



**GCSE History Trip to London
8th-10th February 2023**

Why are we going?

Students study 4 topics across the GCSE course:

- ◆ **Paper 1** – Crime and Punishment including a case study of Whitechapel in the 19th century. (30%)
- ◆ **Paper 2** – The Cold War and Elizabeth I (20% + 20%)
- ◆ **Paper 3** – Weimar and Nazi Germany (30%)

Staffing

Miss F Sykes – Trip Leader / Head of History -
fsykes@lymmhigh.org.uk

Mr B Wilde – Teacher of History - First Aid Trained

Mr W Barnett – Head of Year 9 / Geography teacher

Mrs C Lambert – Year 10 Pastoral Lead – First Aid Trained

Itinerary – Wednesday 8th

07.00am	<u>Meet at school, luggage to be loaded onto the coach</u> <u>Packed lunch to be had on the journey.</u>
12.30	Approximate arrival in Richmond at The National Archives
13.00	‘Crime in Whitechapel’ at The National Archives Address: Kew, Richmond, TW9 4DU
15.00	Session ends. The group will re-join the coach and proceed into central London
16.00	Arrive in London. The group may have short time free for sightseeing at leisure before evening meal.
17.30	Confirmed evening meal at Pizza Express The Strand Trafalgar Square, 450 Strand, Charing Cross, London WC2R 0RG.
19.00	Re-join the coach and proceed to the East of London and Whitechapel area
19.30	Confirmed ‘Jack the Ripper walking tour’ Meeting point for the walk is outside the The Ibis Hotel, 5 Commercial Street. E1 6BF
21.00	Walking tour ends. Group to re-join the coach and proceed to the hotel.
22.15	Approximate arrival and check in at the Premier Inn London Wembley Park for bed and breakfast accommodation. PUPILS MUST STAY IN OWN ROOMS UNTIL 7:30am

Itinerary – Thursday 9th

07:00 / 7:30 Wake up	<p>Pupils must wake up with adequate time to shower, get dressed and be ready for breakfast for 8am.</p> <p>Students may leave rooms for breakfast from 7:30am – member of staff to be present for whole of breakfast- register pupils.</p>
08:30	All pupils <u>must be at breakfast by 8:30am</u>
09.15	Coach leaves for the Royal Courts of Justice
10.30	Legal London and Old Bailey Insight walking tour.
12:30	Walk to Tower of London- Sight seeing on the way. Lunch at Tower of London.
13.00	Arrive and check in for self-guided tour of the Tower of London – includes viewing of the Crown Jewels (pupils in groups with staff)
16.15	Walk to Hard Rock café- Sight seeing along the way.
17.30	Evening meal at Hard Rock Café Address: 150 Old Park Lane, London W1K 1QZ
19.30	Arrive at the Vaudeville Theatre, 404 Strand, London, WC2R 0NH, for the evening performance of Six the Musical
20.00	Performance starts – Grand Circle/D 14-17 (4) , Grand Circle/E 1-18 (18) , Grand Circle/F 2-18 (17)
21.15	Performance ends. Group to re-join at the coach and proceed to the hotel.
22.30	Approximate arrival to the hotel. PUPILS MUST STAY IN OWN ROOMS UNTIL 7:30am

Itinerary – Friday 10th

07:30	Wake up – get showered and ready – pupils may leave rooms from 7:30am – member of staff to be present for whole of breakfast- register pupils.
08:30	<u>All pupils to be packed and at breakfast by 8:30am at the latest</u>
09.00	Check out of hotel, load luggage onto the coach
09.30	Proceed to Imperial War Museum
10.45	Arrive at IWM – Holocaust galleries. Lunch to be purchased at the Museum.
14:00	The group will re-join the coach and commence the return journey to School
19:00	Approximate arrival back to School

* Pupils will be told to text when we are half an hour away from school.

Hotel Details

Premier Inn London Wembley Park

151 Wembley Park Drive

Wembley

Middlesex

HA9 8HQ

Tel: 0871 527 8682

- Familiarise yourselves with hotel emergency procedures / fire exits
- Make sure room door is locked
- Follow hotel rules
- Stay in your room until breakfast time
- Knock on staff rooms for help/any problems or call the trip phone.

- There will be paying guests at this hotel – respect must be shown to all guests at all times!
- 2-3 students per room
- **No swapping rooms – safety risk.**
- No boys in girls rooms and vice versa
- **No leaving room until breakfast or in the event of an emergency**
- **Answer the door to no-one!** (Staff will state name)
- Minimal time in rooms – late nights and early mornings!

Practical Information

Money and valuables

- ◇ Little to no spending money will be required. No more than £30
- ◇ No valuables! – these are the students' responsibility if they choose to bring them (JUST DON'T!)

Code of conduct

- ◇ High standards – ambassadors for Lymm High School.
- ◇ Remain seated with seatbelt fastened on all journeys – no excuse or tolerance for taking seat belts off.
- ◇ Follow staff instructions the first time of asking
- ◇ Expectations of good positive behaviour will be the same at all points on the trip.
- ◇ Crucial to be vigilant at all times and aware of people around them.
- ◇ Mobile phone use to a minimum – reserve battery for pictures and necessary phone calls/emergencies
- ◇ When walking around London and at the archives/theatre/meals phones should be securely away – we will confiscate phones where these are not used at appropriate times, being over-used or are a distraction **ENJOY THE MOMENT AND SOCIALISE!**
- ◇ Zero tolerance on smoking, vaping and drinking.
- ◇ No speakers / Bluetooth speakers to be brought on the trip – respect other hotel guests and headphones only on coach
- ◇ Poor behaviour will result in pupils being withdrawn from the trip- being collected by parents!

Packing List

- ◇ Rucksack and overnight bag only.
- ◇ Practical and appropriate clothing. We will be indoors for all of Thursday but on Wednesday we will be on a walking tour. IT WILL BE VERY COLD! Scarf, hat, gloves, warm coat.
- ◇ No crop tops / shorts – appropriateness of clothes will be checked in the mornings before leaving.
- ◇ Waterproof coat - there may be rain!
- ◇ Sturdy / Comfortable trainers
- ◇ Warm clothes, underwear and pajamas
- ◇ Toiletries – toothbrush, toothpaste, shampoo/conditioner and shower gel
- ◇ Any medications
- ◇ Phone charger
- ◇ No more than £30 needed (all meals are provided)

Safety & Well-being

- ◇ Miss Crowder and Mr Wilde are both first aid trained.

At the time of approval there is no formal Government advice against school trips but the threat level for international terrorism in the UK is currently 'Substantial'. Current general advice is to continue as planned, but:

- **Stay alert to local and national news** before and during the visit.
- **Continue to be especially vigilant** and remind students to remain vigilant and alert, reporting anything suspicious to staff – in emergencies police
- Avoid any areas which the Police state to avoid
- Consider increasing supervision ratios from normal arrangements. If, for example, groups of students are allowed to spend periods of time indirectly supervised by staff, consider removing this freedom. **1:10 ratio with one extra member of staff. Free time in Covent garden will depend on timing, pupil behaviour and crowds – London is due to be very busy.**
- **Avoid congregating longer than necessary inside entrances and foyer areas** at major public sites, eg. stations, museums, sports stadiums, concert halls, landside at airports, etc – pupils will go into the buildings and be head-counted in and out.

Safety & Well-being

- Ensure that staff are aware of the 'Run, Hide, Tell' guidance issued by the National Police Chiefs' Council.
- Brief participants as to what to do if separated from each other in the event of a security incident. This should include designating specified physical meeting points and may include contact telephone numbers for staff – but remember that mobile phones may not work in the immediate hours after an incident.
- Each member of staff will carry an attendee list with all participant details, including medical conditions and next of kin contacts.
- All participants will have a printed emergency contact card with the school's landline telephone number on it, and provide space for them to write down their own home landline number.
- Students may carry water and snacks in case of travel disruption and long delays.
- Staff to carry additional personal and group medication in case of long delays – please hand these in.
- The travel company (WST) have a 24 hour emergency contact number
 - ◆ Senior Management Team and home contacts have access to all available information (itineraries, venues, registers, letters to parents, etc.), for example, via a secure on-line educational visits management system.

Medical Information

- ◇ Medical form must be completed and up-to-date.
- ◇ Let us know of any recent illnesses and/or medication.
- ◇ Medication must be handed in before we set off to Mr Wilde/Mrs Lambert and staff must be aware of any medication on the trip
- ◇ Please make sure if you have mentioned asthma, you bring your inhaler! (even if mild!)
- ◇ **If you don't have your medication/inhaler before we set off, we will turn you away – we can't take pupils without stated medication!**
- ◇ If your can't make it on the day of the trip, please call/text the trip phone number:07712553365

& Contact School /Student Services to let them know you will not be on the trip.

Useful Contact Information

Emails:

fsykes@lymmhigh.org.uk

bwilde@lymmhigh.org.uk

wbarnett@lymmhigh.org.uk

clambert@lymmhigh.org.uk

Emergency Trip Phone: 07712553365

Premier Inn London Wembley Park: 0871 527 8682