

LHS LIFE PROGRAMME OVERVIEW



Health



Relationships



Living in the wider world

Autumn 1

Autumn 2

Spring 1

Spring 2

Summer 1

Summer 2

Year 10

Developing relationships

Role of intimacy and pleasure
Scenarios surrounding consent
The impact of pornography
Pressure, persuasion and coercion

Relationship Pressures

Managing conflict in relationships
Addressing relationship abuse

Challenges of adolescence

How to manage mental health
Coping strategies

Managing Finance

Budget, savings, debt, credit rating
Financial risk taking through gambling

Relationships

Role models and peer influence
Addressing extremism and radicalisation

Global citizenship

Human rights and international law

UK Political System

Mock election
Political extremism
Voting systems

The Law

Sexual consent and the law
Knife Crime
How we punish criminals
Drugs and the Law

Health risks

Drugs and alcohol in decision making;
keeping others safe

Careers Focus

Mock interviews
CV workshops
Introduction to higher education, T Levels and A Levels
First Aid

Lymm High School Life Programme Overview

Autumn 1

Autumn 2

Spring 1

Spring 2

Summer 1

Summer 2

Year 11

Family

Family conflict
Long-term commitments
Fertility and routes to parenthood
Pregnancy outcomes

Family outcomes and the law

Family: The legal status of marriage and parenting
Pride
Personal identity and values

Personal identity and values

Pride
Assertiveness
Unwanted attention and stalking – seeking support

Exam build up

Coping and strategies to manage stress.
Motivation and resilience

Moving on

Money and Tax
Transitioning to a new life: Reflection

ABSENT

Ethics – RS focus

About medical procedures, organ and blood donation
Honour-based violence and FGM
Euthanasia
Abortion

Mental Health

Causes of stress

Transitioning to young adulthood

First Aid, Emergency and non-emergency scenarios