

KS3 & 4 Extra-curricular timetable 2025 - Autumn

	LUNCH	AFTER SCHOOL
Term	Activities 1.30-2pm	Activities 3.10-4.15pm
MONDAY	Fitness Suite. KS4 and 5 (KLJ/JHM) Table Tennis, Small gym (GPO) Sports Leaders (JSL)	Girls football. Year 7, 8 and 9. 3G (RSL, MD, JSL, HST) Boys Hockey. All years. Astro (DMA) Netball matches. sportshall
TUESDAY	Basketball. All Years. Sportshall (TSC) Fitness suite. KS4 and 5 (HWA/LPI) Table tennis. Small gym (GPO)	Netball. Year 7. Sportshall (SAF) Netball. Year 9 GYM (HWA) Rugby. Seniors (LPi/ ABR) Football. Year 11, 12 and 13. 3G (JHM/GPO)
WEDNESDAY	Badminton. KS3 (GPO)	Netball. Year 10/11 Gym (KJO) Netball Year 8 Sportshall(NDI) Netball. Seniors (HWA) Rugby. Year 7. (ABR) Football. Year 9 (TDO) Year 10 (TSC)
THURSDAY	Fitness Suite. KS4 and 5 (SAF/HHA) Table Tennis/Dodgeball. All years. (GPO)	Netball. MATCHES Sportshall Girls Hockey. Astro (HHA) Rugby. year 8, 9 and 10 (LRC/GPO) Football. Year 8 (MDO) Indoor Hockey DMA
FRIDAY	Table Tennis GCSE pe only (y10/11) (JK) Badminton. KS5 (GPO) Fitness suite. KS4 and 5 (HST/NDI)	Football. Year 7. 3G (JKE/CBL) Girls football. Years 10-13. (MD/RSL)