

Winter Water Safety

The dangers of frozen waters

In winter, children and young people are particularly at risk when tempted to play on the ice formed on open water. They throw sticks and stones to try to crack the ice to test how thick it is, then become tempted to try to step on the ice – ICE can KILL.

The message is <u>KEEP OFF</u> frozen water. <u>KEEP OFF</u> ICE

Areas with frozen dams, lakes, ponds, canals, rivers and reservoirs can be beautiful places to visit during the winter months **but every year many people risk their lives by venturing onto frozen water – ICE is DANGEROUS it can kill quickly.**

Teach children and young people <u>NEVER</u> to go on ice under any circumstances.

Only use well-lit areas

Time your walks to make the most of the daylight; if you need to walk in the evening only use well-lit areas or take a route **NOT ALONGSIDE WATER**.

Keep back from the edge of water

If walking alongside water **ALWAYS** keep a good safe distance back from the edge.

NEVER go on the ice to rescue a person or dog/animal

Call the emergency services for assistance on 999. Shout to find adults to help, move to somewhere that the person / dog will be able to climb out and call them towards you. Keep calm.

NEVER attempt to go onto the ice yourself.

Keep dogs on their leads

Keep dogs on their leads when near ice and don't throw sticks or toys onto the ice.

