

Easy steps to become a reader...



1. **Get to the Library!** (Use our ILC or your free school log in to the SORA app if you prefer to read on an e-reader – Kindle – or tablet). Use www.Lovereading4kids.co.uk for inspiration if you don't know what to read



2. **Give it 2 chapters...** if it's not for you, try something else!



3. **Set a timer:** Whether you want to read for 10 minutes or 30 minutes, it will stop you getting distracted and allow you to fully immerse yourself.



4. **Put your phone out of the way,** so you're not distracted by social media



5. **Remember all reading is valuable** – news articles, factual books, magazines, autobiographies, interviews. Use an e-reader or a tablet if you prefer this technology.

How can I help my child become a reader? Key advice for parents:

- ✓ **Turn on the subtitles at home** – your child will read thousands more words a day, while watching TV or streaming services (without even realising it!)
- ✓ **Incentivise reading**– start small and achievable. E.g. 3x 10 minute sessions a week is better than nothing at all. Reward and praise for reading.
- ✓ **Use timers to keep them focused and place phones in another room**
- ✓ **Track the habit and encourage them to keep it up.** Make it part of the daily or weekly routine.
- ✓ **Promote 'Technology off' time** – Encourage your child to have the final hour of the day technology free, and use reading to wind down. *"You don't need to go to sleep yet as long as you're reading..."*
- ✓ **Read yourself!** Be a model of reading. Make it part of your routine, and demonstrate it's power for relaxation, entertainment, joy!
- ✓ **Talk about books** – Share favourites from childhood, movies that come from books, favourite characters or books read at school
- ✓ **Remember all reading is good reading** – use non-fiction or magazines, use autobiographies, fact files, books about topics they are interested in (*space, football, rugby, music...*) if your child struggles with choosing and sustaining interest in fiction.
- ✓ **Download the SORA app to read online** – this is free via the school's subscription.
- ✓ **Use a book combined with an audiobook** – following the words is a great way of hearing fluent reading and gaining fluency, speed and sight reading skills
- ✓ **Give books as presents**
- ✓ **Visit the local library together**
- ✓ **Have a family bookshelf**
- ✓ **Keep reading together** – no matter how old they are, shared reading makes a huge difference.
- ✓ **Don't panic if your child reads the same book or collection over and over again**