



LYMM
HIGH SCHOOL

FOUNDED c.1592



Poppies in bloom,
p.16

This year's
Remembrance Day
installation hovered
above the atrium.

**Land of fire and
ice,**
p.28

Year 13 students
experienced a once
-in-a-lifetime trip
to Iceland.

NEWSLETTER

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STAR STUDENTS

In this edition of Lymm High School's newsletter, we shine a spotlight on some of our outstanding young people.

Our school production this year was *High School Musical*. And once again, it sold out within days of tickets going on sale. See pages 14–15 to see photographs of some of

the talented students taking part in the show.

In this issue, we also celebrate prize-winning poets (p.4), a premier league and England-playing footballer (p.34), a

motorsport champion (p.32), and a World Cup winning fencer (p.35).

We really do have a talented bunch of students at Lymm High School!

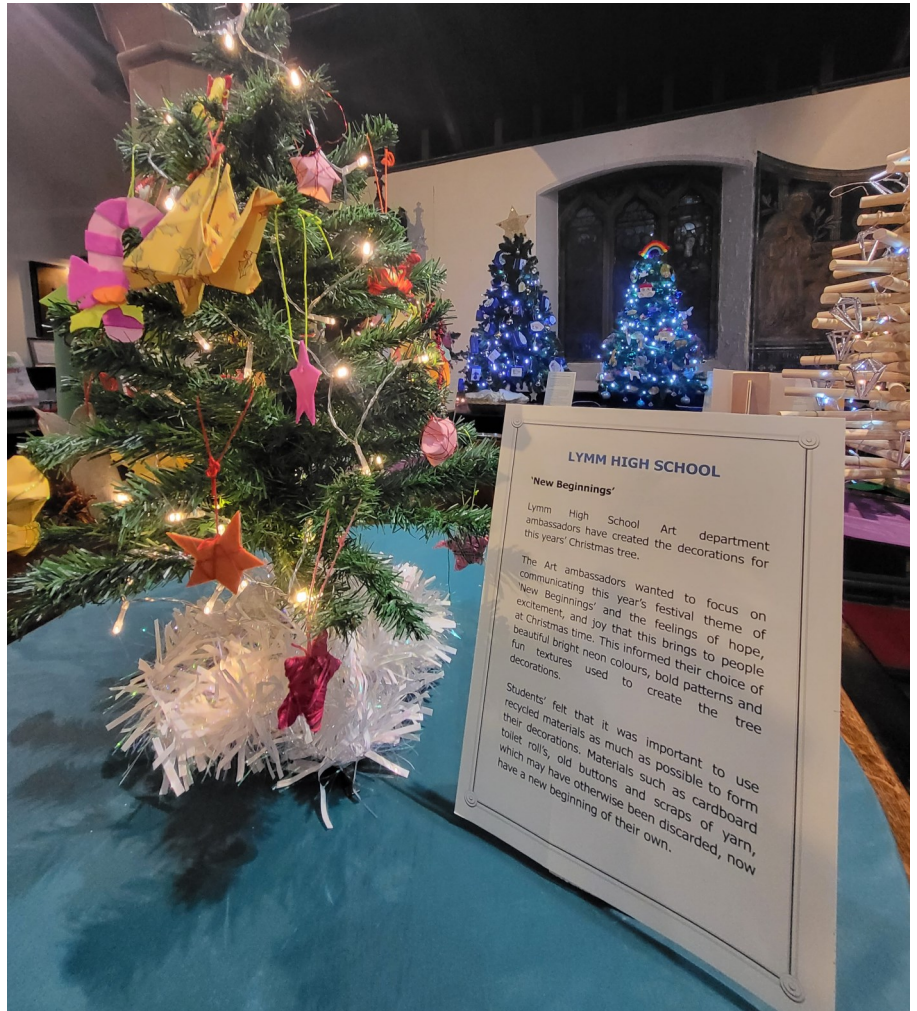
CHRISTMAS TREE FESTIVAL

St Mary's Christmas community tree festival is an annual event which the Visual Arts & Technology faculty love to be involved in.

This year the theme was 'New Beginnings'. Art department ambassadors have been busy crafting handmade decorations for this year's festival. To communicate the theme of 'New Beginnings', they focussed on the feelings of hope, excitement and joy that Christmas time brings to people. This informed their choice of beautiful bright neon colours, bold patterns and fun textures used to create the tree decorations.

The students felt that it was important to use recycled materials as much as possible to form their decorations. Materials such as cardboard toilet rolls, old buttons and scraps of yarn, which may have otherwise been discarded, now have a new beginning of their own.

I'm sure you'll agree the final decorations look stunning.



SEASON OF GOODWILL

Many thanks to everyone who contributed to our Manchester Street Angels Shoebox Appeal. A total of 75 boxes have now been delivered along with the financial donation to support the less fortunate this Christmas.

As well as providing much needed support to the homeless community, this year, some of the shoe boxes will also be going to those in need living in Ukraine.



The baubles on this stunning wreath were made by Year 6 students from Cherry Tree, Ravenbank, Oughtrington, Statham, Bradshaw, Little Bollington, St Wilfrid's and Thelwall primaries.

Our Visual Arts department used the colourful baubles to create the finished product, which is hanging above our atrium. Miss Simms and Mr Hacker thoroughly enjoyed putting the wreath together, having the chance to see the wide variety of designs that the primary students had painted onto their baubles.

"The creativity and skill shown was very impressive!", said Miss Simms.

YEAR 6 FESTIVE WREATH



PRIZE-WINNING POETRY

Two of our Ukrainian students entered a poetry translation competition called the 'Stephen Spender Prize'. They had to translate a poem from their own language into English and explain a little bit about the poem, any difficulties they had in translating the poem, and give a little bit of background to the poem/poet.

Year 9 Sofiia Kladko received a participation certificate for entering the competition.

Year 11 Taras Shalaiev received a commendation for his poem. He describes his winning work below.

Lina Kostenko is one of Ukraine's most prominent poets. Her poems often explore deep emotions and complex human experiences.



I enjoy reading Lina Kostenko's poems because they depict Ukrainian culture, language and history.

I chose a poem '*Scary words if they are silent*' for translation. In the poem Lina Kostenko shows the meaning of the word in human life and emphasis that words, like clots that absorb people's joys and pains. "One cried with them, and suffered, was in pain...." The poet's philosophical reflections on words create the image of a lyrical hero who expresses his thoughts on the problem of choosing necessary words.

I faced several difficulties translating the poem from Ukrainian into English due

to the linguistic differences between the two languages.

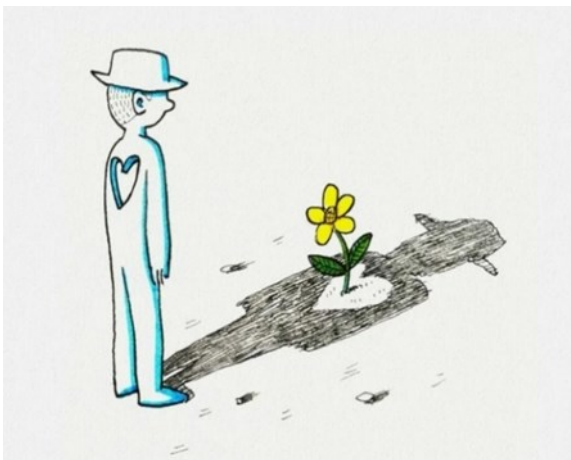
So, firstly, I had to find equivalents in English that captured the poetic essence of Kostenko's original words while still preserving the intended meaning.

Secondly, rhyme and rhythm: Ukrainian poetry often relies on rhyme schemes, meter and specific rhythmic patterns.

Translating these elements from the original poem into English while maintaining the poetic integrity of the original work was challenging for me. For example, in the original text, it sounds "Everything is repeated: both beauty and ugliness"...But the word "ugliness" isn't appropriate in

rhythmical pattern so I have changed the word into "darkness". Or for example, I was trying to find the rhyme to the word "souls", so I had to change the original "aphids" into "knolls" because it's more suitable in cross rhyming.

Certain words, phrases, or symbols in Ukrainian carry specific cultural connotations or emotional weight. I tried to find some equivalents in English without losing the original flavour of the poem. I hope I managed to capture the essence and beauty of Lina Kostenko's work in English.



Scary words if they are silent

Scary words if they are silent
when they suddenly all lurked,
when you don't know how to start them,
'cause all the words were someone's else.

One cried with them, and suffered, was in pain.
To start with them and end with them...
Billions of people and words remain,
but you have to pronounce them first!

Everything is repeated: beauty and darkness.
Everything was there: asphalt and knolls.
Poetry is always as a unique loveliness,
some immortal touch to the souls.

(Translated by Taras Shalaiev)

PINK FOR PEACE

On Tuesday 7th November, we showed our support for the wear 'Pink for peace' campaign in memory of Brianna Ghey and to raise money to go towards the mindfulness in schools project.

In total with the sale of pink wristbands and students wearing pink we raised £142.14.

Our Wellbeing Champions did a fantastic job on the day and shared lots of mindfulness resources as well as signposting information at break time with other students. They also created a poster with the help of Miss Simms, showcasing some positive messages and sharing the pink for peace message. It was a great day and we raised lots of money for a great cause!



CHAMPIONS OF CHESS

The popularity of Lymm High's Chess Club continues to increase. To celebrate the Club's new chess boards, a tournament for both staff and students was organised by Mr Soykir. He tells us all about it here.



There were brave students and enthusiastic teachers in this showdown. Among the participants, there were both young and experienced players.

The Main school hall transformed into a vibrant arena where minds clashed in the timeless dance of pawns and kings. As we navigated the chess board we also navigated the realms of friendship and shared passion.

The tournament at first exuded a spirit that whispered promises of a tradition in the making. This is the beginning of an annual ritual, a chess tradition, becoming a part of our school's identity. As the games unfolded I couldn't help but wonder who would emerge victorious.

The tournament more than just a strategic battle embodies the ethos of our school's commitment to intellectual pursuit and community engagement. In the grand scheme of our

school's story, this chess tournament stands out as a beautiful chapter, a testament to the power of an ancient game to create connections, build bridges and foster a sense of community.

This winter when the world outside may seem cold and indifferent Lymm High School came alive with the warmth of intellectual engagement and the joyous spirit of chess with our new chess boards.

The tournament like a well-played move brought us together transcending the ordinary and infusing our school days with the magic of

strategic thinking.

The tournament continues during the last week of term when we will announce the king of strategy!



It's Christmas Time!





A Parent's Guide to Social Media



A Parent's Guide to Sharing Pictures



A Parent's Guide to Gaming



A Parent's Guide to Online Grooming



scan the QR code with your phone's camera to see the guides on our website



A Parent's Guide to Live Streaming



A Parent's Guide to Online Influencers



A Parent's Guide to Fake News



A Parent's Guide to Privacy Settings

It's always best to be prepared

Many parents may be planning to give electronic gadgets to their children this festive period. Our guide is designed to help parents take a realistic approach to help keep their children safe when using the internet, social media and playing online games.

Scan the QR code to find out more.

CONSTRUCTION SIMULATOR

We were delighted to welcome the construction simulator into school this week. Students had the opportunity to drive a vehicle of their choice and there were plenty to choose from including diggers and bulldozers. Students were certainly keen to get stuck in!

We're running an inter-hall competition at lunch times this week. Students can compete to get the highest score, and there are hall points and prizes up for grabs.



KNITTING AND STITCHING

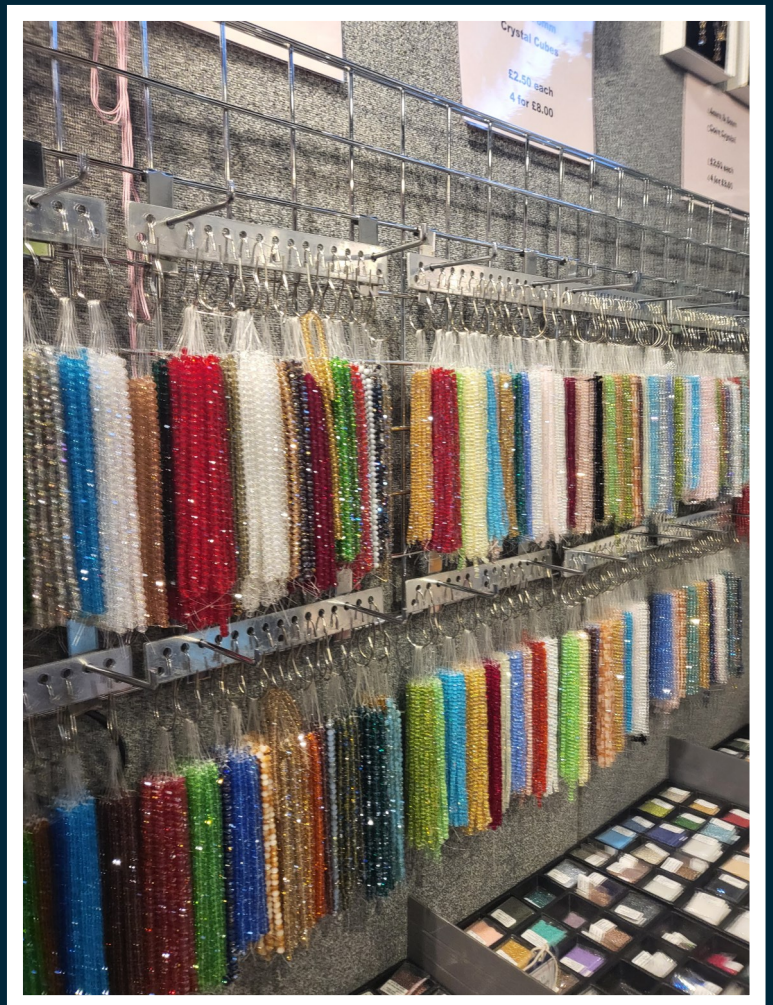
On Friday 17th November, a large group of GCSE and BTEC level fashion and textiles students spent the day exploring the Knitting and Stitching Show in Harrogate.

The Knitting and Stitching Show is one of the leading textile exhibitions in the UK. The show offers plenty of inspiration, workshops and even shopping opportunities.

Students had the opportunity to view a wide range of work by practicing textile artists and graduates from various universities across the country. Students challenged

themselves, interviewing as many exhibitors as they could to find out more about their work, inspirations and their journey into textiles.

The trip was a great chance for students to gather primary research for their coursework projects, and showcases the wide range of different pathways available within Fashion and Textiles.







CAREERS EDUCATION

At the end of each term we will share with you a brief overview of what students have been learning in career sessions so you can support your child.

Each fortnight, students have a dedicated careers session during Form time.

Year 7 and Year 8

This term students have been introduced to our Unifrog platform. They have considered their strengths and weaknesses, explored possibilities of various careers, and had an introduction to 'What is the labour market.'

Students have also begun us-

ing Unifrog to search careers, as well as considering the difference between a career and a job.

Year 9

Much of the careers education this term has centred around the decisions Year 9 students will make next term.

Students have also been reminded about the Unifrog platform and the valuable resources this holds, includ-

ing the variety of quizzes to enable students to identify their strengths and weaknesses.

Alongside preparing for the 'Take your child to work day', which seemed popular amongst students and parents (see p.18), Year 9 have also considered our local labour market, considered wage slips, and looked at health and safety in the workplace.

Year 9 also met a number of different employers this term in our 'Insight to work' carousel. Students loved hearing about such a variety of industries, we are very grateful to the number of parents who gave up their valuable time to do this, thank you!

To finish the term, Year 9 will have an assembly from UTC Warrington to outline the opportunities available.

Year 10 and Year 11

Year 10 and Year 11 students started the year by reconnecting with the Unifrog platform and preparing to attend the Careers Fair held at Warrington Youth Zone in October. Students have also revisited the labour market, considering the opportunities available in our local area.

Students have also considered what is a career and reflected on their own career journey.

Year 11 students have also considered their Post-16 choices, attended our very own Sixth Form Open Evening, and should have now completed their Post-16

Intentions on Unifrog. To finish the term, Year 11 will have an assembly from UTC Warrington and also a lunch time drop-in session from Trafford College.

For those students who have had an appointment with our careers advisor, please remind your child the details of this meeting can be seen on their Unifrog profile under interactions. Please do have a look at this with them.

Key Stage 5

Year 12 and Year 13 students have their careers education delivered through the 'Futures Friday' programme and through signposting on our bulletin *The Sixth*. [Click here](#) to view past issues. For those students who have had

an appointment with our careers advisor, please remind your child the details of this meeting can be seen on their Unifrog profile under interactions. Please do have a look at this with them.

Year 12 have considered the following topics this term: how to be aspirational, an introduction into employment, and part-time work. Students have been on a number of visits including to Liverpool University and the Safe Drive Stay Alive event where they heard first hand about a variety of jobs in the public sector.

A number of students took part in our visit to Parliament and a Criminology day. We have also had an external speaker on the topic of International volunteering.



SCHOOL NEWS

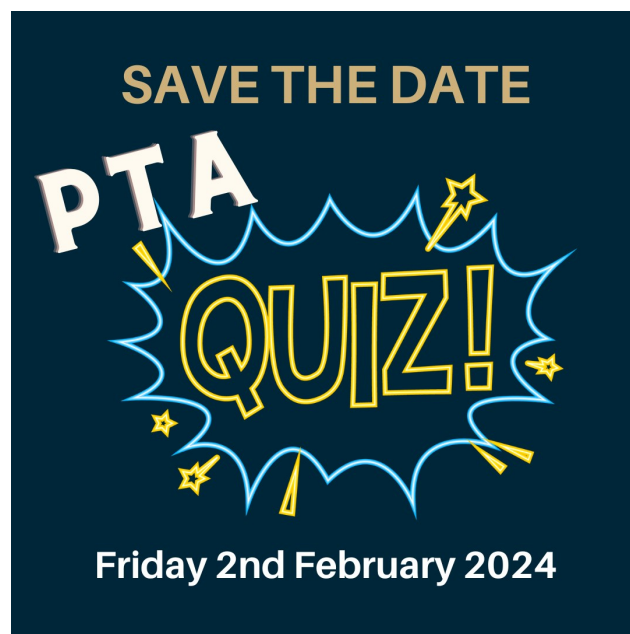
Year 13 students have spent much of this term focussing on completing their applications to UCAS and apprenticeships. We are delighted so many of them are already receiving offers and invitations to interview.

Students have looked at CVs, attended a mock interview, and prepared for attending a mock assessment centre. We have had a number of external speakers including Gap Year options from Yipiyap and International volunteering. An ex-student also visited to discuss their experiences of an apprenticeship.

A reminder to all parents that our [Careers website](#) has a wealth of information, advice and guidance to support your child in making decisions about their future. This includes:

- [labour market information](#), which is regularly updated with opportunities.

- [Unifrog](#), which includes a reminder of how to access this.
- [Careers Events](#), which includes details of all the events that have been held during the school year.
- [Careers Calendar](#)



INTER-HALL UPDATES

Well done to Anthony Nicolaou for winning the Inter-hall pound rolling competition.

This week, we are running an Inter-hall competition using the construction simulator (see p.7).

There is lots happening next week for students to get involved in. Monday is staff karaoke at lunchtime in the Main Hall. Tuesday is our Christmas singalong party. Students can buy tickets for both events from the school shop for £1.

We sadly say goodbye to Mr Skilbeck at the end of this term. He is off to be a Head of Year at another school. We will certainly miss him and wish him all the best for the future!



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Supporters must be 18 years of age or older. Enter by 23/12/2023.

GambleAware





For Lymm High's first upper school musical, students and staff worked extremely hard to deliver Disney's *High School Musical*.

The production ran from Tuesday 21st to Friday 24th November.

"Our students have excelled themselves again", said Mrs Richards. As well as confidently appearing on stage, they were also leading the backstage running of the show. "You're a talented bunch of young people", she said. "It has been wonderful watching you all flourish during the process of creating this production."

Despite the corny nature of the show, *High School Musical* does have a very positive and relevant message about being brave enough to stand up for who you are and to fulfil your own dreams and aspirations. It also has a very catchy score, great choreography and lots of basketballs!

Billy Clarke, who plays Ryan, said: "I love the sense of community that you gain from this musical. I want to say a huge thank you to the teachers, it's been another incredible production to be a part of".

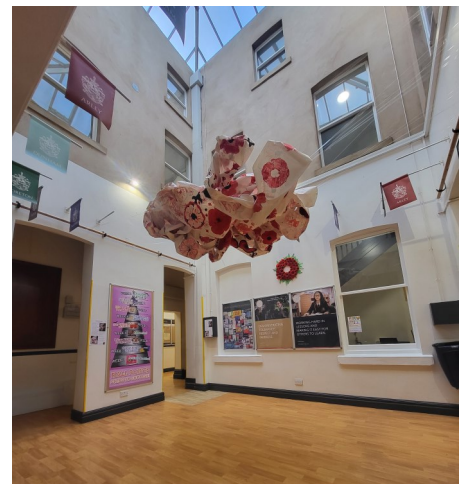
All the hard work and effort paid off. The audiences certainly enjoyed watching the performances. Very well done to all staff and students involved. To view the full programme, [click here](#).

Coming soon...Lower School Musical. Watch this space!





Thank you to Year 12 Martha Barry for the excellent photography.



BLOOM OF POPPIES

The Visual Arts & Technology faculty have taken over the ceiling space of the atrium for this year's Remembrance Day installation.

Taking inspiration from local artist Tony Green and his current exhibition '[Scribble](#)' (currently on show at Warrington Museum), decorated lengths of paper have been suspended within the atrium space.

The paper has been scrunched together, folded, and pleated to create this hovering

'bloom' of poppies. The form symbolises the idea of the community coming together to honour and remember those who served within the Armed Forces and their sacrifices.

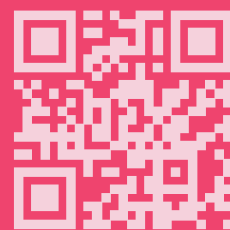
Students across all year groups contributed to the installation by drawing, painting or printing their very own poppy

during the days leading up to the 11th November.

"They worked extremely hard during break and lunchtimes to fill the reams of paper with poppies", said Miss Simms.

The phrase 'Lest we forget' was also written on the reams of paper using a wide range of materials and techniques.

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YEAR 9 AT WORK

To support Lymm High's Careers Education (see p.10), Year 9 had the opportunity to experience the world of work at school and with friends and family.

The aim of the experience was to inspire students' exploration of different careers, expand their networks and open their eyes to the exciting opportunities available to them. The Gatsby Foundation 'Good Career Guidance' Report states that good career guidance is critical if young people are to raise their aspirations and capitalise on the opportunities available to them.

Gatsby Benchmark 5 states, *'Every pupil should have multiple opportunities to learn from employers about work, employment and the skills that are valued in the workplace. This can be through a range of enrichment activities including visiting speakers, mentoring and enterprise schemes.'*

The aim of our 'Take your child to work day' was to provide students with the opportunity to engage with employers in a meaningful way and experience the world of work first hand.

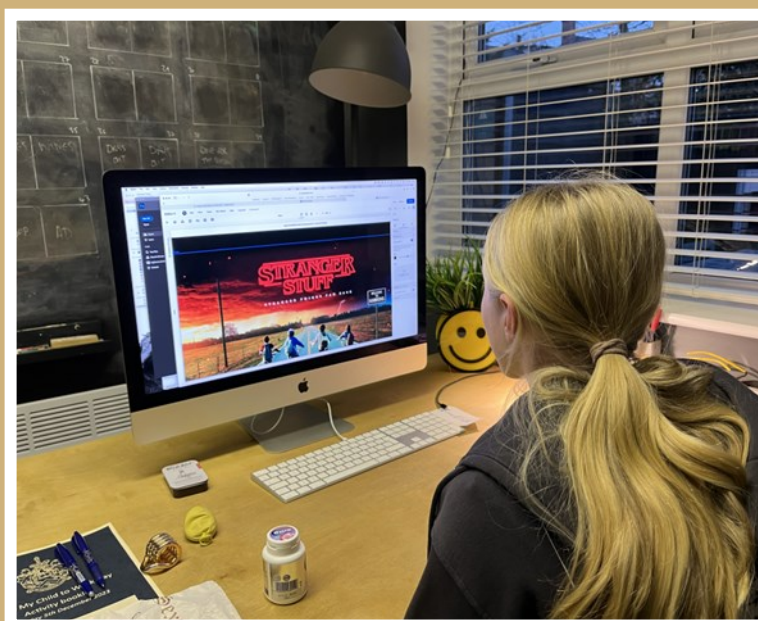
During their placement, students were asked to complete a booklet containing a number of activities. These included finding out what the business does, how many people the company employs, what happens if someone has an accident at work, what the perks are for working for that company, and the skills and qualifications needed. Students were also given the opportunity to 'quiz the boss'.

Students who remained in school also benefitted from workshops and talks from a range of em-

Isabelle Hesford went to work with Dad at **CH Creative Limited**.

Izzy was tasked with designing a fan-base website for *Stranger Things* using Editor-X (a Wix-based WYSIWYG web builder), which is reasonably complicated to grasp. "She absolutely smashed it and amazed Dad and his business partner with what she achieved, as well as her overall enthusiasm!"

You can [click here](#) to see Izzy's Stranger Stuff website.



players, including:

- **Navy Submarines** – delivered an assembly on life in the Navy.
- **Adobe** – delivered a graphic design workshop.
- **Jacobs Engineering** – set a group task to build a tower out of paper cups and skewers.
- **Liverpool Institute of Performing Arts** – delivered a drama workshop.
- **Fire Service** – talked to pupils about working in the fire service and showed them uniforms, equipment and replicated how it feels to find your way through a smoky room (with blindfolds on).
- **CB3 Architects** – set pupils a challenge of designing a strong bridge. They used spaghetti and tape to create models of their designs.
- **RAF** – delivered a talk on all the roles and apprenticeships in the RAF.

All of these activities helped to make the day as meaningful as possible and gave Year 9 a worthwhile insight into the world of work.



Whether the students went to an external workplace or stayed in school, they all:

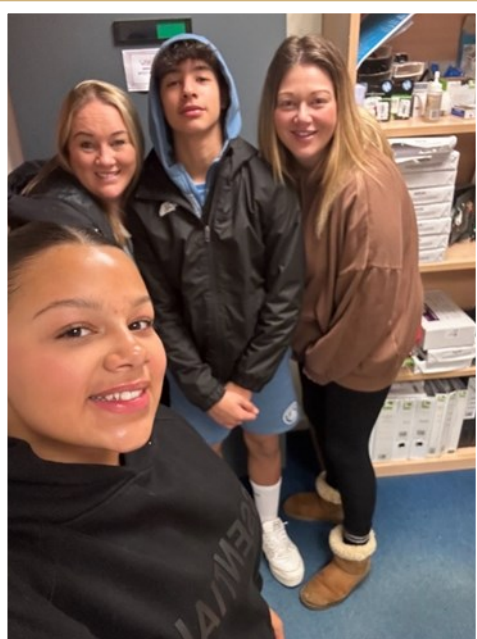
- gained an insight into the skills required for a particular job
- increased their awareness of their own skills and strengths
- increased their motivation to do well in school
- gained useful experience for their CV
- appreciated the skills needed to succeed in a job.

James Mayne accompanied his Mum to **McDonald's**. His Mum owns and operates two McDonald's franchises. They went to McDonald's head office in London as one of the managers was graduating from a course on 'Empowering the Female Leader in Me'. James got to see how important people are to the success of the business and they discussed important leadership principles like Empowerment, Imposter syndrome, having a Growth Mindset, as well the importance of Continuous Development.



James got to meet Alistair Macrow the CEO of UK McDonald's and had a full tour of the head office site. "We talked in-depth about each department including Marketing, Finance, Technology, People, Insights and Operations."

Mum loved spending the day with James: he asked insightful questions and it has really helped him see there are many career opportunities available to him.



Lucas Alvarado and Sienna Taylor accompanied Lucas's Mum and Sienna's Auntie to **Rainbow International**.

Rainbow International work alongside customers who have had fires, floods, water damage etc. Lucas spent time with the administrator answering calls, booking jobs and updating the work board. Sienna was sat with the Manager and printed PAT tests off after the technicians had been out to the job and added them to the customer files (they took hours). They then worked through all the emails to book staff holidays.

"Both Lucas and Sienna enjoyed the variety that the day brought and learnt that no two jobs are the same", said Lucas's Mum.

Lucas told us he enjoyed understanding how to book jobs at work. He said the worst thing were the calls every minute! He was surprised at how busy they are in a day, and he learned that working can drain you!

Sienna told us, "I enjoyed my work experience day because I got to find out what the commitment you have to have to be in a working environment. I also got to do jobs on the computer in the office and I learnt different things. Also I enjoyed getting to know what work is like and you have to be very calm with it."

Ben Matthews accompanied his Mum to **Clare & Illingworth Opticians**.

The best part of Ben's work day was talking to people; he said there wasn't a worst part! He was surprised at how hard his Mum worked and said that he learned new communicating skills.



Áine McAfee went to work with her father, Dr Sean McAfee, who is a Consultant Anaesthetist at the **Wrightington, Wigan & Leigh Teaching Hospitals NHS Foundation Trust**. She was unable to go to the operating theatres but went to the Education centre where there are training aids including a high-fidelity simulation mannikin and an anaesthetic machine. She was able to learn about the role of an Anaesthetist in looking after patients during surgery and in resuscitation of critically unwell patients. She got to insert an Intravenous cannula into a training arm and perform laryngoscopy and tracheal intubation on the mannikin. She also learned how to assess a collapsed and unresponsive person, recognise cardiac arrest and commence Cardiopulmonary Resuscitation (CPR). Dad said, "I think Áine really enjoyed getting to do some practical skills and learning what the job is about. I think she feels my job is more interesting than she previously thought! She is considering a career in veterinary medicine where the vet will have to perform the roles of multiple specialist doctors including anaesthesia and surgery."

Judah Anthony accompanied his Dad to **Tyrepress / WhatTyre.com** who publish magazines and websites about tyres and wheels. Judah spent the day learning about what the company does, researching possible news items, and writing a text box full of facts to accompany an article about the Tesla Cybertruck.

Dad said, "It was great seeing Judah use his initiative and Judah had a full insight into what it takes to work for a full day!".

WhatTyre 

Grace Murry went to work with Mum at **Myerson Solicitors** in Altrincham, an acclaimed law firm that provides commercial and private client legal advisory services to businesses and individuals nationwide.

Grace spent time with the admin department creating planners and binding documents for the conveyancing team. She also spent time in the Commercial Department (Mum's team!) where she was able to see how they take client instructions and use these to amend and draft documents. Grace learnt how they use different technologies to plan and manage tasks, create colour-coded mark-up documents and log time spent on files and matters for billing.

Mum said, "Grace particularly enjoyed spending time with our Apprentice Jess who has just started her second year as a Solicitor Apprentice at Myerson. She learnt what the apprenticeship scheme involves and how we support students through their 6 years of study and training at the firm to become fully qualified lawyers. Grace also enjoyed going out to lunch and seeing the various teams' Christmas decorations (or lack of decorations in some teams!).



Harry Daintith accompanied his Uncle at **Fresenius Kabi**: a global healthcare company that specialises in lifesaving medicines and technologies for infusion, transfusion and clinical nutrition.

Harry spent the day with his Uncle in the Technical Services department in their modern and dedicated Repair Centre. He worked on an Amika Enteral Feeding Pump supported by an Engineer who stripped the pump down and replace any planned preventative

parts and completed a service via the dedicated device software. He also worked on a Rythmic PN+ IV pump used for infusing nutrition intravenously where he followed the process of how to change a maintenance kit and take it through a service. Harry also worked on a Agilia SP MC Wifi Syringe Driver used to infuse drugs intravenously where he followed the process to replace the battery and complete a full service via dedicated device software. Harry enjoyed the practical side of the day working on different equipment for different therapies.

Sofiia Kladko went to work with her Dad at **Saica Paper**.

“Today was a lovely day with my father on Saica Paper. Thank you so much for doing days like this for Year 9.”



“I had a chance to do lots of photos, especially with the Director of Saica Paper Manchester and get a souvenir from the factory”, said Sofiia.

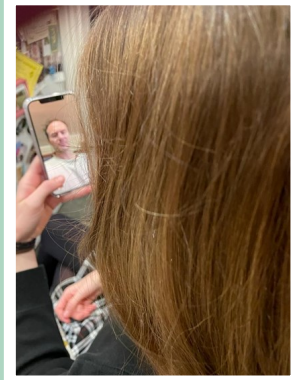


Harry Sands went to **Calisen Group** with his Dad. The main focus of the business is provision of smart meters and Electric Vehicle charge points. Harry’s Dad works in the finance team, so Harry learnt about the banking platforms they have, how to transfer funds, and the controls in place to ensure security.

He also attended the monthly finance meeting where the financial performance was reviewed against forecast and any variances explained. Dad said, “I’m not sure it convinced him to become an accountant!”.



Ella Walker worked at home with Mum on **Project Amplify/UK Safety Store**. In the evening, she had a FaceTime call with Dad who is currently in New Zealand.



Ella helped with admin roles and looked at how the company creates, designs and markets websites. They looked at IT systems for client management and merchant services and they discussed design and production. Mum thinks that Ella would probably say lunch was the highlight of the day – as they had a business lunch at Warrington market! Ella confirmed this was true and said she had learnt that she doesn’t want to do this job in the future and wants to have a more active role.

Isabelle Sharp went to work with her father Dr Andrew Sharp in the **Harris Research Centre** at the University of Liverpool based at **Liverpool Women's Hospital**.

She spent the day with the [Children Growing Up in Liverpool \(C-GULL\) birth cohort study](#). This study looks to recruit women in their first pregnancy and follow them up into their later lives and the lives of their children. In this way we should be able to understand better the personal, societal and environmental factors that influence child and adult health.



Isabelle spent her day with the call centre and lab teams and saw a woman being recruited to the study by the research midwives. Dad said, "I think Isabelle enjoyed being out of the school setting to see what real work looks like especially the lab parts, which I think suited her quite well. For me it was a great opportunity to show my daughter some of the things I work on and introduce her to the excellent team I work with. Also, hopefully, she was enthused about working in a scientific/medical environment for the betterment of women, their children and society."



Our Wellbeing Champions have been busy creating Christmas cards this week. They were so excited to do these and spread joy around the local community by sending them out to some care homes in the area.

Well done to our wonderful Wellbeing Champions for some great work!



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to feel
ANXIOUS?

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**NOBODY
is
NORMAL**



KEEPING YOURSELF WELL AT CHRISTMAS

You are never alone and there is always support available. Find out where and how to access support over the festive period.

We know that Christmas can be a hard time for a lot of people. It may even have a negative effect on your mental health. This is normal and lots of people share this feeling – it is okay not to be okay! Therefore, we wanted to highlight how important it is to do things that take care of your mental health and well-being over the Christmas period. This might include:

- **Engaging in self-care.**
Taking time to do things that make you happy and listen to how you are feeling. It can be hard at this time of year but make sure you make yourself a priority.
- **Set clear boundaries.**
Be honest with people about how you feel and what you feel comfortable doing. It is okay to say no if you don't feel up to something. Do what feels best for you!
- **Have structure to your days.** It is great to have chilled days but also ensure you are getting some fresh air, are active and continuing to get up and follow your usual routine.
- **Spend time with people you love** and who make you happy. Be gentle with yourself. Try not to put too much pressure on yourself and take it one day at a time!

These activities are all positive ways to support your mental health. However, it is also important to recognise when you may need some help and support. You are never alone, especially at Christmas. If you are struggling, please speak to an adult you trust or contact a helpline. Over Christmas you can access the following help-lines and services:

- **Childline** is open 24/7 over Christmas and New Year to support you with any issues. Call 08001111 or [click here](#).
- **Samaritans** are open 24/7 all year round. Call them on 116 123 or [click here](#). For some more tips and a guided breathing video visit the [Samaritans' website](#).
- **The Mix** provides mental health support for people under 25. Call 0808 808 4994 or [click here](#) for more information.
- **SHOUT** can provide support through a 1-1 text service; it is a space where you can feel listened to and access help and support. Text SHOUT to 85258 or access [their website](#) for more information.
- **KOOTH** is a safe space for young people to speak to someone 1-1 via webchat. Their website can be used to access forums and helpful resources. Visit www.kooth.com to speak to someone or for more information.



INCREIBLE ICELAND

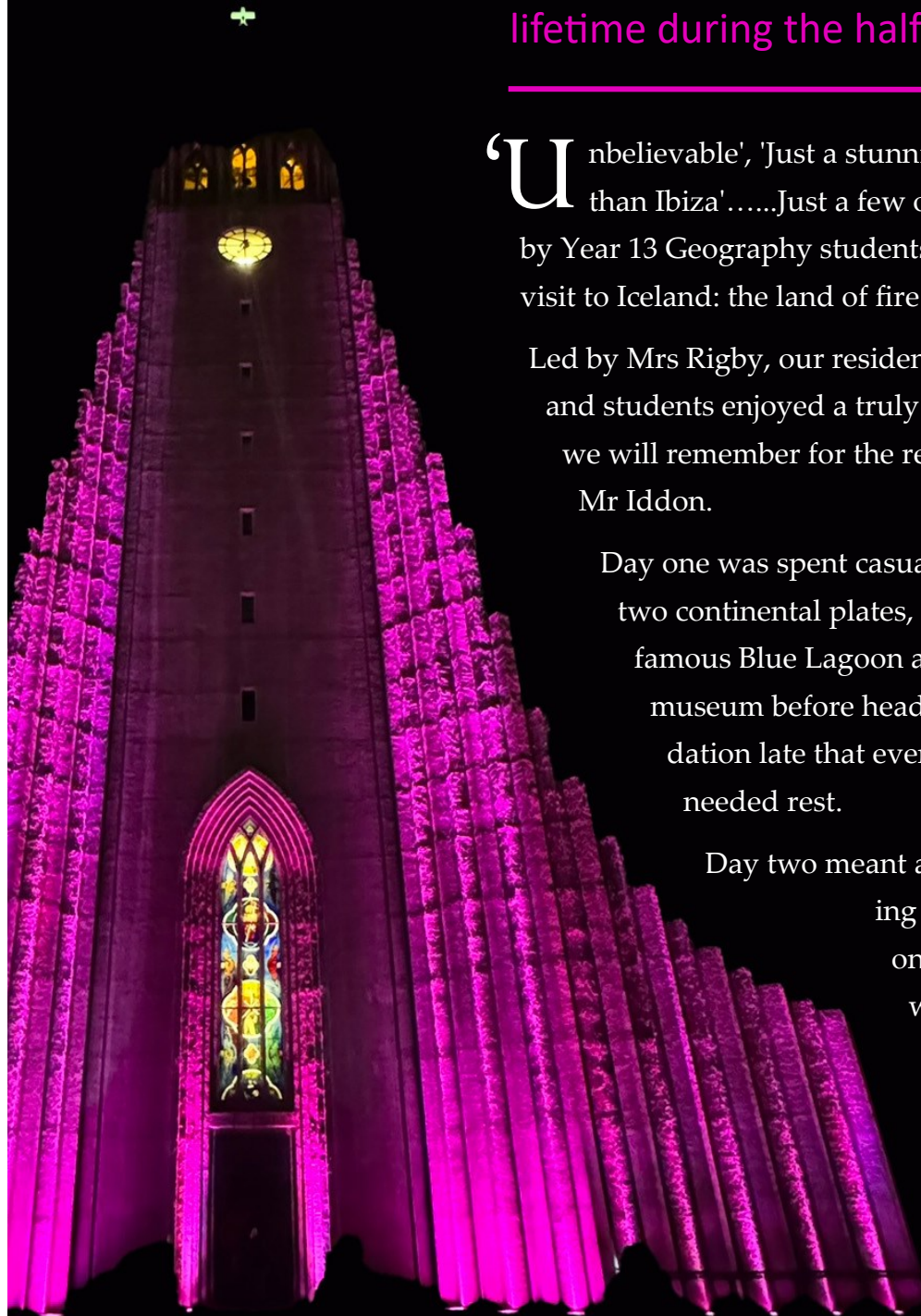
Year 13 students enjoyed a trip of a lifetime during the half-term break.

‘U nbelievable', 'Just a stunning place', 'Even better than Ibiza'.....Just a few of the comments made by Year 13 Geography students following their recent visit to Iceland: the land of fire and ice.

Led by Mrs Rigby, our resident Icelandic expert, staff and students enjoyed a truly extraordinary trip that we will remember for the rest of our lives, writes Mr Iddon.

Day one was spent casually walking between two continental plates, swimming in the famous Blue Lagoon and visiting the Perlan museum before heading to our accommodation late that evening for a much needed rest.

Day two meant an early start and heading out and up for a trek on a glacier – but there was time for a quick photo opportunity next to a dormant volcano en route.



The trip back to our accommodation included visits to two amazing waterfalls, one of which we were able to walk behind and experience first hand the deafening raw power of the water.

It is too difficult to pick one particular highlight but later that evening we were treated to one of Mother Nature's

true wonders: the Aurora Borealis. The northern lights that Mrs Rigby had ordered turned up as promised to make for an unforgettable experience and the ultimate Instagram photograph for our students!!!

Any tired heads on our final day were quickly blown away with a visit up and

around a volcanic crater, a meeting with a geyser, and a scary encounter with a volcanic beach and some very angry looking waves.

It was truly, an amazing experience and one that will live with us all well into the future. Thank you, Mrs Rigby; we are all extremely grateful.





LEARNING FROM THE BEST

Lymm High School were extremely privileged to welcome England International Manu Tuilagi into school to talk to our Rugby teams.

He arrived in school after his successful trip with the England national team at the World Cup and, despite having a broken hand and a 1-week-old baby, he was very generous with his time.

We hosted a Q&A session which was so insightful and a powerful reminder of what it takes to make it at the international level.

Manu's key messages were centred around family and dedication. He just wanted to be like his big brothers and play Rugby, nothing else

mattered to him. When he was presented with an opportunity he just grabbed it with both hands. Scoring a try at the England schoolboy finals at Twickenham was his first test on a big stage and from there he just kept improving and working harder than anyone else.

Manu is now considered one of the best in the game and may just be the nicest person in the sport!

The students then got to take pictures with him on what was a memorable day for everyone!



UPCOMING IMPORTANT DATES

Thursday 21st

December

Early finish at
12.15pm

Friday 22nd

December

to

Wednesday 3rd

January 2024

Christmas Holidays

Thursday 4th

January

INSET Day

Friday 5th January

School back

Thursday 18th

January

Year 9 Choices

Evening

Thursday 25th

January

Year 11 Parents'

Evening

Friday 2nd February

PTA Quiz

Thursday 8th

February

Year 8 Parents'

Evening



DRIVING FOR

Max Davies started his motorsport journey back in January 2022 visiting his local karting track at Teamsport in Warrington where he won numerous local events and competed in the British Indoor Karting Championship.

At the start of last year, the Year 11 student decided to take his first major step into competitive motorsport and apply for a National Outdoor Championship called Club100.

Club 100 select 120 drivers from the UK each year to compete in their championship. Max was chosen from thousands of applicants to race in all eight rounds of their 2023 season.

Throughout the season Max has competed against some of the most talented drivers in the country, competing at race tracks all across the UK.

Being accepted into Club100 was Max's first major achievement, only 12 months after beginning his karting journey it provided him with the ultimate platform to progress within the sport.

In his Rookie season he is currently placed 17th in the UK and the top three in the Rookie driver standings.

In the 2023 season, Max also entered the Total Karting Zero Northern Championship – A fully electric karting championship ran by Rob Smedley, ex F1 Ferrari Race Engineer. Max was placed in 2nd in the overall championship after five rounds and earnt a podium finish in four of the five rounds.

In November 2023, Max realised his biggest achievement to date and was selected to take part in one of most renowned owner driver karting championships in the UK called Super One. This is a championship where Lewis Hamilton, Llando Norris, Alex Albon, George Russell, Zhou Guanyu, and Jenson Button all raced before starting their F1 careers.

In addition, Max has also been selected by a race team to join them throughout the 2024 sea-

son where they will support his development and provide race day engineering support during each round. This is by far his biggest opportunity to date and he can't wait for the season opener in April 2024.

This year Max was fortunate to receive sponsorship from a business in Wales who have supported him through 2023. He is now seeking sponsorship for 2024 and looking for local businesses to become a part of his motorsport journey.

“I have progressed so much and look forward to what the future holds for me in 2024.”



ENGLAND CALLING

Lucas Alvarado has been playing football as a goal keeper for Manchester City since he was 5 years old.

The Year 9 student currently trains with the Premier League club three times a week, with one day being game day, and is becoming adept at juggling his schoolwork with training commitments.

Lucas had his first tour with Manchester City to Germany when he was just 6 years old. Since then, he has been on 36 international tours. The most recent being Munich with the



U15 team, and Shanghai with the U16 squad this past summer.



During the summer, Lucas also received his first call-up for England, and went to England Goalkeeper camp for 5 days.

The next milestone will be training hard towards hopefully getting his full cap in March.

Exciting times ahead, Lucas. Well done!



EN GARDE!

Congratulations to Remi Tavernier who recently competed in the Fencing Junior World Cup.

The competition was held in Tbilisi, Georgia, on Saturday 18th November. Remi was selected as part of the U20 Team GB sent to the first event of the World Cup series of the season.

He had very close fights in the preliminary poules and successfully managed to make the cut to the direct elimination part of the competition. After a good first round, where he beat the fencer ranking 25th in the world, he met the 3rd seed and gave him (and his coach) a fantastic challenge, being only two hits from knocking him out.

Since being back and resuming training and school work, Year 13 Remi has found out he is also selected for the next World Cup event, which will take place in Athens on

the 16th and 17th December.

A fantastic achievement. Well done Remi!





Lymm dominated, not only in talent, but in numbers too, at the Neville Jones cross country at Walton Gardens.

We had some huge successes from a series of three races:

- **Year 7 girls were Series winners**
Leah Poole, 2nd; Imogen Roberts, 3rd.
Lymm won the team event
- **Year 7 boys**
After three races Eddie Walker, 2nd
- **Year 8/9 girls**
After three races Lymm won the team event

Evie May Williams, 1st individual athlete
Ellie-Grace Stuart, 2nd

- **Year 8/9 boys**
After three races Ben Shaw came 3rd

Sadly, Lymm didn't manage to have three athletes from each age group across the three races. If they had, we may have won everything! Hopefully next year more students can be encouraged to take part. Thank you to Mr Scott and Mr Sweeny for supporting the students.



CHASING THE CUP!

Our Year 7 girls football team won their latest match against Archbishop Blanch school (Liverpool) 2–1 in round 4 of the National Cup.

The Year 7 girls and boys football teams are in the last 32 schools in this national competition.

“This is a fantastic achievement”, said Miss Steele. “Well done to all involved!”



TELL US!

Be socially responsible and **TELL US** if you see people behaving inappropriately on the school bus.

TRUST US, DON'T KEEP IT TO YOURSELF - TELL US!

BOOM!



NEW FOOTBALL KITS

At the start of the school year we set about trying to raise funds so our footballing stars had a shirt to play in.

We received a fantastic response and very quickly we were able to order something special for four teams. A huge thank you to Scottsdale Golf and DNH Travel, their support has made a lot of our students very happy!



TUESDAY 19TH DECEMBER 2023
WEAR SOMETHING CHRISTMASSY
 Donation to your Form Tutor for Save The Children

