

KS3 & 4 Extra-curricular timetable 2026 Jan- April

	LUNCH	AFTER SCHOOL
Term	Activities 1.30-2pm	Activities 3.10-4.15pm
MONDAY	Fitness Suite. KS4 and 5 (KLJ/JHM) Table Tennis/dodgeball, Small gym (GPO) Sports Leaders (JSL)	Girls football. Year 7, 8 3G (RSL, MD, JSL,) Boys Hockey. All years. Astro (DMA) Netball matches. sportshall
TUESDAY	Basketball. All Years. Sportshall (TSC) Fitness suite. KS4 and 5 (HWA/LPI) Table tennis/Dodgeball. Small gym (gpo)	Netball. Year 7. Sportshall (SAF) Netball. Year 9 GYM (HWA) Rugby. Year 9 Boys (LPI) Football. Year 11, 12 and 13. 3G (JHM/GPO) Football Year 9 and 10 (3G) (TSC/TDO)
WEDNESDAY		Netball. Year 10/11 Gym (KJO) Netball Year 8 Sportshall(NDI) Netball. Seniors (HWA) Rugby. Year 7 Football. Year 8 (3G (MD) & Year 9 and 10 Girls (3G (HST)
THURSDAY	Fitness Suite. KS4 and 5 (SAF/HHA) Table Tennis/Dodgeball. All years. (GPO)	Netball. MATCHES Sportshall Girls Hockey. Astro (HHA) Rugby. Year 7 and 8 Girls Rugby Year 8, 10, 11, 12 and 13 (3G) (ABR) Football. Year 8 (MDO) Indoor Hockey DMA
FRIDAY	Table Tennis GCSE pe only (y10/11) (JK) Badminton all years (GPO) Fitness suite. KS4 and 5 (HST/NDI)	Football. Year 7. 3G (JKE/CBL) Girls football. Years 10-13. (MD/RSL)