

WHOLE SCHOOL

Care whilst driving around school site

Please can we remind parents and carers to be considerate when driving around the school area. We have had a near miss collision on Oughtrington Lane's humpback bridge due to the number of students walking on the road. Please be mindful and lower your speed when passing school at the start and end of the day when students are crossing the road. In addition:

- There is an increasing problem with the number of cars using the Sixth Form entrance to drop students off. Please be aware that there is a 5mph speed limit enforced in this area, which is often busy with students walking to and from school, in addition to being used by Sixth Form (often new) drivers.
- There are also issues at the Lodge entrance with parents and carers dropping off, which blocks the staff entrance. This area needs to be kept clear at all times.

Thank you for your cooperation.

Cashless catering

Please remember to top up your child's cashless catering account via Parent Pay to ensure your child is able to purchase food at break and during lunchtimes. You can <u>click here</u> to view the lunch menu, which changes each day. The price list can be <u>viewed here</u>.

Easy Fundraising

You can help us raise money for Lymm High's PTA while online shopping at no extra cost to yourselves. All you need to do is go to https://www.easyfundraising.org.uk/ and select Lymm High School as your cause, school will then receive a percentage donation. Last year, we raised over £700 just by shopping! As always, thank you for your support.

LHS Lottery

Congratulations to this week's school lottery winner, Mrs Barnes, who won £78.60! You could be a winner too! If you have not signed up for our lottery yet, please head to our dedicated lottery website here. If you want to find out how the school lottery works, please click here. Tickets are only £1 each week and your support would be hugely appreciated.

LOWER SCHOOL

KS3 Progress Report and assessments feedback

In order to evaluate our current KS3 reporting processes and assessments, we would appreciate it if you would provide a little feedback on how you view the current systems for reporting progress home and supporting our students in preparing for their assessments. Please <u>click here</u> to complete the short survey. We thank you in advance for your time and any feedback you are willing to provide.

Year 9 Choices

A reminder that the deadline for the Year 9 Choices form is **Monday 10**th **March**. To access the Choices booklet, click here.

Year 9 vaccinations

The School-Aged Immunisation Team are offering the Tetanus, Diptheria and Polio vaccination and the Meningitis vaccination to all students in Year 9 as part of the routine national vaccination programme. Please <u>click here</u> to read the full letter.

Mental Health talk

On **Thursday 20th March**, we have Daniel Wilsher coming in to talk to our Year 7–9 students about his journey with mental health. Daniel Wilsher is an award-winning mental health speaker and entrepreneur. He is the founder of Damaged Goods Co., Co-Founder of LivEdX, and was a finalist on Channel 4's hit show 'The Piano'. Daniel has worked with over 50,000 people live, supporting organisations like META, Jaguar Land Rover, ITSU, Hays, Clifford Chance and BT while working with hundreds of schools across the UK. His session is a 45-minute interactive talk taking students on a journey through his life while exploring ways they can take action to create hope in their own lives. This talk will finish with a live piano performance at the end.

Life Programme

Our next extended Life Programme is on **Wednesday 19th March**. Key Stage 3 students will study the following topics:

- Year 7: Following on from our session on self-esteem, Year 7 students will look at sleep and how it is
 a vital part of a healthy lifestyle. We will look at how much sleep is enough as well as factors that
 impact our sleep. We will also explore healthy habits around sleep that help support better overall
 wellbeing.
- Year 8: Year 8's session will explore issues around eating disorders and self-harm. The session will look to explore definitions around this topic and myth busting around attitudes towards eating disorders and self-harm. The session aims to raise awareness and knowledge around these areas. We are aware how sensitive these topics can be for some students and so signposting for support will be available as well as access to our Student Services team.
- Year 9: As Year 9 had an extra careers-based session in the Hall this week they will pick up on their sessions on Vaping. Students will delve deeper into the consequences of vaping, exploring its effects on health, the environment and other impacts. This session is designed to equip students with the knowledge needed to critically assess vaping and its potential risks.

UPPER SCHOOL

Year 11 exam support

Well done to our Year 11 students for completing their core Mock Exams this week. Please <u>click here</u> to read a letter from Mrs Feast on feedback and future support available as we gear up for GCSE exams.

Year 10 Parents' Evening

The Year 10 Parents' Evening will be taking place on **Thursday 3rd April** online. Please <u>click here</u> for further information.

Year 10 mock exams

Please <u>click here</u> to read a letter from Mrs Feast about the upcoming mock exams for Year 10 and the support that is available to them.

Life Programme

Our next extended Life Programme is on **Wednesday 19th March**. Key Stage 4 students will study the following topics:

- Year 10: Year 10 will have a session looking at mental and emotional wellbeing when faced with situations of loss and mourning. This session will be sensitive to those who may be going through some form of loss and therefore we will make sure students can access support within school.
- Year 11: Having missed this week's Life Programme session, Year 11 will pick up next time with the session on emergency and non-emergency situations where they will have a recap of some basic first aid.

Personal Development Mpdate

This half term we are launching a new social responsibility theme which is 'Tolerance & Equality'. The importance of being tolerant and accepting of others and their differences will be promoted through assemblies and Form time this half term. It is important that our students recognise that each of us have our own unique qualities, beliefs and circumstances. These differences ought to be celebrated and respected, showing kindness in interactions we may have with others.

In addition to our regular <u>extra-curricular activities</u>, here are other events which students can enjoy over the next fortnight. What will your child get involved in?

WEEK B: 10–14th March Assembly theme: Tolerance and Equality (Halls)	WEEK A: 17–21st March Assembly theme: International Women's Day
Monday	Monday
 International Women's Day Just Dance session, Sports Hall, 1.30–2pm Art Residential at Ty'n-y-Felin 	DofE Silver and Gold Practice Expedition Tuesday
Tuesday • Art Residential at Ty'n-y-Felin	 Form Captains, Student Voice 1.35pm, S107

Wednesday

- Year 7 trip to Norton Priory
- Art Residential at Ty'n-y-Felin

Thursday

- Year 9 Poland trip
- Year 7 trip to Norton Priory

Friday

- School Nurse drop-in: Break time in Student Services
- Freddo Friday: The top six 'Star Students' in each group will be identified and rewarded with a praise postcard and Freddo to spread some Friday joy!
- <u>Click here</u> for the latest sports timetable.
- <u>Click here</u> for the extra-curricular clubs timetable.

Thursday

• Mental Health Workshop for Years 7–9.

Friday

- School Nurse drop-in: Break time in Student Services
- Freddo Friday: The top six 'Star Students' in each group will be identified and rewarded with a praise postcard and Freddo to spread some Friday joy!

