, S	The Door that Led to Where
Hocking, A	Switched
Hoffman, M	Stravaganza
Landy, D	Skulduggery Pleasant
Maas, S	Throne of Glass
Meyer, M	Cinder
Paolini, C	Eragon
Paver, M	The Outsiders
Pearce, B	Phoenix Rising
Pullman, P	His Dark Materials Series
Riordan, R	Percy Jackson and the Lightning Thief
Rowling, J K	Harry Potter and the Philosopher's
Shulman, P	The Grimm Legacy
Stiefvater, M	Lament
Torbay, P	The Last Wild
Terry, T	Slated
Tolkein, J R R	The Hobbit

Quick Reads

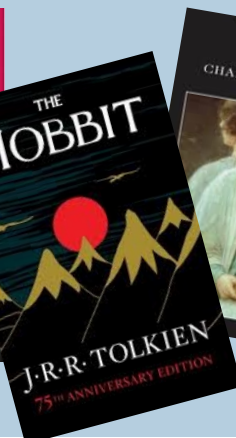
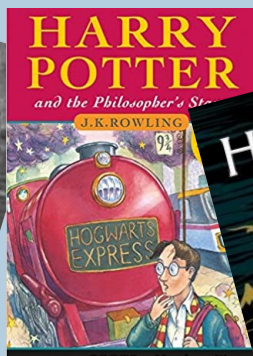
Fisher, C	At The World's End
Hinton, N	Beaver Towers
Riordan, R	Percy Jackson & the Olympians Graphic Novel

Love / Romance

Aveyard, V	The Red Queen
Blackman, M	Noughts and Crosses
Bronte, C	Jane Eyre
Carter, A	Gallagher Girls Series
Clare, C	City of Bones
Collins, S	Hunger Games
Crossan, S	Apple and Rain
Han, J	To All The Boys I've Loved Before
Green, J	Paper Towns
Maas, S	Throne of Glass
Meyer, M	The Lunar Chronicles
Pitcher, A	My Sister Lives on the Mantlepiece
Rosoff, M	The Bride's Farewell
Roth, V	Divergent
Stiefvater, M	Shiver
Ure, J	Strawberry Crush
Valentine, J	Fire Colour One
Wilson, J	Girls in Love
Yoon, N	Everything, Everything

Quick Reads

Ainsworth, E	Because of You
Blackman, M	Tell Me No Lies
Oldfield, J	Extra Time
Rai, B	Two-timer





DofE AWARD ACHIEVEMENTS

We are extremely proud of our students who have successfully completed their Bronze, Silver or Gold Duke of Edinburgh Awards.

The Duke of Edinburgh's Award takes a huge amount of commitment, determination and dedication to complete and is the result of hours and hours of time spent completing Physical, Skill and Volunteering activities. These students completed their two expeditions in summer 2019 or earlier and they will tell you these were an enjoyable, but challenging part of their DofE Award, which involved them working with students and staff they didn't know, pitching a tent, cooking for themselves outdoors on a

Trangia stove, (hopefully!) packing their own rucksack and carrying it whilst they navigated and walked as a team across Cheshire, the Peak District or Snowdonia. We are hugely proud of all the students and wish them the biggest congratulations. All students who finished awards during lockdown have now been issued with their certificate either by post or (if Year 10 and in school) in person (see Tables). If your child has not yet finished their award and they signed up for DofE in 2016–17, 2017–18 or 2018–19 cohorts,

please encourage them to do so – all the information you need to help them do this is here: <https://www.lymmhigh.org.uk/enrichment/duke-of-edinburgh/>. Students in the 2019–20 cohort who have not yet had the chance to complete their expeditions, can achieve an interim certificate, the DofE Certificate of Achievement, if they can sign off and upload their Assessor Reports for their Skill, Physical and Volunteering sections by the end of term next Wednesday.

Laura	Antrobus	Bronze	2018-19
Oscar	Bode-Hey	Bronze	2018-19
Will	Day	Bronze	2018-19
Georgia	Moore	Bronze	2018-19
Jacob	Mungai	Bronze	2018-19
Keira	Read	Bronze	2018-19
Kamyar	Tajfar	Bronze	2018-19
Grace	Unsworth	Bronze	2018-19
Adam	Brennan	Bronze	2018-19
Adam	Williams	Bronze	2018-19
Alisha	Armitage	Bronze	2018-19
Anna	Whitworth Hay	Bronze	2018-19
Anya	Wilkinson	Bronze	2018-19
Bessie	Gillingham	Bronze	2018-19
Charlie	Exley	Bronze	2018-19
Chris	Dutton	Bronze	2018-19
Eleanor	Neal	Bronze	2018-19
Jenny	Nuttall	Bronze	2018-19
Joanne	Hewitt-Symonds	Bronze	2018-19
Joseph	Chadwick	Bronze	2018-19
Kathryn	Broadhurst	Bronze	2018-19
Kristian	Coulter	Bronze	2018-19
Lauren	Brayshaw	Bronze	2018-19
Lottie	Johnson	Bronze	2018-19
Luke	Williams	Bronze	2018-19
Madi	Stanley	Bronze	2018-19
Mai	Beetham	Bronze	2018-19
Maisy	Buchanan	Bronze	2018-19
Niamh	Johnson	Bronze	2018-19
Nicole	Nevitt	Bronze	2018-19
Noah	Geary	Bronze	2018-19
Olivia	Wood	Bronze	2018-19
Reece	Connell	Bronze	2018-19
Rosemary	Wake	Bronze	2018-19
Saranne	Wright	Bronze	2018-19
Toby	Ward	Bronze	2018-19
Tom	Fowler	Bronze	2018-19
Ethan Jack	Holmes	Bronze	2018-19
Kurtis	Fisher	Bronze	2018-19
Will	Simms	Bronze	2018-19
Nathan	Brown	Bronze	2018-19
Emily	McConville	Bronze	2018-19
Sammie	Cawley	Bronze	2018-19
Matthew	Hesketh	Bronze	2018-19
Adam	Coady	Bronze	2018-19



Bree	Colclough	Bronze	2018-19
Finn	Oakley	Bronze	2018-19
Sophie	Smith	Bronze	2018-19
Tommy	Burton	Bronze	2018-19
Oliver	Daniels	Bronze	2018-19
William	Blunt	Bronze	2018-19
Steph	Burnett	Bronze	2018-19
Zachary	Jones	Bronze	2018-19
Rubab	Kazmi	Bronze	2018-19
Hannah	Craven	Bronze	2018-19
Emily Anna	Crouch	Bronze	2018-19
Harry	Swinburne	Bronze	2018-19
Scarlett	Thornton	Bronze	2018-19
Ben	Williams	Bronze	2018-19
Ellie	Smith	Bronze	2018-19
Faye	West	Bronze	2018-19
Elena	Sheehy	Bronze	2018-19
Honey	Taylor	Bronze	2018-19
Sally	Dodd	Bronze	2018-19





GOLD DofE ACHIEVEMENTS

We'd particularly like to mention our Gold students. Five of them had successfully completed their Gold award and been invited to Buckingham Palace in May 2020 in order to attend their Gold DofE Presentation, an extremely prestigious event. Due to coronavirus, these were sadly postponed, but we know they will still get the chance to attend once the presentations are up and running again, and we wish them a thoroughly enjoyable day out with their families to receive their award at a later date. These students were (all Year 13):

Jade Carlin
Sam Eaton
Rosie May Larkin
Eve Shaw
Amy Fearnhead



Jade	Carlin	Gold	2018-19
Samuel	Wright	Gold	2018-19
Eve	Shaw	Gold	2018-19
Rosie May	Larkin	Gold	2018-19
Daniel	Stow	Gold	2018-19
Nathan	Askew	Gold	2018-19
Aaron	Askew	Gold	2018-19
David	Rhodes	Gold	2018-19
Erin	O'Connor	Gold	2018-19



Looking back over the last year of DofE, we were immensely proud last November when the first three of our students to achieve their Gold Duke of Edinburgh's Award in many years were invited to St. James' Palace in London to collect their award, along with Mrs Hill and Miss Dixon who were lucky enough to also receive an invite. It was wonderful to see Joe Harris, Sam Thatcher and Jack Wadsworth receive their certificates from HRH The Earl of Wessex and Julia Bradbury, the ex-

Countryfile presenter, as their families looked on proudly, and receive the recognition they deserved for completing such a prestigious award, which is held in such high esteem around the world. These young men had put in a huge amount of time and dedication into their awards, and got through some particularly challenging conditions during their expeditions in Snowdonia. We know their accomplishments, as well as those Gold participants who've come afterwards, will have inspired many more of our students to participate at the highest level of the DofE award.





Patrick	Flannery	Silver	2017-18
Alyssa	Hitchman	Silver	2017-18
Cameron	Craigie	Silver	2017-18
Ella	Oldland	Silver	2017-18
Crystal	Priest	Silver	2018-19
Ellie	Chadwick	Silver	2018-19
Evelyn	Thornton	Silver	2018-19
Jack	Powell	Silver	2018-19
Katie	Able	Silver	2018-19
Lilly	Dell	Silver	2018-19
Lily	Parsons	Silver	2018-19
Madeleine	Wooliscroft	Silver	2018-19
Matthew	Stow	Silver	2018-19
William	Broughton	Silver	2018-19
Samuel	Darbyshire	Silver	2018-19
Lily	Turnbull	Silver	2018-19
Steven	Conterio	Silver	2018-19
Ciara	Bennett	Silver	2018-19
Jemima	Worth	Silver	2018-19
William	Entewistle	Silver	2018-19
Louis	Hutchinson	Silver	2018-19
Samuel	Hutchison	Silver	2018-19
Ollie	Larkin	Silver	2018-19
Thomas	Lea	Silver	2018-19
Emma	Parkinson	Silver	2018-19
George	Pitcher	Silver	2018-19
Ella	Gladwin	Silver	2018-19
Emily	Moore	Silver	2018-19
Katie	Welling	Silver	2018-19
Pierre	De Villiers	Silver	2018-19
Erfan	Rahimi	Silver	2018-19

Congratulations again to all these fantastic students!
We hope they are extremely proud of their achievements.



VIRTUAL CAREERS DAY

Using online resources and websites, Year 12 still had their careers programme via a 'virtual' offering, writes Mrs Dowdall.

On Wednesday 15th July, Lymm High School held their inaugural virtual careers event. Facilitated by LearnLive, an online learning platform, and with the support of the Cheshire and Warrington Pledge*, our local education business partnership, the event gave our students the opportunity to engage with employers and find out more about what it is like to work in their industry sector and what pathways there are into specific jobs. Running as a sequential stream of videos that were broadcast live throughout the morning, students had the opportunity to ask questions.

Following an introduction from Mrs McGahey and Mr Williams, Balfour Beatty kicked off proceedings with some information about their role in the preparation for the construction of HS2.

Balfour Beatty

HS2 is currently the largest capital build infrastructure project in Europe and Balfour's role locally is to undertake the ground investigation work to make sure it is feasible for the construction of the railway. Students discovered that construction isn't confined to the physical building of the project but that a lot of work in

planning, design and feasibility needs to take place in the first instance and that there are lots of specialist professionals involved at every stage. Students also gained an insight into what life is like as a civil engineer and the variety of tasks that you might undertake in this role.

Kellogg's

We moved from the grit of the building site to the sleek and polished corporate environment of Kellogg's new home at Media City. The focus was on commercial management and big busi-

ness and we met some of Kellogg's customer experience managers, brand managers and digital marketers. Students had an insight into the challenges of working for a fast-moving organisation within the food sector and the need to adapt to changing market trends was firmly underlined. Kellogg's was established as the original well-being company by the Kellogg brothers,

but over 100 years later it continues to be a market leader as it strives to innovate and adapt its working practices. We were presented with a very modern and forward-thinking organisation that inspires great passion among the employees that we met.

Next on the list was global bank HSBC. We had a whistle-stop tour around the world meeting



HSBC employees at key points in their working day. As an international bank, opportunities are limitless and we were presented with a flavour of what it was like to work there. We met Daniel, Head of Financial Crime and Compliance for HSBC

VIRTUAL FUTURES PROGRAMME

School from home has meant that we have all had to make some really big changes over the past few months. The situation has meant that we have been unable to provide our Year 12 cohort with the careers programme that we had planned this term, including the opportunity to complete their work experience. As a school, we take our responsibility to give our students as much information as we can for them to make informed decisions about their futures so we decided that we would try to give them an alternative, virtual, careers offering this year.

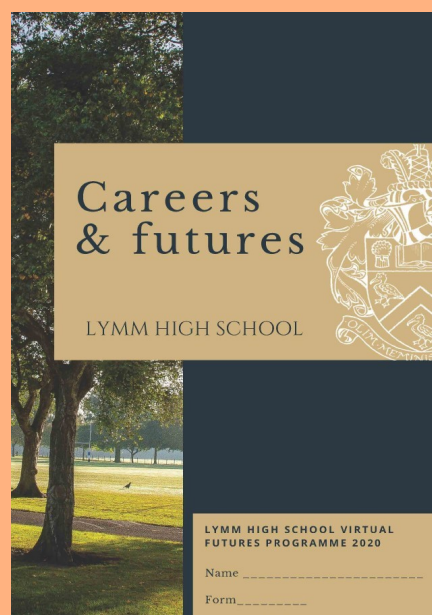
Using a number of existing online websites and resources the programme will take the students through everything they need to prepare for getting

their first job – thinking about their skills, strengths and weaknesses, putting together a CV or job application, and preparing for interview and/or assessment centres amongst other things. Centred around a downloadable and editable booklet, the programme will take the students through a number of online activities (these are all hyperlinked directly from the booklet). The booklet allows the students to record all the key points that they have learnt.

The programme also allows the students to develop their understanding of finances in addition to focusing on career preparation. As many of the students will move away from home over the next couple of years and start living independently, they will have to

start thinking more carefully about how to manage their finances – think about budgets and maybe also plan for savings and investments. In addition, there is a section on understanding payslips.

The programme has also been shared with Year 11 students. For more details, all the information can be accessed [here](#).



Channel Islands who has developed his career in financial services having completed an undergraduate degree and then a masters in Biological Sciences. It was his research skill set that he developed at school and university that opened the door to his career in financial intelligence and crime prevention. Daniel spoke about his career progression and how he ended up working for HSBC in his current role.



Medical degrees are always very popular amongst our students but we wanted to showcase that the NHS is not just about training to be a nurse or a doctor. We met three different professionals from Bridgewater Healthcare – Lisa, an immunisation nurse specialist; Jane, a community dental officer; and Adam, a web and e-communications manager. They each discussed their roles and how they ended up in the position they are in and also discussed the breadth and variety of career options within the NHS including some non-clinical options.



United Utilities (UU) introduced us to some of their engi-

neering apprentices who chose a work-based pathway post GCSE and A Levels. They shared their motivations for applying for an apprenticeship and their experiences of learning on the job and the support you can receive. United Utilities also offer a graduate entry scheme and we met a selection of their graduates – Jenny, a civil engineer; Nicole, a finance graduate; Chris, a strategy environmental analyst; and Akram, a network modelling engineer. They shared with us their experience of the graduate programme and the camaraderie and support that comes from their shared training experiences. All UU graduates have a sponsor – who may be at a much higher level in the organisation – who can help to support them in furthering their career. They also have a buddying system which helps to make the first few days seem easier – especially when starting a new role in a large organisation such as UU. All of the graduates and apprentices spoke so positively about their experience of working at UU and the opportunities that working there presented.

Continuing the engineering theme, we next met Adam, an engineering and project management controls graduate who works for Sellafeld in their Warrington office.



Adam's first experience of working for Sellafeld was through a 10-week internship during his degree. Internships are paid work experience offered to students during their degree programmes and they can vary in length from a few weeks over the summer holidays to a full year programme. They can be an excellent way to make your mark on an organisation. Following Adam's internship, he completed the selection process for a place on the full-time graduate programme. Adam explained how the graduate scheme works and what experience he will gain over the programme and he discussed the many advantages of working for Sellafeld Ltd. He also introduced other pathways into Sellafeld Ltd, graduate scheme aside, as they offer apprenticeship entry at 16 and degree apprenticeships at 18.



Our final industry was creative arts and we met Steph from Minerva Arts, an arts education organisation operating across Cheshire. Steph spoke about the

value of skills – in particular communication skills (both written and verbal) and people skills – when working in the creative sector. Steph has a background in drama but she underlined that this isn't necessarily the most important preparation for a career in the arts sector. Instead she believes that to be successful in the industry you have to be passionate about the importance of the arts sector and the value that it brings to enrich people's lives.

Rounding off our morning, we met Rebecca from Warrington Youth Club (WYC). Rebecca is no stranger to Lymm High School as she has visited us during parents' evenings and the apprenticeship evening held earlier this year. Rebecca's role with WYC is to lead on the NCS project which many of our Year 11s habitually engage with each year. Unfortunately, due to Covid-19, this has not been able to go ahead in its usual form but has been adapted this summer. Rebecca introduced two schemes that will be taking its place this summer – Keep Doing Good and Staying Connected. (For more details see p. 28).

We really hope that our students were inspired by some of the people that they met and it helped to prompt further thinking of where they may see them-

selves in the future. All the videos are available on demand on the Learn Live website so they can be revisited at a later date: <https://learnliveuk.com/lymm-high-school-careers-day/> We are incredibly grateful to all of the employers who helped support the event and for giving their time to preparing the videos and resources and to answer any questions the students had. In school, events such as these are only possible with the good will and support of the organisations who get behind the event and help us give the students such fantastic opportunities.

**The Pledge Partnership enables businesses to work together with*

educators to provide every young person living, studying and/or working in Cheshire and Warrington with everything they need to succeed in the world of work. With the opportunity to develop employability-related skills and personal qualities whilst in education, there is a choice of employment, training or further education when they leave school.

**United Utilities will soon be recruiting for a new intake of apprentices. Any information received in school about this will be shared with relevant students. For information on national apprentice vacancies: <https://www.gov.uk/apply-apprenticeship>*

FORTHCOMING WEBINAR

Young Professionals have released the details of a session that is taking place next week (details have been shared with Year 11 upwards). This webinar is free but students must pre-register.

Get into Investment Banking and Entrepreneurship

(plus a direct insight into city life as a banker!)

- 23rd July 2020
- 10am – 12pm
- Open to Year 11 / S4, Year 12 / S5, Year 13 / S6 and Year 14 students
- Insight from Paul Beach, Head of Executives & Entrepreneurs at Arbuthnot Latham & Co. Ltd, an independent private bank located in the City of London since 1833 who offer private and commercial banking, wealth planning and investment management
- Limited places available. Students will need to sign up via the link below

<https://www.surveymonkey.co.uk/r/HHX932W>



China in lockdown

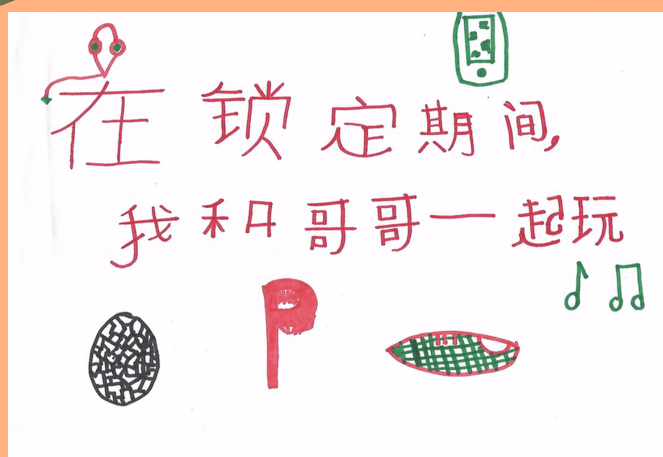
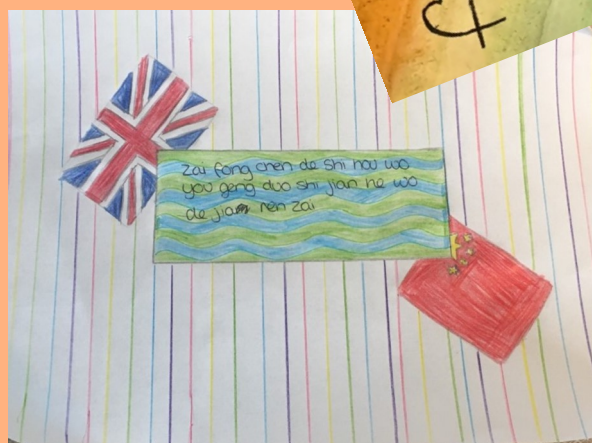
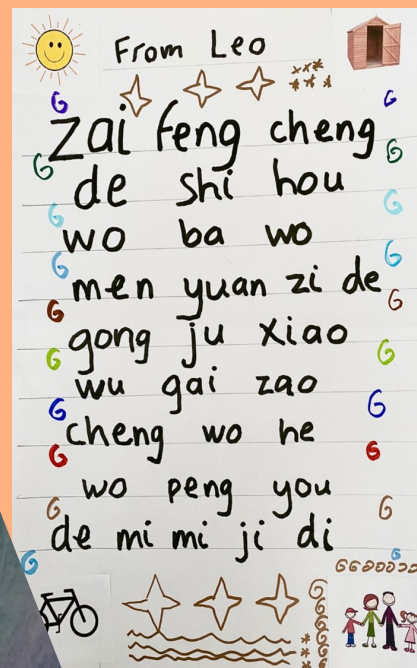
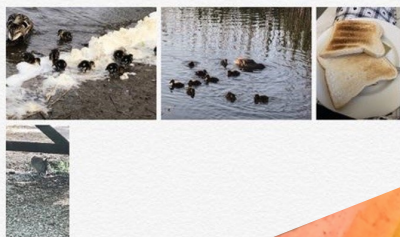
Hello from the UK! Wishing you all well from afar! is the message sent along with these posters to Xixian Gaoxin Middle School in Xi'an in China. Next April, a group of Lymm High students from Years 8 and 9 hope to visit the school.

Mandarin poster

Gélí shǐ wǒ déyǐ fāngsōng, tóngshí réng kě
jìxù xuéxí hé xiàng lǎoshī xuéxí. Wǒ rènwéi
zhè duì xǔduō háizi hé chéng rén dōu shì
rúcǐ.

Lǐng yīgè jījī de shìqíng shì, zài gélí qījiān,
yóuyú jiārén yīzhí zàixià yǔ huò bùxià yǔ,
wǒ yīzhí zài duànliàn wǒ de gǒu.

Zhè shì yīxiē túpiàn

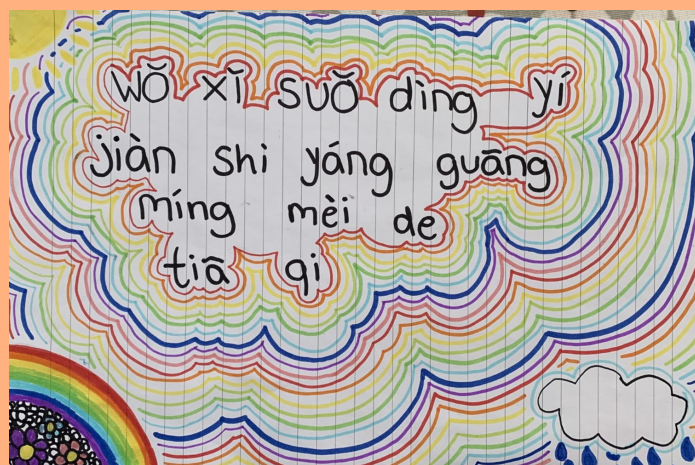
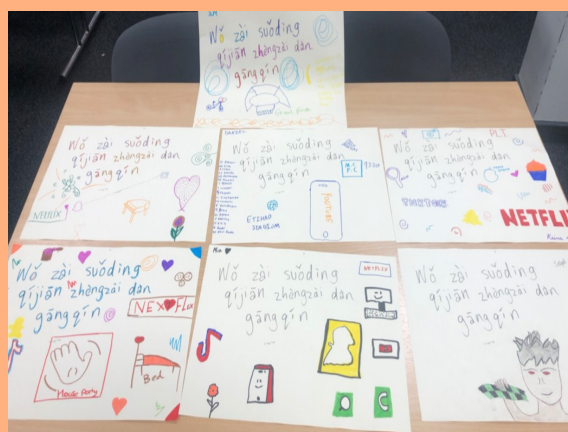
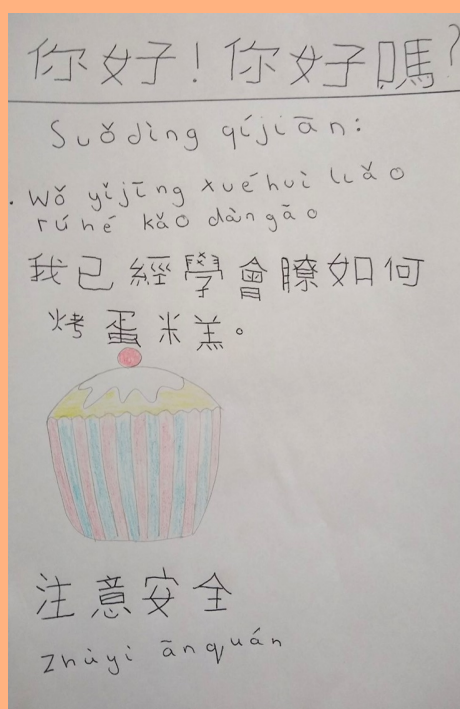




Throughout the pandemic, the sister schools have remained in close contact whilst they are unable to visit one another.

Students from Xixian Gaoxin Middle School have also been busy designing posters for their friends at Lymm.

The students are telling each other how they have found lockdown and what they have been doing during the period of school closures. The Lymm High students were encouraged to write their posters in Mandarin, to put their writing skills to the test with native speakers. The pupils shared their excitement about being reunited in the future.



Lockdown.

在封城的时候我给自己剪刘海，还有用紫色的皱纹纸把我头发的尾端染成紫色。



我还和我的继父去钓鱼，我抓到一些鱼，这里是他们的照片。



Whilst in lockdown I have enjoyed getting a fringe cut in my hair and dyeing the ends of my hair purple with tissue paper and water. I have also enjoyed going fishing with my step dad, here are some pictures of the fish I caught.



SUMMER IS FOR SELF-CARE

Here are some ideas to positively support your mental health this summer.

The Summer holidays provide us with the ideal time to focus on our wellbeing and mental health. Over the past few months you have all shown how resilient you are at adapting to change and working differently, and this may have disrupted the routines you would normally have in place for your hobbies and interests outside of school. Take time this summer to re-connect with the activities you love as best you can and focus on what you can do to help your wellbeing.

1. Set summer goals

Challenge yourself to take on a new activity or re-start an old

sport or hobby you love. Although this can be daunting at first, completing or returning to something challenging can fuel your sense of adventure and make you feel proud.

2. Drop the shoulds and listen to how you feel

Setting goals doesn't work for everyone – try letting go of pressuring yourself with summer activities you think you should/shouldn't be doing. Instead, allow each day to be what it is and make time for yourself and what you feel you will enjoy.

3. Make joy in each day

Create small moments of relaxation and fun throughout

the day, no matter what else it brings.

4. Get moving and explore nature

Get those endorphins pumping while you enjoy a healthy dose of vitamin D!

5. Practice mindfulness and meditation

The art of mindfulness is simply being in the here and now. Take a few minutes every day to focus on the sights and sounds of what's happening around you. Paying attention to the music of nature, smelling freshly cut grass, and feeling the heat of the sun on your face will help ground you and put a stop to ruminating thoughts.

6. Pay attention to those you care about

Whether a family member or a close friend, the summer provides us with the perfect time to socialise and re-connect!

7. Keep up those 'little acts of kindness'

Is there someone in your life who would benefit from a helping hand this summer? Volunteering or taking time out to support someone you care about within your local community can be very rewarding and provide a boost for your own wellbeing.

8. Keep safe and ask for help if you need it

Everyone's mental health journey is different and some of us may need support with feeling positive about our wellbeing over the summer. Please see the advice in the box for services and websites over summer that can support you. And keep talking about your feelings!



"Who can support me this summer?"

Take time to speak with your family and friends if you feel you are struggling to understand your emotions this summer— share your thoughts and feelings whatever they may be. Remember all of your emotions are valid and those who care about you want to hear how you are feeling.

The websites, apps and helplines below may help you if you feel you need a little more support or are finding it difficult to talk to someone.

childline

ONLINE, ON THE PHONE, ANYTIME

www.childline.org.uk

Call free on 0800 1111

YoungMinds Crisis Messenger

YOUNGMINDS

The YoungMinds Crisis Messenger text service provides free, 24/7 crisis support across the UK. If you are experiencing a mental health crisis and need support, you can text YM to [85258](https://www.85258.org.uk).

We know that finding the right support is important, especially if you need someone to talk to right now. We aim to connect every texter to a trained volunteer promptly to provide crisis help. They will listen to you and help you think more clearly, enabling you to know that you can take the next step to feeling better.

The YoungMinds Crisis Messenger is powered by our trusted partners Shout and Crisis Text Line.

It is free and confidential to text our service from the following major networks:

EE, O2, Three and Vodafone.

Free, safe and anonymous online counselling and support

"I don't think I could've spoken to someone face-to-face."

Chat to our friendly counsellors

Read articles written by young people

Join live moderated forums

kooth
www.kooth.com

NCS Summer Programme

Our Summer plans may have changed a little this year, but that doesn't mean we can't still have the best one yet.

That's why the National Citizen Service (NCS) is introducing **Keep Doing Good**, a chance for your teen to help the country get back to business, once it's safe to do so. Because, as lockdown restrictions begin to ease, and we start to get back to normal, everyone is going to need a little more help and some extra kindness in getting there.

You can see three project ideas in the box, but the possibilities are endless! All your teen has to do is make a pledge to donate a minimum of 16 hours over July and/or August, through volunteering and social action. They'll pick up new skills, help rebuild local communities, create positive change and get all our futures off to a good start.

Lymm High student Megan Arrowsmith has already signed up to the NCS Summer Programme. "I love to help out and support people so I would love to help out this summer", said Megan. "I would also like to be active during my summer and be able to enjoy something."

If you'd like to sign up or get more information, please go to: <https://wearencs.com/keep-doing-good>.

Alternatively, if you'd prefer to talk to the local team, contact the NCS Recruitment Manager, Becca, at rebeccar@warringtonyouthclub.co.uk or call 07432 636826.



Warrington projects

Here in Warrington we have set up several projects your teen can get involved with including:

1. Outdoor social distanced projects working in teams of 8 to help local charities. They will be doing things such as refreshing community spaces, gardening, painting or creating sensory walkways
2. Distanced projects, working at home with charities we have picked or coming up with your own project. For example, they could be supporting a local mental health charity or homeless shelter getting creative making canvases. Or you may have an elderly neighbour who needs shopping and an opportunity to talk to someone to combat social isolation.
3. Volunteering within charity shops helping to stock shelves, replenish and sort stock. Supporting charities to gain vital funding through their shops.





**TELL
US!**



**STOP
CYBER BULLYING**



**BE SOCIALLY
RESPONSIBLE
AND TELL US IF
YOU SEE ANY
BULLYING**



**TRUST US,
DON'T KEEP
IT TO
YOURSELF -
TELL US!**

BOOM!





WORK EXPERIENCE

At the end of June, almost 70 Lymm High students from Years 11–13 opted to take part in a week-long virtual work experience programme.

The programme was organised by Young Professionals in response to the Covid-19 pandemic and the resulting cancellation of many school work experience programmes.

Young Professionals are a networking organisation that puts young people directly in touch with employers and helps them secure both work experience and apprenticeship opportunities.

They work with some of the largest graduate recruiters in the UK including some global brands including Rolls Royce, EY, PWC, Pearson, Nestlé and Lloyds Bank.

The work experience programme consisted of a week of webinars that covered all aspects of preparing for a student's first career move. The first couple of days focused on how you build your own personal brand, in the professional

sense, and the value of networking to the modern professional. The following couple of days were dedicated to recruitment.

Sessions were delivered by representatives from a number of well renowned organisations including the Chartered Institute of Management Accountants (CIMA), Rolls Royce, EY, PWC, Cap Gemini and RAF.

Topics covered included how to

prepare for a digital interview, how to build resilience and why it is important, trends in employment and what the future of work could look like. In addition, there were sessions on CVs, skills and how to crack an application form.

Feedback was very positive from the students who were able to gain a sense of how competitive the job market can be and who felt they gained some valuable tips on how to get ahead and give themselves a professional advantage.

One of our Year 12 students summed up the experience:

"The work experience showed me the importance of resilience, flexibility and ambition within

the working environment. All of the talks were engaging and I discovered new careers I wouldn't have thought to look into. I learned that if you are not happy in a job it will show through your work so if you want to make a difference you should do something you are passionate about."

Another student said: *"I thought that it was especially insightful into what companies and businesses look for beyond academia in softer skills. It also taught me the importance of networking and reaching out to people who can help you in your future careers from a young age."*

Well done to all the students who took part during the week. We hope you all gleaned something of interest that will help you in your career.

NOTICES

3G Pitch

Our new FIFA standard third generation (3G) sports pitch is nearing completion. Work has continued throughout the lockdown period and we hope the official opening will take place in September. PE lessons will also use the 3G pitch from the start of next term.

LHS Lottery

Congratulations to Miss Bloomfield who was this week's school lottery winner!

Tickets are only £1 a week. You can buy your tickets by [clicking here](#).



Raise FREE donations for us every time you shop online

Search for us on easyfundraising.org.uk



JUST EAT **ebay**

JOHN LEWIS & PARTNERS

Argos

M&S
EST. 1884

4,000+
online stores

LYMM HIGH SCHOOL AWARDS EVENING 2020



Students have once again been recognised for their high achievements with an annual awards evening. Although this year, it was a virtual event, live streamed into students' homes.

Instead of the usual canapés and drinks prepared and served by Lymm's catering students, viewers were welcomed by Mr Williams speaking to an empty hall. Head of Halls Mr Hayes and Assistant Headteacher Mr Thompson, who jointly compered the evening, were the only audience members.

During the ceremony, films from Heads of Faculty, Heads of Year

and members of the Senior Leadership team spoke highly of the outstanding achievement, exceptional progress and commendable effort of the award winners. Over ninety students were recognised for their outstanding academic, pastoral, personal and

sporting achievements over the past year.

Even Local MP Andy Carter popped in to wish all the winners well.





The evening was also filled with performances from Lymm High School's Brass Ensemble made up of Year 9 and Year 12 students: Tom Leighton-Jones, Suzie Underwood, Charley

Davies, Bradley Gibson and Tom Davies. Year 13 students, Rosie May Larkin, Ella Worsley and Eve Shaw, also sang beautifully during the second interlude of the ceremony.

Lymm's international sporting success was highlighted by Mr Hampton (see p. 35). Eleven students have represented England, Wales and Great Britain this year. The evening ended with the most prestigious award of 'Outstanding Contribution to School' being presented to Deputy Head Girl, Rosie May Larkin.

The winning students were praised by Mr Williams for their hard work. As were their parents for supporting them in their endeavours.

"This is such an important event in the school's calendar year that we simply couldn't allow it to not go ahead", said Mr Williams. "We are really pleased that the students' efforts could still be recognised in this virtual ceremony. Very well done and huge congratulations to all winners."



A FOND FAREWELL

We give our thanks and congratulations to Acting Deputy Headteacher, Mrs Ryles-Dean, who will be leaving Lymm High School this year to begin her tenure as Deputy Headteacher of Moorside High School. Mrs Ryles-Dean has made a significant contribution to Lymm High School during her time with us and will be dearly missed by the LHS community. We wish her well and success in her future endeavours.

Several of our other teaching staff are also leaving us this term. We are saying goodbye to Mrs Dowdall, Ms Jones, Mr Heaton, Miss Alexander, Mrs Harrigan, Miss Bowdery, Mrs Kennerley, Mr Gallagher and Mrs Welsby.

We are sorry to see them go and wish them all the best.



The programme for the Awards Evening and the full list of winners can be downloaded [here](#).



SPORTING HONOURS

Can you help Mr Hampton update the Sports Honours boards?

Last month I asked all students, who have represented their county (or equivalent), to pass on relevant details so I can update the Sports Honours boards. This is for the period July 2018 to July 2020.

As you can see, we have a huge amount of individual talent within the school from such a wide range of sports. We have also decided it would be nice to honour our county cup winning teams.

Please can you check the details on pages 23-27 and let me know urgently if there are any details omitted or incorrect.

Mr James Hampton
Head of PE & Sport





2018/2020

International Honours

Athletics	J Jones	England	U17
Dance	S Tomlin	World Cup -Team England (Solo) 1st	U14
Fencing	R Tavernier	England	U17
Futsal	K Bone	England	U19
Handball	K McLean	England	U17
Handball	S Underwood	England & Great Britain	U17 & U18
Handball	E Oldland	England	U17
Hockey	G Bradley	Wales	15+
Inline skating	A Nelson	Great Britain	U17
Rugby Union	E Murphy	England	U18
Touch Rugby	J Anderson	England	U18

County Cup Winning Teams

2018	U18 Boys Rugby Union
2019	U13 Boys Football
2019	U16 Girls Football
2020	U18 Boys Rugby Union





2018/2020

Representative honours

Athletics	S Higginson	Cheshire	U13
Athletics	E Marshall	Cheshire	U13
Cricket	K McLean	Cheshire	U17
Cross Country	E Marshall	Cheshire	U15
Cross Country	E Ferris	Cheshire	U15
Football	C Day	Stoke City	U12
Football	S Higginson	Stoke City	U14
Football	N Lowe	Stoke City	U12-U14
Football	J Maskell	Stoke City	U12/U13
Golf	B Brogan	Cheshire	U14/U16
Golf	H Brogan	Cheshire	U16/U18
Golf	S Grayson	Cheshire	U15
Golf	F Jackson	Cheshire	U13
Golf	I Marsland	Cheshire	U18
Golf	F Fairhurst	Daily Telegraph Net Comp. 2nd	U18
Handball	E Doherty	East Cheshire	U13
Handball	S Underwood	North West	U17
Handball	E Doherty	North West	U16
Handball	M Underwood	North West	U16
Handball	N Agina	North West	U16
Hockey	C Davis	East Cheshire	U15
Hockey	J Doherty	East Cheshire	U17
Hockey	S Foster	East Cheshire	U16
Hockey	T Fowler	East Cheshire	U13-15
Hockey	D Greenwood	East Cheshire	U13/14
Hockey	S Hulse	East Cheshire	U13
Hockey	L Turnbull	East Cheshire	U16
Hockey	E Doherty	East Cheshire	U14/U15
Hockey	A Jones	East Cheshire	U14
Hockey	E Jones	East Cheshire	U17
Hockey	M Percival	East Cheshire	U16
Hockey	E Phillips	East Cheshire	U16
Hockey	O Pyman	East Cheshire	U15/16
Hockey	C Storey	East Cheshire	U15
Hockey	A Jones	East Cheshire & PC Fylde	U14/15
Hockey	A Jackson	Greater Manchester	U16
Hockey	F Turnbull	Greater Manchester	U17
Hockey	T Davenport	North England	U18







2018/2020

Jiu Jitsu	H Haase	Nat. Championship 3rd	Cat 10-11
Motorbike Racing	J Talbot	GP3 Super Teens Champion	U21
Netball	A Barker	Cheshire	U15
Netball	E Johnson	Cheshire	U13
Netball	S Underwood	Cheshire	U18
Netball	N Dixon-Pybus	Greater Manchester	U15
Netball	A Hayden	Merseyside	U19
Netball	M Evans	Manchester Thunder	U15
Netball	G Bates	Wasps Academy	U19
Rowing	G Tavernier	British Masters (silver, cox) WD 8+	Open age
Rugby League	F Beardsworth	Wigan Warriors	U16
Rugby Union	B Polec	Cheshire	U18
Rugby Union	F Beardsworth	Cheshire	U15
Rugby Union	S Kakaie	Cheshire	U15
Rugby Union	O Larkin	Cheshire	U16
Rugby Union	L Minnett	Cheshire	U15
Rugby Union	A Mukherjee	Cheshire	U15
Rugby Union	H Scott-Herron	Cheshire	U15
Rugby Union	F Sheriden	Cheshire	U15/16
Rugby Union	P Smith	Cheshire	U18
Rugby Union	J Stewart	Cheshire	U17/18
Rugby Union	A Simpson	Cheshire	U19
Rugby Union	J Johnson	Sale Sharks Academy	U18
Rugby Union	J Rooney	Sale Sharks Academy	U18
Rugby Union	J Taylor	Sale Sharks Academy	U17
Rugby Union	J Hadland	Sale Sharks Academy & Cheshire	U18
Rugby Union	F Murphy	Sale Sharks Academy & Cheshire	U18
Skiing	C Baldwin	British Indoor Championship 1st	U14
Swimming	D Kinsella	Edinburgh International Swim Meet 1st	U18
Swimming	O Molden	English Nationals 200 IM Bronze	U16
Touch Rugby	C Rowland	North West	U15





YOUR
SCHOOL
LOTTERY



READY, SET, WIN!



SHOPPING FOR PE KIT?

WIN A £150 **JD SPORTS** GIFT CARD

- Tickets cost just £1 per week
- Cash prize every week
- Win up to £25k
- Help boost school funds

Buy A Ticket

Supporters must be 16 years of age or older. Offer ends 18th July. Terms and conditions apply (see website for details)

MARATHON RUN FOR ALZHEIMER'S

Sixth Former Ben Copeland ran a 26-mile marathon on 13th June to raise funds for an Alzheimer's charity.



Ben said: "I started training during lockdown when I had more time. It gave me something to focus on and helped keep me motivated. I was determined to complete it and am very pleased with my time and the money I have raised for charity".

"We are very grateful to everyone's best wishes and their donations", said Neil. "Keeping fit has really helped his mental health during lock down and he would recommend running to everyone."

If anyone would like to donate, Ben's fundraising page is still open at <https://www.justgiving.com/fundraising/ben-copeland2?newPage=True>

Sixth Former Ben Copeland ran a 26-mile marathon on 13th June to raise funds for an Alzheimer's charity. His route saw him running through High Legh, Pickmere, Knutsford, Tatton Park, Altrincham, Dunham and Lymm. His dad, Neil, followed him on a bike with refreshments. "We are so proud of him!", said Ben's mum Rachel. "He achieved it in 3 hours, 30

minutes and 9 seconds all by himself on a warm day."

"Some of our neighbours and Ben's friends stood on the roadside outside our house and cheered him on as he finished. The support really helped at the end!"

Ben's fundraising efforts have seen him raise over £1000 for Alzheimer's Research UK in memory of his grandparents who were both affected by the illness.



STOKE SIGNINGS

Connor Day and Sky Higginson have both had their contracts extended with Stoke City football academy.

Sky was first signed to Stoke City U14's last year after she took part in five gruelling trials against a lot of other talent. In all, around 50 girls competed for one of three available places. Sky was only 12 years old at the time and was against a lot of girls a year older than her. Sky was chosen because the coaches were very impressed with her willingness to listen and learn. She was also very athletic and fast on her feet.

Sky trains three times a week for two hours at a time. She also has a match on Saturdays. During lockdown, Sky has continued with her fitness and trains at least four times a week.



Sky's training sessions include playing football, running, high-intensity interval training (HIIT) sessions, Pilates, yoga and just recently she has started having 1-1 football sessions with her coach.

Sky's biggest highlight since playing for Stoke City was scoring a goal in her debut match and also scoring a goal against Manchester United.

"Sky loves playing for Stoke and is so happy and excited to be signed for another year", said mum, Kelly.

"It is nice to see that Sky is being recognised for all her hard work."

Connor Day has had his contract extended for a further 2 years with Stoke City football academy and has moved up from the Foundation phase to the Youth Development Programme for the under 13 and under 14 age groups.

As part of last years under 12 season Connor had been attending a day release programme. Since lockdown, the academy has adapted and sent through a detailed programme for him to follow to continue his training at home. This involves a mix of physical activity and ball skills plus

zoom meetings with the coaches to cover topics such as nutrition, psychology and match analysis.

Connor has played regularly for Stoke on a regional basis including futsal tournaments. Over the past 2 years his year group have won three regional elite tournaments: the Wolves Cup in 2018 and 2019 and the Boston Pilgrim Cup in 2019.

For the under 11 season Connor also played in the National



Premier league tournament.

The highlight of Connor's under 12 season was playing in the National Premier League Christmas Truce tournament. Stoke under 12s won their qualifying tournament which allowed Connor and his team to travel and play in the finals held in Ypres, Belgium last December. Overall Stoke finished 4th out of 12 , playing against teams from the

UK, France, Germany and Belgium.

Connor's parents say "We are incredibly proud of all that Connor has achieved with his football and are delighted that he will be continuing at Stoke. He is very much looking forward to when the academy re-opens after lockdown and he can get back to training with his teammates."

HOW ARE YOU EXERCISING?

Mr Hampton has been setting cricket and athletic activities for some students.

Jake Sands

These are my photos of cricket and shotput .

I usually trampoline for Liverpool but because of lockdown, the club have been doing online conditioning sessions. I have also been using my exercise bike and have set myself a personal challenge to cycle the equivalent distance of Warrington to London (487km).



Look out Gary Lineker

Year 8 student Max Dutton started a football podcast to ease his boredom during lockdown.

I decided to set up this podcast as I have a big passion for football and journalism. Also, it has given me something productive to do in my free time. Surprisingly, it was relatively easy to set up but harder to keep it going. At first, I downloaded Anchor, an app that lets you record a podcast and publish it. Then, I wrote it. I based it on the latest news, latest results and fixtures. I also try to refer to appropriate topics. For example, Black Lives Matter and Rashford's free meal campaign. Although it is quite time consuming, I am really enjoying it

and want to keep it going. A friend of my mum's (who is head of Sports Psychology for the FA) listened to my podcast and said he would try and arrange for me to interview an FA Official referee. I would love for this to happen as it would be very interesting to interview a football referee. I am very excited for football to return to the UK, especially as I have been a massive Liverpool fan all my life. During lockdown, I was very worried the season was going to be cancelled so I am over the moon football has returned. I'm writing this on the

25th of June the day Manchester city travel to Stamford Bridge to play Chelsea. I don't know when this newsletter will be released so by the time you are reading this Liverpool Football Club may be champions of England for the first time in 30 years!

Whilst in lockdown, I definitely plan to keep the podcast going. When I am back at school though I may not be able to. In the long run, I would love to do this as a career. I definitely want to be involved with sport, even if it is not the journalism side. I would find it very interesting as I would be talking or writing about a topic I love!

Max's podcast is called FutPod and can be heard on Anchor, Spotify and Apple.