Year 12 KS5 PSHE Overview

Autumn 1 Autumn 2 Spring 1 Spring 2 **Summer 1** Summer 2 Young adult Wellbeing **Factors affecting** Addiction **Drugs and decision Exams** relationships Stress and how to relationships making Your self-concept and Drugs and alcohol Warrington Drugs manage it What is sex and mental health Factors affecting and their impacts Coping with addiction Team visit intimacy? consent Nutrition & body image Consent and the Law **University Visit –** Relationships Careers Gender, Sexuality and Careers Your next steps Inclusion and Identity – School of Employability and Visit to nearby Careers, pathways, boundaries in Sex Education university to assess inclusion work and career relationships Pregnancy outcomes: Personal statements opportunities after Employment rights and **Important** Focus on abortion Year 13 and CVs responsibilities **Transitions** Sexual Harassment **Healthy lifestyles Media Literacy and Factors affecting** Motivation and **Digital Resilience** relationships independence Managing risk and Attitudes to Resilience personal safety pornography Health & Living in the Relationships wider world Wellbeing

(*please note these are not the only careers sessions on offer to KS5)

Year 13 KS5 PSHE Overview

Autumn 1 Autumn 2 Spring 1 Spring 2 Summer 1 Summer 2 **ABSENT EXAMS Leaving home** Relationships and Resilience **British Values and** Budgeting discrimination Citizenship Leaving home and Putting in the hours how to manage it – Motivation and Grit Communication and Political parties and cooking, cleaning and accountability their theories finance Alternative views Driving safety and about relationships First Aid recap including honour-Making new friends based violence Mental health in the Unconscious bias wider world – looking What does it mean to after yourself and have a good others LGBTQIA+ education **Healthy Living** Warrington Drugs **Nutrition and body** Team visit image Stress and how to **Gambling – WhysUp** Relationships manage it **Online safety** Knowing yourself The body and sexual **Discrimination** and your partner **Revision skills** pleasure -School of Sex Race and the UK Mock interviews Education **Health &** Living in the Relationships Wellbeing wider world

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