

KS3 & 4 EXTRA-CURRICULAR TIMETABLE (SEPTEMBER 2023)

	LUNCH	AFTER SCHOOL
TERM	ACTIVITIES 1.30-2PM	ACTIVITIES 3.10-4.15PM
MONDAY	BASKETBALL SPORTSHALL KS3 (TSC) FITNESS SUITE (GPO/LP) TABLE TENNIS GYM (DM) ROWING – STUDIO (KLJ)	GIRLS FOOTBALL 3G Y7-Y9 (HST/JSL/GP/RS) BOYS HOCKEY ASTRO (ALL YEARS, DM)
TUESDAY	FITNESS SUITE (JK/SM) NETBALL YEAR 7 (HHA/NDI) DODGEBALL (GPO)	SENIOR BOYS FOOTBALL (YEARS 11,12,13) 3G – JHM/SMA GIRLS HOCKEY ASTRO (SAF) NETBALL TRAINING – 3 WEEK ROTATION Y7/Y8-9/Y10-13 (HHA/HWA/JFO) YEAR 7/8/9 RUGBY (HT/LSK/LPI/JR)
WEDNESDAY	GIRLS FITNESS SUITE (HST/LP/JSL) NETBALL YEAR 7 (NDI) TABLE TENNIS GYM (GPO)	GIRL'S HOCKEY ASTRO (KLJ)
THURSDAY	FITNESS SUITE (JHM/JK) GIRLS HOCKEY ASTRO (SAF) NETBALL YEAR 8 (HWA) SPORTS LEADERS (GYM/E1050 JSL)	YEAR 7/8/9/10 BOYS FOOTBALL 3G & GRASS (MDO/GPO/TSC/JK) YEAR 10/11/12/13 RUGBY (LPI/HT/JR) YEAR 7 AND 8 BOYS INDOOR HOCKEY GYM (DM)
FRIDAY	FITNESS SUITE (JHM/HST) GIRLS HOCKEY (SAF / KLJ) ASTRO BASKETBALL SPORTSHALL KS4 (TSC) <u>GCSE PE ONLY</u> TABLE TENNIS GYM (SM)	SENIOR GIRLS FOOTBALL 3G Y10-Y13 (MD/RS) SIXTH FORM SPORTS SPORTSHALL (GPO)