



LYMM  
HIGH SCHOOL

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Enrichment, p.9

Did you know that every faculty at Lymm High has an extra-curricular club for students to engage in?

Beauty and the Beast, p.18

Our latest school production has had amazing reviews.

# NEWSLETTER

ISSUE: NOVEMBER/DECEMBER 2022 · WWW.LYMMHIGH.ORG.UK



## ALL WRAPPED UP

Christmas is a time for giving and this month Lymm High has once again risen to the challenge with charitable donations, fundraising and acts of kindness.

**I**n total, 132 shoeboxes full of gifts were donated to the Manchester Street Angels charity. These will make a huge difference to those in need this Christmas. Thank you to everyone who contributed.

The Sixth Form's annual Children in Need fundraiser raised a staggering £2500 for charity (see p. 26). Our staff Christmas Karaoke and Christmas Jumper Day are raising money for Save the Children.

Christmas cheer is certainly abounding. Our Wellbeing Reps have made cards to distribute to the community and our strings group has played at local care homes (see p.29). See overleaf for details of St. Mary's tree festival.

# ST MARY'S CHRISTMAS TREE FESTIVAL

St Mary's Christmas community tree festival is an annual event which the Visual Arts & Technology faculty love to be involved in. This year the theme of the festival is 'A Royal Christmas'.

A group of students who are ambassadors for the DT and Art departments collaborated to design and create a range of Christmas tree decorations for this year's festival tree. Taking inspiration from the theme,

students decided that the decorations would feature imagery associated with the royal family such as corgis, fleur-de-lis, a crown and horses.

The ambassadors wanted the decorations to be eco friendly, and so used up scrap pieces of cardboard from the DT department for their laser-cut designs. Students then decorated their designs using paints, glitters and sprays in a royal colour scheme.

"The Art and DT ambassadors have done an excellent job in creating the decorations for this year's festival tree", said Miss Simms. "They gave up time in their lunchtimes to work together as a collaborative team to design and decorate their pieces."

The Visual Arts & Technology department would like to say a huge thank you and well done to all students involved.











# CHRISTMAS CRAFTING

This is the last of three full weeks of crafting at breaktime and lunch in the ILC.

All of the activities are free, and everyone is welcome to join in as the festive excitement starts to build. Students have been making Christmas gift tags, book trees and festive decorations.

“We also have a Christmas quiz and plenty of wordsearches and colouring sheets for anyone who wants to enjoy a little mindfulness at this very busy time of year”, writes Ms Timson.

The ILC staff are looking forward to seeing more students making the most of our amazing facility in the year ahead!

The ILC book collection is brimming with fabulous books, but we have made room for some exciting new titles with a winter theme! Call into the ILC to borrow a fiction book perfect to curl up with – or maybe a book of inspirational craft ideas or Christmas recipes.

Many of these terrific books are available in both printed book format and as digital copies (either eBook or audiobook) from our fabulous SORA platform. The formats and fonts of most books on SORA can be changed to suit individual reading needs and a dyslexia-friendly font is also available.

If you would like more information on using the online library catalogue, please [click here](#).







same book when they join *'October, October'* by Katya Balen (including Mrs Anderson and myself who run the club). There is no time limit to read this book... some read it in a week and others are taking the full term. The idea is to have one book that we can all read and enjoy at our own pace, then discuss, and it's such a fabulous book!

If you would like more information on using SORA, please [click here](#).

## Book Club

Book Club is one of our Enrichment Clubs (see p.9) that takes place every lunchtime on Wednesdays (B weeks) in the ILC.

Although the club is open to all students it is mostly Year 7 and Year 8 students who get involved. Everyone is encouraged to read the

Each meeting is different, but we usually talk about what books each of us are reading, and what we have or haven't enjoyed reading. If anyone can recommend books to the group, that is encouraged.

We have looked at different formats of books this term including Picture Books, Fiction books and Non-Fiction. We have also looked at the Carnegie and Greenaway winners from the past 10 years, and Christmas-themed books in the run up to the holidays.







# THE COURTYARD

A competition was held to name our new food servery on the English Yard.

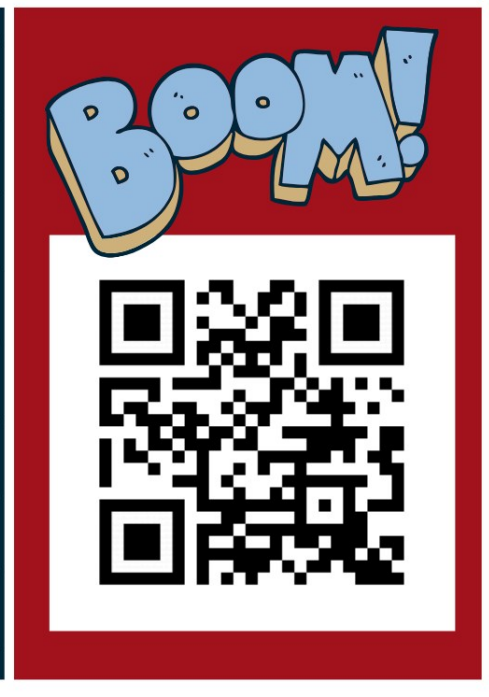
The winning student was Emma Thornton who suggested The Courtyard.

The Courtyard will serve hot dogs, burgers, chicken goujons, sandwiches, paninis, cakes, cookies, fruit and drinks every lunchtime. It adds to the other five food stations serving lunch each day to our students. These are the main canteen, the Hut, the Underground, the Lower Hex and Heaven for 11.

“This is a great addition”, said Mr Timms our Catering Manager. “We listened to what our students asked for and hope this will reduce queuing times.”









# It's all About STEM

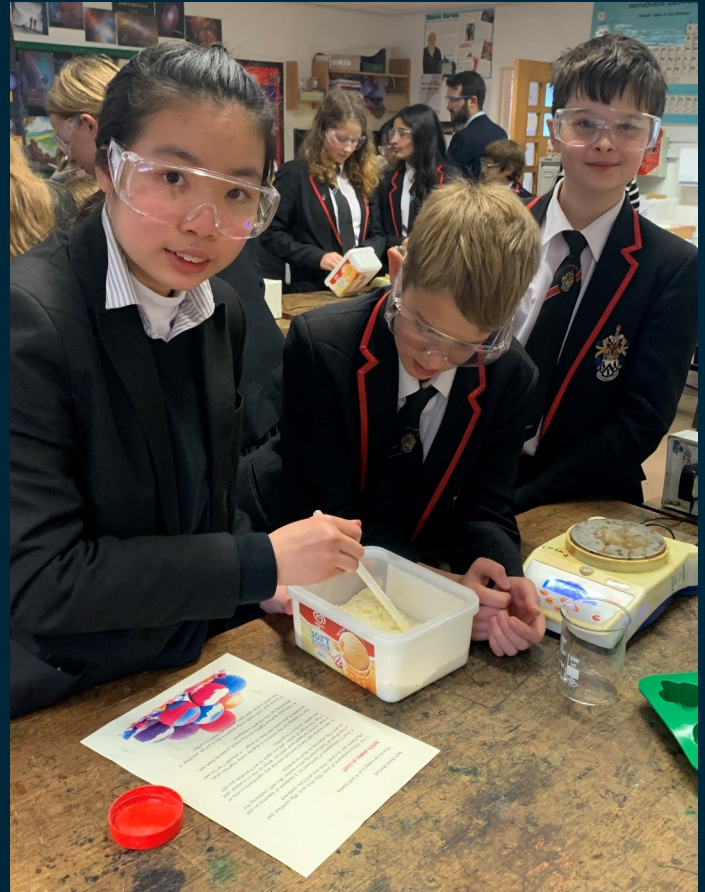
## BATH BOMB BONANZA

December saw STEM Club get their hands (and E306) messy as we got stuck into making bath bombs.

This activity aims to help students explore the chemistry behind bath bombs. When dissolved in water, the reaction between the acid product citric acid and the alkaline product sodium bicarbonate releases carbon dioxide gas and produces a salt called sodium citrate.

“Our bath bombs may not be making it onto the shelves in ‘Lush’ just yet, but we all had a great time getting into the festive spirit”, said Miss Farmer.

Don't forget to act surprised when you get a bath bomb for Christmas!



### STEM Club

STEM Club meets every Monday lunchtime in E306 and is aimed at Years 7–9. If you're interested in joining, please contact Miss Farmer on [tfarmer@lymmhigh.org.uk](mailto:tfarmer@lymmhigh.org.uk)





# ENRICHMENT

At Lymm we are proud to offer a wide range of extracurricular activities, both at lunch and after school.

Each department has an extracurricular club for students to engage in, so there is always something for their interests. The benefits of extracurricular clubs cannot be stressed enough:

- developing skills
- learning new skills
- meeting a wider range of people
- exploring a topic in a different environment.

These clubs allow students to continue their passion for a subject outside of the classroom, also giving them more opportunities to explore it.

Over the last few weeks, STEM Club have had Slime Week, Debate Club have discussed animals in captivity, and Enterprise Club have been selling cakes.

“It is fantastic to see so many students active and engaging with extracurricular clubs”, said Mr Skilbeck.

The Enrichment timetable, which includes Sports Clubs too, is on the [website here](#). It also features daily on the Student Bulletin. If you have any questions about Enrichment opportunities, please contact Mr Skilbeck ([lskilbeck@lymmhigh.org.uk](mailto:lskilbeck@lymmhigh.org.uk)).



**Knit and Natter:** S106 for some lunchtime Christmas knitting on Monday, Tuesday, Wednesday and Friday.



**Chess Club:** A216, lunchtime on Mondays and Tuesdays.



**Fitness Suite:** lunchtimes all week.



**Netball:** Sports Hall, lunchtime on Tuesdays, Wednesdays & Thursdays.





# LYMM REGENERATION PROJECT WINNERS

Students across all Year groups were invited to present ideas to regenerate areas of Lymm, including the Sunken Garden, the Cross and Lymm Dam.

This exciting opportunity came to light through a collaboration with Steve Towndrow from Lymm Parish Council. Students were asked to submit their ideas in a range of formats including models, PowerPoint presentations, computer-aided design and written work.

The number, and quality, of entries received surprised the Parish Council judges.

Entries were received from across all Year groups:

- Year 7 Beth Marrington
- Year 7 Isla Loxham
- Year 7 Jess Wright
- Year 7 Jayden Chan
- Year 7 Jess Midgley
- Year 7 Phoebe McConnell
- Year 7 Charlotte Wilkinson
- Year 7 Maggie Clair
- Year 7 Anthony Nicolaou
- Year 7 Ella Donnelly
- Year 8 Billy Foulkes
- Year 9 Seb Cowley
- Year 9 Freya Sanderson
- Year 9 Isobelle McConville
- Year 13 Danny Cornwall.

“This was a wonderful opportunity to develop skills whilst also having an impact on our



local community, which could create a real legacy”, said Mr Hayes.

The overall Lymm High winner, Jess Midgley, was awarded with a £50 Amazon voucher from school. “The effort that Jess had gone to in her submission was phenomenal”, said Mr Hayes. Not only had she had conducted site visits, she had considered a range of stakeholders and materials used within her design. Jess’s Geography teacher Mr Iddon was delighted that she had managed to apply theoretical



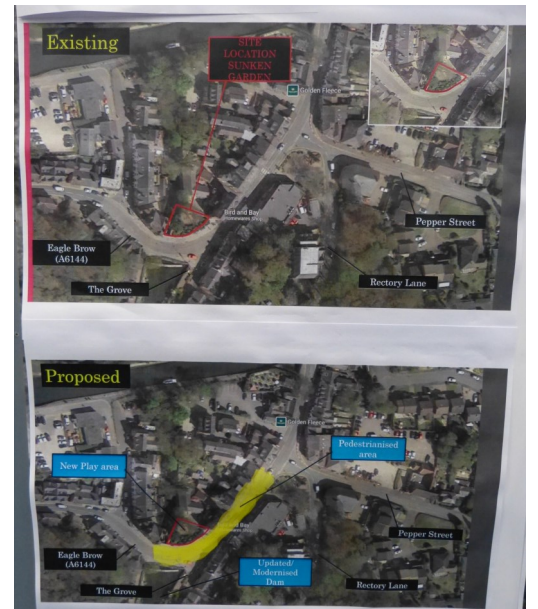
Jess being awarded her prize by Steve Towndrow and Mr Skilbeck.

concepts to a real-life scenario.

Lymm Parish Council selected Seb Cowley as their winner at an Awards Ceremony held at

Lymm Heritage Centre.

Year 13 Danny Cornwall secured third place with his 3D design for the Sunken Garden.





# CHAPTERS CHRISTMAS LUNCH

As part of their studies, the Sixth Form Hospitality students organised and cooked a Christmas lunch in our very own restaurant, Chapters, on Wednesday 30th November.

“All of the students worked really well together, and delivered a very ambitious menu on time and to a high standard”, said Mrs Deane.



## INTER-HALL

Congratulations to Year 8 Noah, KS3 winner of the ‘Fork and pound’ Inter-hall challenge. The aim of the game was to roll a pound coin along the desk, landing it within the prongs of a fork. The game takes inspiration from Phil Foden and the England Football Team at their World Cup base.

Noah fought off competition, including from Mr Skilbeck and Mr Thompson, to win his treats!



# CHALLENGING STEREOTYPES



On Tuesday 8<sup>th</sup> November the whole of Year 9 took part in our 'Challenging Stereotypes in Careers' activity.

We were joined in school by guests from a variety of industries who talked to the students about their career. The Year 9 students asked questions about their professions, but were not allowed to ask outright what our guests do for a living. After they had heard from a guest about what subjects, skills and qualifications are required for their roles, each class discussed what they

thought their jobs might be. At the end of the presentation, each guest revealed their profession to the students, there were quite a few surprises!

Our guests included: a female structural engineer; a female army officer; a female airline pilot; and a female in the construction industry.

Our Year 9 students have been given a fantastic insight into these careers through this activity and we expect that some career stereotypes have been dispelled!

## WINNING IMAGES

Lymm High staff were invited to submit Autumn-related photographs that they had taken over the half-term holiday. The winning entries can be seen below and are on display in Reception.



*Mr Beardsall*



*Mr Hayes*



*Mrs Davies*



# KNITTING AND STITCHING

On Friday 18th November, Year 11, 12 and 13 Textiles & Fashion students visited the 'Knitting and stitching' show in Harrogate.

The show brings together hundreds of textile workshops, demonstrations, textile art exhibitions and stalls from over 200 of the leading specialist craft suppliers. This year's show was bursting at the seams with creativity and innovation! Students spent their time at the show gathering primary research, interviewing the exhibiting artists and designers, along with shopping for materials and equipment to support their current Textiles & Fashion projects.



"Students and staff had a fantastic day exploring all that the Knitting and stitching show had to offer this year", said Miss Simms. "There were so many exciting new techniques and processes explored in the graduate work being exhibited, which will be beneficial to all the students. We can't wait to see the inspiration come through in their current projects!"







# SAFETY WHEN TRAVELLING TO SCHOOL

The Education Safeguarding Team have shared some helpful safety advice for parents around students walking to and from school.

## NSPCC guidelines

The following rules can help keep your child safe.

- Make sure they know their address and your telephone number by heart, in case they get lost or have to navigate home from somewhere new.
- If they have a mobile phone, remind them to fully charge it before leaving the house, and make sure they have all your contact numbers saved.
- Talk to them about road safety. They should always look both ways before crossing the street, and never be on their phone whilst crossing a road.
- Remind them never to accept a lift from someone they don't know, or let a stranger into the house. They should never give personal information away – in real life or online.
- Remind them that if they feel unsafe or uncomfortable at any time, they can call you or a trusted adult.
- If they ever feel like they're in immediate danger, they should call the police straight away on 999.

The NSPCC also advises that students plan the route they will use to and from school and not to deviate from this. Choose a route along public well-lit high-ways (that avoids empty streets

and walkways) and where possible try to walk with a friend. Try to walk on the left side of the path furthest away from the roadside.

## GoodSam app



This software was launched in June this year to assist Cheshire Constabulary Control Centres handle emergency calls, in particular to assist callers who suspect they are being followed. The GoodSam app instant video capability allows the operators to send a link via a text message to 999/101 callers. Once the caller has allowed access to their phone they are able to live stream images to the call operator. The location of the caller is immediately conveyed along with their direction of travel and speed. For further information, [click here](#).

This [YouTube video](#) shows how the app works.







We understand that times are  
tough, so we're extremely  
grateful for your support

## YOUR SUPPORT COUNTS

We're facing financial challenges too  
If you can, please help our fundraising

Please  
support our  
lottery

Just  
£1  
a week

WIN  
up to  
£25k



**PLAY NOW**



# BEAUTY

& THE

# BEAST

When the school production gets a standing ovation on its first showing, you know it's going to be a good week!

*Beauty & the Beast* has been rapturously received! The production played from 22–25th November and involved a cast and crew of over 100 students and 14 musicians.

The comments on our social media sites have been a joy to read:

*"It was absolutely brilliant. You did your school proud."*

*"Just been to tonight's show and WOW! It was AMAZING. So many wonderfully talented children. It was easily London show-standard."*

*"I actually cried!"*

*"Congratulations to everyone involved."*

*"The music was outstanding."*

Well done to everyone involved in this outstanding production. To view the full programme, [click here](#).

*One of Belle's many fans.*







Thank you to Year 13 Charlie Tomlinson for the excellent photography.





# FIELD OF POPPIES

Visitors to Lymm High can't have failed to notice the striking display of poppies outside Reception.

**T**he Visual Arts & Technology department created a stunning field of poppies for this year's Remembrance Day.

Forms of all year groups assisted in donating hundreds of old plastic drink bottles to be upcycled into poppies for the display. The DT and Art Ambassadors gave up time during their lunchbreaks to spray and paint the bottle bottoms in order to transform them into poppy heads.

The display was a huge success, only possible due to the huge number of plastic bottles donated by form groups and the help offered to the Art & DT technician with the construction of the poppies themselves.





# WINNERS' BREAKFASTS

Forms across Years 7–11 were asked to get creative and re-design their formboards ready for the year ahead. The following Forms pulled out all the stops to ensure that they were the winners: 7AH, 8TL, 9WH, 10DH and 11TL.

All of the winning Forms won a breakfast morning with their Head of Year, Pastoral Manager and SLT link. Mrs Deane and Mr Dore were kind enough to prepare bacon sandwiches, croissants and fresh orange. We look forward to running more pastoral competitions across the year.

“It was lovely to see so much effort being put into this competition. We hope all the winning students enjoyed their reward”, said Miss Taylor.

*8TL enjoying their winning breakfast.*



*7AH tucking into their bacon butties.*





# REMEMBERING FALLEN SOLDIERS

Last year, students at St Wilfrid's Primary School in Grappenhall ran a project to research the life and times of a fallen WW1 soldier that attended their school.

The team of students, led by Mr Chris Bent, a local historian, decided to enter a schools' competition, which was organised by the Western Front Association. "To everyone's delight, we were announced as joint winners", writes Mr Bent. They were awarded a prize of £500 last month and are going to spend it on a permanent memorial at the primary school for the fallen soldier, Thomas Fairhurst. His story will now be embedded into the school curriculum. In addition to the prize money, six students and Mr Bent were invited to the parade at the Cenotaph in London on Friday 11th November.

A ballot was used to draw out the lucky six students, who are all now in Year 7 at Lymm High School. The lucky students were:

- Delilah Wilson
- George Roberts

- William Anderson
- Edward Nicholls
- Sophia Bernstein
- Daisy Thomas





On Remembrance Day, the group met the Marshal for the event at 10am by the Cenotaph. They were then informed of what they needed to do during the parade, including the laying of a wreath, and performed a very brief rehearsal.

Mr Bent was fulsome in his praise of the students "Yesterday was a truly remarkable experience, one that none of us will ever forget. I was so incredibly proud of the children who demonstrated how much remembering our fallen matters to them. They were so respectful throughout the day, a real credit to our school."

Later in the day they were delighted to see themselves on the BBC 6 o'clock news. "Daisy and George were our wreath layers and their faces shown on the News show such solemnity and understanding. Quite remarkable."

They then enjoyed a special invitation from Major Robbie Wilmont of the Irish Guards to Wellington Barracks, which is not open to the general public. This is the home to all the Guards Regiments and the base for when they perform their public duties. A highlight



here was stroking the horse that led the procession at the Queen's funeral.

The final element of the day was a brilliant tour of Parliament, which was thanks to an invite received from Andy Carter's Parliamentary Assistant James Parker.

"It was a truly stunning day. I have no doubt all this will have enriched the children's studies", said Mr Bent. "What an experience, one they and their families who came to down to London will remember forever."





# KEEPING YOURSELF WELL AT CHRISTMAS

You are never alone and there is always support available. Find out where and how to access support this Christmas.

**W**e know that Christmas can be a hard time for a lot of people. It may even have a negative effect on your mental health. This is normal and lots of people share this feeling – it is okay not to be okay! Therefore, we wanted to highlight how important it is to do things that take care of your mental health and well-being over the Christmas period. This might include:

- **Engaging in self-care.**  
Taking time to do things that make you happy and listen to how you are feeling. It can be hard at this time of year but make sure you make yourself a priority.
- **Set clear boundaries.**  
Be honest with people about how you feel and what you feel comfortable doing. It is okay to say no if you don't feel up to something. Do what feels best for you!
- **Have structure to your days.** It is great to have chilled days but also ensure you are getting some fresh air, are active and continuing to get up and follow your usual routine.
- **Spend time with people you love** and who make you happy. Be gentle with yourself. Try not to put too much pressure on yourself and take it one day at a time!



These activities are all positive ways to support your mental health. However, it is also important to recognise when you may need some help and support.

You are never alone, especially at Christmas. If you are struggling, please speak to an adult you trust or contact a helpline. Over Christmas you can access the following helplines and services:

- **Childline** is open 24/7 over Christmas and New Year to support you with any issues you are having. Call 08001111 or [click here](#).



- **Samaritans** are open 24/7 all year round. Call them on 116 123 or [click here](#) for more information. For some more tips and a guided breathing video visit the [Samaritans' website](#).



- **The Mix** provides mental health support for people under 25. Call 0808 808 4994 or [click here](#) for more information.



- **SHOUT** can provide support through a 1-1 text service; it is a space where you can feel listened to and access help and support. Text SHOUT to 85258 or access [their website](#) for

more information.



- **KOOTH** is a safe space for young people to speak to someone 1-1 via webchat. Their website can be used to access forums and helpful resources. Visit [www.kooth.com](http://www.kooth.com) to speak to someone or for more information.





# CHILDREN IN NEED

Even the miserable weather didn't dampen spirits for this year's Sixth Form Children in Need event.

**S**o far this term, our Sixth Form students have raised almost £2500 for charities. Following the Macmillan Coffee Morning in September and Wear it Pink in October, the annual dress-up day for Children in Need was another huge success. In total, a staggering £2031 was raised.

Fundraising for Children in Need is a highlight of Lymm High's calendar. Not only do the Sixth Formers look forward to dressing up for the day, the rest of the school students and staff enjoy seeing the range of costumes on offer. The students were unable to

perform their usual outdoor parade at breaktime due to the torrential rain, so instead they marched through the school so all students could view the amazing costumes on offer.

As well as Superheroes, Mutant Ninja Turtles, Peaky Blin-

ders and Traffic Cones, we had a shiver of sharks: not a bad choice given the wet conditions!

Staff also joined in the fun. Mr Hayes was transformed into Einstein and the rest of the Sixth Form team were







Where's Wally? In fact, some of the students saw double as Sixth Formers dressed up as Mrs Jennings, Miss Dixon and Mr Brown. These students won a prize for the funniest costume (Farrah Price, Olivia Bebbington and Shiv Maharaj). The best group costume went to the Despicable Me team. The best costume overall went to Emily Crouch as Captain Jack Sparrow.

Year 13 organiser Atticus Burnett, said: "A massive well done to all the wonderful students and staff who dressed up and helped make the day the success it was. It was amazing to see how hard everyone had worked to make their incredible costumes. We raised a whopping amount for an amazing cause, so thank you to everyone who donated and participated. In particular I would like to thank the charity team and the two fantastic deputy head students who worked tirelessly to ensure the day was a success."





# YEAR 9 MASTERCHEFS

The Food Technology department held the final of their annual 'Masterchef' competitions on Friday 2nd December. This year the competition was open to all students in Year 9.

All those who wished to take part had to submit their chosen recipe for the first round. Judges then selected the best from the proposed recipes to

go through to the next round.

For the second round, students cooked in their halls and the best chefs from each hall progressed to the final stage of the competition.

This year was a first with all finalists being female as well as all dishes being savoury! The quality of the dishes produced were truly outstanding, giving the judges a very diffi-

cult decision to make.

The winners of first place with an unbelievably technical dish of Souffle were Nicola Jones and Bria Coxon.

The Food Technology department would like to extend a huge congratulations and thank you to all Year 9 students that entered MasterChef this year. They all did a fantastic job!







# CHRISTMAS CHEER

Lymm High students have been delivering Christmas cheer to local care homes.

**Y**ear 8 'Wellbeing Champions' have been creating Christmas cards this week, which they will deliver to local care homes in our community.

On Thursday 8th December, our string group played at two care homes in Lymm.

The residents seemed to really enjoy the renditions, that included *Do they know it's Christmas* and *Frosty the Snowman*.







## U18 CHESHIRE vs YORKSHIRE

Congratulations to the Lymm High Sixth Form students who were selected to play for Cheshire RFU U18 when they faced Yorkshire U18 on Sunday 4th December 2022. They all received their U18 Cheshire ties.

- Alexander Mukherjee
- Hamish Scott-Herron
- Ben Youden-Cole

The fixture at a very cold Billingham RUFC saw Cheshire win 20-19. Other Lymm High Sixth Form students in the 32-man squad include Oscar Bode-Hey, Jacob Mungai and Will Day.

All the boys have done incredibly well on being selected to represent Cheshire as the standard of players was very high. Lymm High Sixth Form/Lymm RUFC had the most

representation, which clearly demonstrates the talent we have. The boys have had development days and training sessions in preparation for these fixtures.

The next fixture is on Sunday 18th December 2022 against Durham at Carlisle RUFC, followed by the final fixture at Lymm RUFC on Sunday 8th January 2023 where they face Lancashire. The kick off for the final fixture at Lymm is at 11am so please come and support the team if you are able.





# WARRINGTON LEAGUE

## Year 7

The U12 Boys Football team has had a great run in the Warrington League! Two wins from two games last month, and a recent win and a well fought 2-2 draw.

Fantastic attitudes on display and a great performance from our Year 7 boys!  
Well done all!



## Year 9

The Year 9 Girls Football team has also taken part in the Warrington League this season. We entered three teams with over 35 girls taking part in the two tournaments.

There has been a fantastic turnout at training for this particular year group. All teams represented the school fantastically. Lymm Team 1 didn't lose a match over both tournaments and represented Warrington in the County Level 3 School Games. Well done to all involved.

## Year 8

The Year 8 Girls have also had some great results in the Warrington League. The students represented Lymm High School in the Warrington Schools Sport Partnership League at Lymm High School. The evening was a huge success with over 100 girls participating in the football tournament.





# U14 NETBALL ON THE UP

The U14s are having a very positive netball season and have improved their position from U13s in the Cheshire round of the National Netball tournament in November. They continue to do well in the SnS U14 plate. The next match is at Oldham Hulme in January.

Huge congratulations to Ava Kinsey from the U14s who was selected for Cheshire County netball and U14 Manchester Thunder Pod.

We look forward to the rest of the season, especially the Cheshire County finals in March.



## Friday 27th January 2023



**SAVE THE DATE:**

PTA QUIZ AND FISH & CHIP SUPPER AT LYMM HIGH

## UPCOMING IMPORTANT DATES

**Friday 16th December**

Early finish at 12.15pm

**Monday 19th December**  
to

**Monday 2nd January 2023**  
Christmas Holidays

**Thursday 19th January 2023**

Year 9 Choices Evening

**Thursday 26th January 2023**

Year 11 Parents' Evening

**Friday 27th January 2023**

PTA Quiz with Fish & Chip  
Supper

**Wednesday 1st February 2023**

INSET Day

**Thursday 16th February 2023**

Year 9 Parents' Evening

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