

FOUNDED c.1592



British Science Week, p.8

Science and the arts met when students designed posters, took photos and baked cakes to represent 'time'.

Cracking time in Krakow, p.16

Students appreciated art, history and culture in Germany's vibrant capital.

NEWSLETTER

ISSUE: APRIL 2024 · WWW.LYMMHIGH.ORG.UK



TREASURED LIBRARY

This year's 3-week challenge to solve a series of puzzles in the ILC was themed around pirates and hidden treasure.

reasure in the Library' encouraged students to solve clues, codes and cyphers which led them to a series of coordinates on a treasure map. The event was

free and open to all students. Once all the coordinates had been revealed, it was up to students to rearrange the map coordinate letters to spell one of the named areas on the treasure map, and ultimately to guess where the treasure was hidden.

Over 80 students took part in

the challenge testing their observational and problem-solving skills. Although a knowledge of fiction was helpful, all puzzles could be solved by reading the instructions and helpful hints and by working through them methodically.

Pirates Ms Timson and Mrs Cheney unveiled the treasure map with X marking the spot of the hidden treasure to much excitement! 'Beach' was the winning area.

Forty nine students

guessed correctly, and they were each entered into a prize draw. Six lucky students were selected to win an Amazon voucher and their choice from a selection of fiction books.

Six students from everyone who completed the challenge were randomly selected to win a large Easter egg and were also able to choose a fiction book from the selection of titles.

"It was lovely to see so many students





engaged and excited about the challenge as it unfolded over 3 weeks", said Ms Timson.

Everyone who completed the full set of puzzles received Hall points and they were invited to attend the lunchtime celebration and prize-giving event.

All students attending were treated to a selection of doughnuts and chocolate coins for their hard work.



LYMM HIGH NEWSLETTER - APRIL 2024



A Year 12 student is photographing the sights around Grappenhall and Thelwall.

ver the past few months, Martha Barry has been helping Grappenhall and Thelwall Parish Council renew its website. The Council was in need of updated photographs to better showcase its local historic and beautiful villages.

Lymm High's teacher of Art and Photography Mrs Collins nominated the Sixth Form student.

"Martha has fully embraced this project and is an enthusiastic and able photographer. We're confident that this experience will help her achieve the A' Level grade in Photography that she is aspiring towards", says the Council.

To date, Martha has taken some beautiful photographs of key landmarks within both villages which are featured on the <u>new-look website</u>. More images will be added as we move through the Spring and Summer seasons.

"We would like to acknowledge and thank Martha for her time and fabulous photography so far."



CATERING TRIP TO YORKSHIRE

On Friday 22nd March, BTEC Hospitality & Catering students set off to <u>explore what the</u> food industry has to offer in Leeds and Harrogate.

The first stop was a visit to Leeds Kirkgate market, one of Europe's largest indoor markets and a fresh food paradise. The market has been at the heart of the Leeds retail scene since 1857 and is home to some of the most characterful traders in the city, with businesses spanning generations and representing a wide range of nationalities.

Students spent time exploring the various stalls within the market and discovering the wide range of produce on offer alongside street food vendors and 'greasy spoon' cafés.





The group headed to Harrogate in the afternoon to visit the world famous Bettys Tea Rooms. Bettys Café Tea Rooms serves traditional meals, with influences from both Switzerland and Yorkshire, and offers exceptional food service. Students and staff thoroughly enjoyed sampling some of the delicious treats on offer.

"The trip was a huge success", writes Miss Simms. "It was a fantastic opportunity for catering students to sample and see the latest methods, fashions and trends in the food world outside of the school environment."

HELMET DESIGN WINNERS

We had lots of entries to the national competition to design a bespoke helmet for Sir Lewis Hamilton. Open to all aspiring designers aged between 11 and 18 years, the aim was to design a helmet that captures the spirit of an F1 champ. The three designs below were judged the best Lymm High entries and have now been forwarded to the national competition.

1st place: Daisy Thomas



2nd place: Ivy-Rose Phiri



3rd place: Ella Donohue





SPRING HAS SPRUNG

F ollowing our students' endeavours in the gardens of St. Mary's Church last July, the Curate has sent us some photos of how the outside area is looking now.

On Founders' Day 2023, several students were selected to represent Lymm High in this eco-community project. The aim of the garden tidyup was to help the church in being able to offer a calming and peaceful green space where the community can come together for reflection and a moment of quiet. As you can see from these photos, we certainly think this aim has been achieved.





On Thursday 21st March, a group of students participated in the Young Magistrates competition, writes Year 8 Ben Shaw.

his event was held online with eight schools from the UK competing. The students had been preparing for this event since January.

The case we considered was about a taxi driver called Chris Wheeler who was assaulted by his drunken passenger (Jo Goodwin). We were trying to prove that Jo Goodwin committed actual bodily harm towards Chris Wheeler. The format we used was a magistrate court with six magistrates, an usher, a legal adviser, two defence and prosecution lawyers, the defendant and four witnesses.

The trial was split into two rounds. In the first round we defended against another school. It was very close and the lead magistrate had the casting vote. Unfortunately, they voted guilty; however, this did not matter as the competition is based on the team's level of presentation not the verdict of the case.

In the second half we prosecuted against Jack Hunt School in Peterborough. We prosecuted professionally but the magistrates came up with the verdict of not guilty. The case was very close but if the case was under the crime of common assault rather than actual bodily harm we would probably have prosecuted successfully.

The students enjoyed the day thoroughly and some were inspired to pursue a career in the field of law.

"They came second in their heat and I'm very proud of their hard work and determination", said Miss Dockerill.

Free, safe and anonymous mental health support.









8





Self-help activities

Whatever is going on in your life, the anonymous community on Kooth and our team of friendly professionals are here to help support you.

Or if you'd rather not talk to anyone, we've also got a huge library of helpful content, plus self-help tools and fun activities.

Sign up today at kooth.com



BRITISH SCIENCE WEEK

British Science Week is a 10-day celebration across the world on 8–17th March.



he idea of the dedicated week is to raise awareness, spark enthusiasm and celebrate science, engineering, technology and maths with people of all ages and from all walks of life.

This year Lymm High School left no creative stone unturned in our attempts to get as many students involved as possible, says Miss Farmer. We had students creating beautiful designs for the national poster competition; we had our aspiring bakers taking part in the 'Great Science Bake Off'; and still ongoing we have our photography competition, where our students are looking to snap the perfect picture to capture 'a moment in time'.

You will see from the pictures on these pages that we have a really talented bunch



of students amongst us and they did a wonderful job sticking to this years theme of 'time'.

Congratulations to Jessica Wright, Bella Beardmore, Abigail Cooke, Liv Goble and Mia Williams for their excellent and thought-provoking posters. All of these posters have now been submitted to the National competition.

Members of the British Science Association will shortlist entries, and a panel of judges will select a winner in each category. The two runners up in each category will be uploaded to the British Science Week Facebook page and the public will decide on a fifth 'popular vote' winner.

Good luck girls!



In addition, a massive well done to all the students who entered the 'Great Science Bake Off' competition. All of the entries were amazing, but our star bakers for 2024 are:

- Emily Burnett (Year 9) and Himani Price (Year 7) for the category 'Interpretation of ideas'.
- Maggie Clair (Year 8) for 'Taste and flavour'.
- Seb Spink (Year 9) for 'Skills'.
- Anthony Nicolaou (Year 8) and Gabriel Turner (Year 7) for 'Decoration'.







To round off our celebrations we had David from <u>Science</u> <u>Made Simple</u> come in to educate us on six very exciting STEM careers.

SCHOOL NEWS

All our Key Stage 3 (KS3) students took part in this workshop where they learnt about scientists who make volcanoes safer, scientists who are striving to save the planet from asteroid collisions, and scientists who save lives with engineering.

We hope that our KS3 students have been inspired to become one of these scientists one day.











- Tickets cost just £1 a week
- Chance to win up to £25,000
- Play weekly, or just play the Super Draw!
- Win a holiday, or take the cash!





GambleAware

See website for Terms & conditions. Enter by 25/05/24.

DROP DOWN DAY

Drop Down Day is an important part of Lymm High's Life Programme sessions. The latest one on Wednesday 20th March was a great success, developing students' character and confidence. We explored numerous key themes throughout the day.



Year 8 students worked with the <u>CELLS Project</u> across the day. The 'Choices, Education, Learning, Lifelong Skills' Project is a crime prevention charity. The speakers turn negative pasts into positive futures and teach children and young people across the North West about the consequences of crime through sharing lived experiences. The day is always well received and allows students a unique insight into the lives of those affected by crime. The photo above shows the students listening to an ex-convict in a life-size cell.





Year 9 students focused on prejudice and discrimination through the lens of online platforms. They looked at statistics surrounding online bullying and abuse in gaming and on social media. The day was designed to reflect on the impact of such experiences, whilst ensuring students are equipped with the skills to address this behaviour if they experience it themselves. The series of lessons were concluded by an Inter-Hall competition. In small groups they were tasked with creating a campaign to promote inclusivity during Sports Day. Students also re-visited CPR and AED training.



Year 11 students were given the morning with the Head of English and her English team to complete bespoke work linked to their GCSE papers. Students were given the chance to utilise the expertise of the team and to benefit from additional support to help secure the highest GCSE grades. Following this, Year 11 students then spent time with a variety of adults from a range of careers, who had volunteered their time to come into school and discuss their respective industries. This was designed to enable year 11 students to learn more about the working world, and to ask important questions to support their own futures. Students also re-visited CPR and AED training.

Year 12 students visited Edge Hill University for a tour of the campus and to gain an insight into the UCAS application process.

Year 13 students attended a selection of revision sessions, talks regarding student finance, and a talk from Whys Up regarding Mental Health. Students also practised their CPR skills so they should be well equipped if faced with an emergency.



Year 7 students focused on mental health and self-esteem over the course of the day. They considered how mental health can be seen as a spectrum and considered how to support themselves when using social media. <u>Whys UP</u>, a charity organisation who delivers programmes to schools about mental health and addiction, spoke to our students about what to do if they ever found themselves struggling with mental health. Students also looked at the Dove campaign 'No Filter' to consider the harmful impact of social media on mental health and strategies to navigate social media safely. They finished with CPR and AED skills, to learn how to recognise and support people in need.



Year 10 students participated in a democracy day, looking at the criminal justice system. They explored how criminals are punished, before receiving talks from local magistrates and Claire Salih, an ex-police officer who now runs education programmes for young people on sexual harassment and the law.

Their day finished with a mock trial, to put to the test the knowledge that they had acquired across the day. Students also re-visited CPR and AED training.

SUCCESSFULLY UPGRADED

ell done to all the students in Years 7, 8 and 9 who successfully completed their upgrade courses. Presentations of certificates and chocolates were handed out in the library on Thursday 28th March.







MATHS MASTERS

We've had some great results from the Intermediate UKMT (UK Maths Trust) follow-on rounds.

- Year 10 Ben Liput received a Certificate of Merit in the Pink Kangaroo.
- Year 11 Lucas Schulz-Utermoehl received a Certificate of Merit in the Pink Kangaroo.
- Ben Liput also received a Certificate of Merit in the Hamilton Olympiad.

Congratulations to all who participated. All the students who took part will get a certificate of participation.

GOLDEN STUDENTS

ell done to our ex-students who have completed their Gold Duke of Edinburgh (DofE) Award and will soon be visiting Buckingham Palace to collect their awards. What an achievement!

- Kathryn Broadhurst
- Elliot Nolan
- Charlie Pemberton
- Kate Thomson
- Adam Williams
- Luke Williams

Our latest cohort recently took part in their practice expedition (see p.24).







Year 9 undertook a History and Religious Studies trip to Krakow and Auschwitz.

The group flew to Krakow from Manchester and arrived at their city centre hotel late on Thursday evening on the 14th March.

NEWS

On the following morning a coach transfer took them to Auschwitz-Birkenau where they split into two groups. They were then given a guided tour of the concentration camps.

The purpose of the trip was to deepen the students' understanding of the Holocaust. They gained a valuable insight into history



to support their Year 9 studies, in particular the module on Weimar and Nazi Germany.

"The students were absolutely fantastic", said the trip leader Mr Barnett. "They listened well and clearly appreciated the gravity of where we were. You could tell they were affected by it."

The next stop was the Wieliczka Salt Mine. At 800



SCHOOL NEWS



years old, this is one of the oldest salt mines in the world and features chambers, sculptures, salt chandeliers, and an entire chapel carved from rock salt. The trip spent 2 hours in the salt mines and had a guided tour of the UNESCO World Heritage Site. Apparently, the tunnels are long enough to stretch from Krakow to Warsaw! "Our guide was funny and told us a legend of a princess being given salt as a dowry and told us to 'take it with a pinch of salt'", said Mr Barnett. "Amazingly, in the 2 hours

we were there, we explored only 1% of the tunnels!"

After the mines visit, the staff and students had some free time in Krakow's beautiful old square. It was then back to the hotel,

"I have learnt of what occurrences have happened and what horror can happen when one person of slight power doesn't like something. What Hitler did was unspeakable and disgraceful, and what the families of these victims have gone through is shocking, and I have sorrow for everyone who experienced it/was killed during it."

Matthew Travis Simmons

dinner and straight to bed. Everyone was exhausted!

Miss McMullen, Pastoral Support Manager, said: "It really was an amazing trip. The students were fantastic."







RADIO STARS

Kids Live at 5 is the weekly show on Cheshire's Mix56 hosted entirely by children.



he show is sponsored by Kids Planet Day Nurseries and is broadcast every Sunday at 5pm.

The hour-long show, which appeals to both children and adults, started in April 2020 during lockdown and is presented by Year 12 Elizabeth Nelson.



The programme's focus is to inspire, educate, entertain and involve local children with exciting topics and themes. In addition to being available online and on digital radio, the show is now played within local schools and Warrington hospital. It is available as listen again on the <u>radio station's website</u>.

Cheshire's Mix56 Station Director and presenter Paul Smith told us: "So excited to share that Kids Live at 5 has been nominated for an ARI-AS National Radio Award from The Radio Academy, in The Grassroots Category. This is huge for Cheshire's Mix56 to be up there with the likes of Radio 1 and Absolute Radio." The awards will be presented on Tuesday 7th May in London at the Drury Lane Theatre.

Producer of Kids Live at 5, Helen Nelson, told us that the show appeals to the community through relevant, fun and educational topics with a local focus. A recent show on 'Careers' featured interviews with local teachers, a vet and the police; whilst the 'Local History' show included conversations with local historians, business owners and care home residents.

Weekly topics this year have included gardening, road and firework safety, alongside special shows for the King's Coronation and Children's Mental Health Week.

"During Children's Mental Health week we spoke to local dance teachers, singing teachers and art teachers to understand how different activities can help our mental health", said Mrs Nelson. Each child recorded an audio sharing how they make time for themselves. "It was inspiring how our young contributors approached the topic with great maturity and sensitivity, sharing their ideas and thoughts with listeners."

Regular weekly features on the show include 'Spill the tea' reviewing a local attraction, a Space Report from Oscar and Pet corner. The show also includes book recommendations in Annabel's 'Book minute' and a sports report from Year 10 Reuben Roberts.



The children have interviewed big names including local MP Andy Carter and the Minister for Culture, Lucy Frazer MP.

The children also narrate an annual nativity featuring carols from local singing groups and all take part in the annual panto.

Kids Live at 5 has also recently hosted its first Annual Awards for children in Cheshire, which was a great success. Since the show started hundreds of children between the ages of 3 and 16 have been involved, conducting and planning many interviews. These have included local personalities along with Keith from The Great British Bake Off, Chesney Hawkes, and Tik Tok baking sensation Dolly's Desserts.

"The show engages local children, families and communities and has helped children develop new skills and learn the art of radio", says Mrs Nelson. "Parents have reported how their children's confidence has grown and their speech has improved. It has given the opportunity for children with additional needs to take on new challenges in a safe environment."

Kids Live at 5 is not just a radio show. It is a team who support the development of children, teaches them about radio and assists them in providing content in an informed and fun manner, not shying away from sensitive subjects including mental health and bullying.

"We are very proud of our young radio team."

Paul Smith said: "A huge thank you and congratulations to all of our radio stars (and parents) who contribute



weekly, they are truly fabulous. I am so proud of Elizabeth Nelson and all our radio stars."

We wish all the Lymm High presenters the very best of luck for next week's Awards Ceremony: Elizabeth Nelson, Reuben Roberts, Lily Norton, Grace Wilkinson, Sophia Reynolds, Maggie Clair, Huw Ellis and Monty Openshaw.









THE GRASSROOTS AWARD

300 Seconds Podcast - Ocean Youth Radio Class Divide Podcast Kids Live at 5 - Cheshire's Mix56 Life After Prison - Prison Radio Association Make a Blanket and Set a World Record - BBC Radio Derby Our Earth Week - Community Radio Environment Three Ways to Save a Life - BBC Radio Manchester Transmission Roundhouse Podcast Academy Windrush 75 - BBC Radio Sheffield

Worried about how you're feeling?

Visit youngminds.org.uk for information on getting the support you need and practical tips from young people just like you.

YOUNGMINDS

AND THEY'RE OFF...

Duke of Edinburgh Silver and Gold practice expeditions started in April. Mr Hawker-Green was 'lucky' enough to accompany the students....





Uring their 3-day practice expedition in the Peak District, students encountered a medley of weather challenges, testing their resilience and determination. Wednesday night set the tone with bone-chilling temperatures plummeting to -2° C, leaving students battling to find warmth and rest. Despite the harsh conditions, their spirits remained high as they braved the frosty night.

Thursday brought a downpour that persisted from 2 pm onwards, drenching the students as they pushed forward. Undeterred by the relentless rain, they pressed on, their enthusiasm undiminished by the soggy conditions.



Throughout the expedition, the young adventurers encountered numerous obstacles, from slippery trails to fatigue-inducing terrain. However, their camaraderie and shared determination propelled them forward, overcoming each challenge with grit and perseverance.

By the time Friday afternoon arrived, and with the rain finally subsiding, the students emerged triumphant, having conquered the rugged landscape. Their experience had not only tested their physical endurance but also fostered a sense of resilience and teamwork that will serve them well in future expeditions.



ERIN STAYING RED

E rin Yearsley-Ward is celebrating after signing for Liverpool FC again for the fourth season!

The Year 8 student has been with Liverpool FC women since she was 8 years old.

Erin works so hard at her football training and also represents the school in fixtures. She is over the moon at staying on at Liverpool.

"Huge congratulations to Erin who is an absolute superstar and pleasure to teach", said Miss Steele. "She captains the Year 8 girls football team and is a fantastic role model. Well done Erin!"



WORLD CHAMPION AGAIN

Year 8 Aya Al-Rawi is a second-time World Champion after success at this month's Inclusive Skating Championships in London. This is an incredible achievement and her consistent hard work in training, body strengthening, determination and perseverance have paid off. Well done, Aya!

In addition, Aya has officially joined the Silverblades Team GB for off-ice skating. This is similar to ice



skating but on wheels, requiring further leg strength to help Aya stop and slow down. Her coaches and WIFSA (World Inline Figure Skating Association) president admired her determination and Aya is now the first person in the world to skate using her walking frame with off-ice skates.

Training now starts for the 2024 WIFSA World Championship that will be held in Fasano, Italy, in July 2024.

YEAR 8 SWIM SUCCESS

Jasper De Glopper and Talia Coxon have recently returned from a Warrington Warriors Swim Camp in Lanzarote.

D uring the week, the Year 8 students swam 60 km, in an Olympic 50m-swimming pool, for 4 hours a day, 6 days in a row. They also kept a training logbook, set SMART targets, and worked on improving their technique, fitness and stamina to enhance their Swim Camp experience.

"It was a real treat to swim, whilst the sun rose over the sea", said Jasper.

The Swim Camp follows on from previous success this year for both students. Talia and Jasper have qualified and competed in many races at Cheshire County Championships, gaining several personal bests and medals.

In mid-March, Jasper did extremely well in the Wirral Regional Qualifier Meet, achieving seven personal bests and a total of eight medals.

Talia enjoyed competing at the common-



wealth pool in Birmingham and hopes to qualify for the North West regional championships in April and May.

Meanwhile, Jasper swam for his Dutch swimming squad PSV Eindhoven in the Eredivisie National Swimming League Finals in The Netherlands. They were first after three rounds and Jasper helped them become Dutch Champions in the final.

During the Summer half-term he will compete in the Dutch Regional Championships 'Zuid' and hopes to qualify for the Dutch National Youth Championships and Distance Championships in June.

MEDAL WINNER

On the 14th and 15th March, Izabel Donnelly attended the Gymnastics British Championships in Liverpool.

he Year 9 student had made the junior vault finals where she showcased her new handspring pike front vault. It was an amazing weekend for Izabel and she came home with the Bronze Medal.

Izabel trains 24 hours a week across 4 days at The Wire Gymnastics Club in Warrington.

"We are all so proud of Izzy", said Mrs Slater. "What a performance! And to make it to the final for the vault is a fantastic achievement. The amount of hours that she puts in to her training is unbelievable. Gymnastics has to be one of the toughest sports out there. I have no doubt that we will be seeing her in the Olympics one day."

Next stop is the World Championships in May in Telford. We wish you the best of luck, Izabel!





UPCOMING DATES

Monday 6th May Bank holiday

Wednesday 15th May External exams begin

> Monday 27th to Friday 31st May May half-term

w/c Monday 24th June Year 7 residential to Ty'n-y-Felin