

THE SIXTH

“ THIS WEEK... ”

19–23 January 2026

TURNING
INTENTIONS
INTO ACTIONS

As we move through January, this week is about resilience and resetting our approach. The early excitement of new goals may have faded, and that's normal. What matters now is how you respond to challenges, adjust your plans, and keep going.

Progress doesn't require perfection; small, consistent actions build success over time. Use this week to reflect on what's working, make realistic adjustments where needed, and remember that setbacks are a natural part of growth.



THE SIXTH

19–23 January 2026



Y12 WORK EXPERIENCE

Students received an assembly on how to finalise and log their Work Experience on Unifrog this week. Parents and carers were also sent a letter, which can be found by [clicking here](#).

Students may like to review their Social Media privacy settings over the weekend. According to UniFrog, 21% of recruiters have rejected candidates based on looking at their Facebook profile. We will talk more about this in Friday's Form session.

GENEVA TRIP

Places are now assigned on the Maths and Physics trip to Geneva. Students have been informed to pay their deposits as a matter of urgency. Watch this space for further updates.

MOCK ASSESSMENT

We have a couple of spaces left on the Mock Assessment Centre trip on **Wednesday 28th January**. This is a fantastic opportunity to improve interview skills, presentation skills and group activities ready for applying for jobs and apprenticeships. The cost is £15. To book, please email Mrs Hughes by no later than **Monday 19th January**.

YEAR 13 MOCKS

The next Year 13 Mock exams will take place during the week commencing **23rd February**. The overall timetable has been published (see p.7). Students will receive their individual timetables in due course. Please [click here](#) to read the letter sent home.

Y13 PROFESSIONAL AND APPRENTICESHIP PATHWAYS

All students who have not applied to UCAS (and some others who have told us they wish to apply for Degree Apprenticeships) will attend a weekly Future Pathways Support every Tuesday during Form. Please see p.4 to learn more.

YEAR 13 UCAS

The equal opportunities deadline has now passed. Students received an assembly this week about how to make decisions on course offers.



WHAT'S ON THIS WEEK

Please [click here](#) to view the Assessment calendar, which includes key dates for the year ahead.



CALENDAR

19–23 January 2026

DAY	YEAR 12	YEAR 13	OTHER EVENTS
MONDAY	Monday reset – <i>The Sixth</i>	Monday reset – <i>The Sixth</i>	
TUESDAY	Assembly – Faiths in Society (Lower Hex)	Study Skills – Making self- quizzing materials	Careers Advisor
WEDNESDAY	Work experience – How to contact your employer	Multifaith Assembly	
THURSDAY	Study Skills – The Core Four, Mind Mapping Practice Session	Debate – Has Social Media Improved Human Communication?	Gold DofE training day (see p.9)
FRIDAY	Futures Friday – CVs and your online profile	Futures Friday – Evaluating savings options	School Nurse, 10.45–11.15am

NEWS



Year 13 Professional and Apprenticeship Pathways

Future Pathways Support sessions will take place every Tuesday morning. These sessions are designed specifically to help students prepare effectively for employment, apprenticeships or other training routes. All students who have not applied to UCAS will attend.

The programme includes:

- Post-18 employment and apprenticeship routes.
- What employers look for in applications and assessment centres.
- The importance of a strong CV, professional behaviour, and confidence in recruitment settings.
- Building a professional identity.
- Mastering the job application and interview process.
- Understanding workplace skills and expectations.
- Individual support with applications, interview preparation and assessment activities.

These sessions ensure that students receive both structured guidance and personalised support as they make informed decisions and progress towards their chosen post-18 destination.



NEWS



Seeking a Performing Arts Ambassador

The Performing Arts faculty is looking for Year 12 students who are passionate about the arts to organise its next showcase event, and to support the department in developing ideas and helping at extra-curricular clubs.



Ambassadors will promote, organise and represent the arts within school and the community, acting as role models to boost participation, showcase talent, and support creative events and fundraising.

Interested students can get further information from Mrs Swift (KSwift@lymmhigh.org.uk).



BIRTHDAYS

D. Burke	E. Madgin
O. Dulson	L. Parsons
C. Easton	H. Scott
M. Gibbons	B. Skidmore
E. Heroe	C. Taylor-Walmsley
M. Hibbert	T. Thornley
K. Lee	

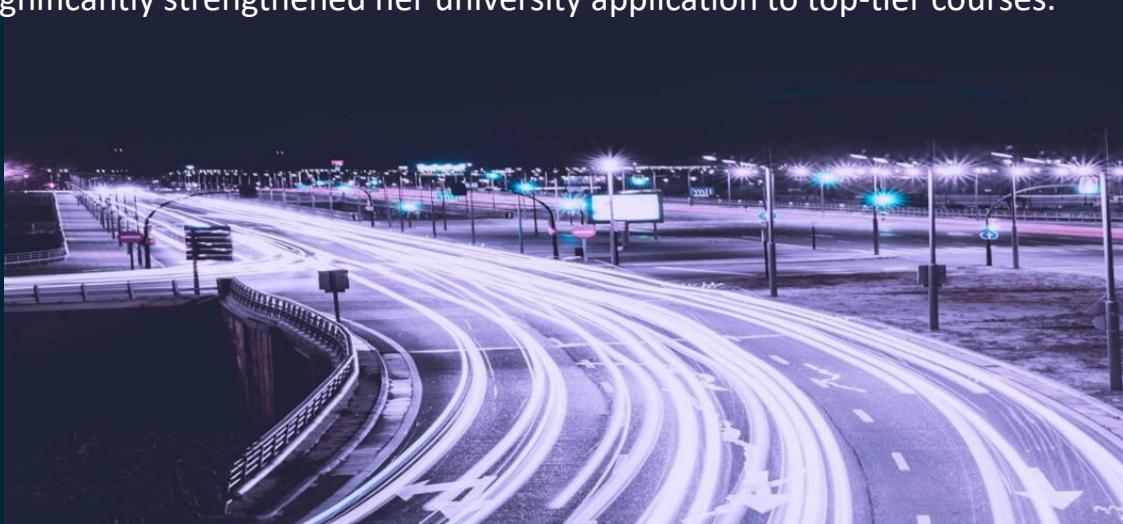
CONGRATULATIONS

Showing potential!

Year 13 Subuhi Burhaani participated in the ONS Data Challenge, submitting a project titled '*Exploring the Market Potential for Blackburn*'. Her analysis examined key challenges within the area, identified measurable key performance indicators, and explored how heritage assets could be leveraged to support market development. She also proposed strategies for improvement and included future market forecasting.

In recognition of the high quality of her work, Subuhi was selected as one of the top three finalists and was invited to attend the awards ceremony celebrating her achievement.

We are extremely proud of Subuhi for going above and beyond in her studies and for performing so strongly in a highly competitive national challenge. Her success has significantly strengthened her university application to top-tier courses.



EXAMS



YEAR 13

The Year 13 Mock exams will take place during the week commencing **23rd February**.
The timetable is below.

	Morning	Afternoon
Monday 23rd February	Music Tech Paper 1 History Paper 1 Physics	German Writing Business Dance
Tuesday 24th February	English Literature Theatre Further Maths Paper 1 Biology Paper 1	History Paper 2 Chemistry Paper 1 Music Tech Paper 2 Geography Paper 1
Wednesday 25th February	English Language Chemistry Paper 2 German Listening/Reading/Translating French Listening/Reading/Writing	PE Economics R.S Paper 1
Thursday 26th February	Media Biology Paper 2 Further Maths paper 2	Spanish Listening/Reading/Writing Psychology Maths Paper 1
Friday 27th February	Geography Paper 2 French Writing R.S Paper 2	Maths Paper 2 Sociology Spanish Writing

Exam Etiquette

To ensure exams run smoothly, students must arrive **15 minutes before** the scheduled start time:

- **Morning exams:** Arrive at **8.30am** for an **8.45am** start
- **Afternoon exams:** Arrive at **12.45pm** for a **1.00pm** start

Mobile phones must be switched off completely (not on 'Do Not Disturb') and stored as instructed. Students must also ensure they bring all required equipment to each exam.



EXAMS



YEAR 13

Study Leave

Study leave will begin on **Monday 23rd February** and end on **Friday 27th February**.

During this time, most lessons will not run, and there will be no Form Time or Supervised Study Periods in the Upper Hex.

Coursework Subjects – Alternative Arrangements

Students studying the following subjects should note the different arrangements during study leave week:

CTEC ICT	BTEC Sport	Art
BTEC Fashion	Photography	3D Design
BTEC Business		

- Lessons will continue as normal throughout the study leave period.
- Students must attend their timetabled lessons unless they clash with an exam.
- If a student has an exam in the afternoon, they are permitted to miss timetabled lessons in the morning in order to prepare and revise.
- Where a morning lesson is missed due to an afternoon exam, students must check with their subject teacher in advance and follow instructions regarding catch-up work, homework or independent study.

Academic Support Plan Students – Alternative Arrangements

Students who are currently on Academic Support Plans will not be on study leave and must attend Sixth Form throughout this period. These students:

- Must attend school every day from 8.25am to 3.10pm.
- Must sign in and out at the Sixth Form desk each period.
- Will study in their allocated study rooms with a member of staff.
- Do not need to attend Form Time or other lessons (as these will not be running) unless they study one of the coursework subjects listed above.

We would like to thank Parents / carers in advance for their support in ensuring that students follow the arrangements that apply to them during the study leave period.

REMINDERS

DONT FORGET TO:

Gold Duke of Edinburgh (DofE)

Gold DofE students have been told to meet at the main school canteen canopy at 11.15am on **Thursday 22nd January**.

- Remember to wear suitable outdoor clothing, including waterproof/jacket/boots/hat/gloves.
- Remember to be proactive in terms of missing school coursework.
- Be polite and inform your teachers

Any problems, please contact Mr Greenwood (pgreenwood@lymmhigh.org.uk)



FUTURES OPPORTUNITIES

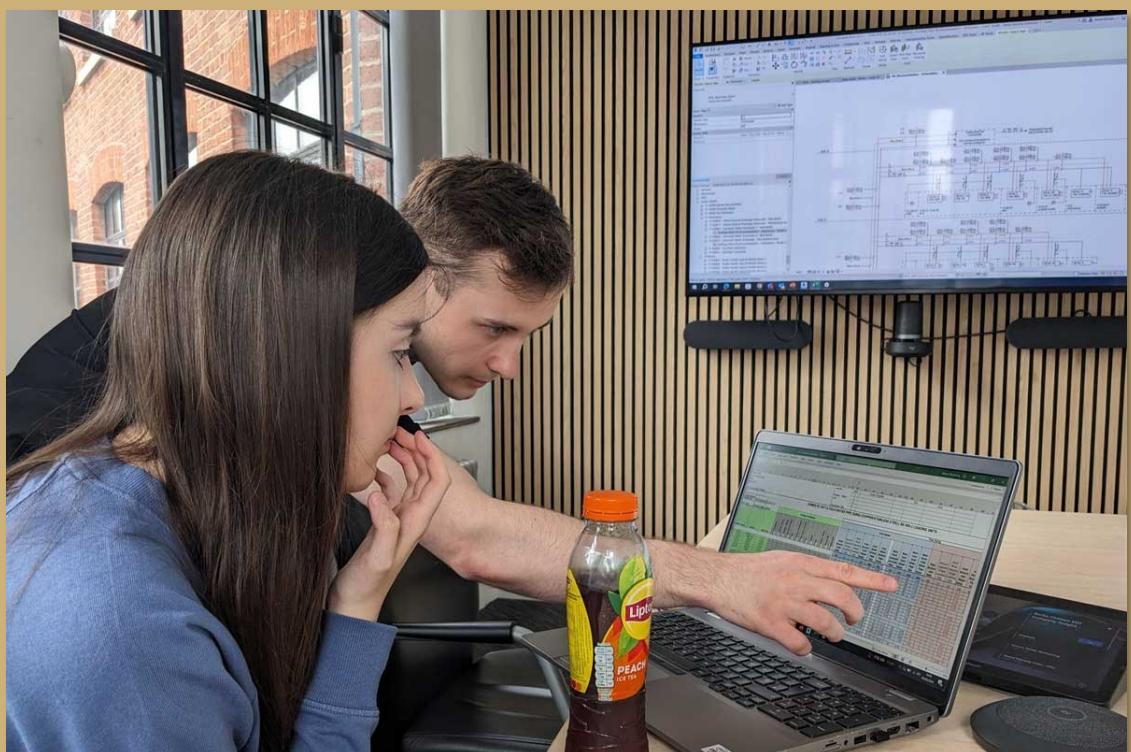
STEM Summer Residential

June and August 2026

At these summer residential, students can explore STEM subjects and discover related career paths.

- 4–5 day summer schools offering a taste of university life and a focus on a specific STEM subject.
- University-style lectures and hands-on group projects with support from academics and student mentors.
- Stay in halls of residence and take part in evening social activities.
- Earn a Silver Industrial Cadets Award to strengthen future applications and career pathways.
- £475 for 3-nights residential and £595 for 4-nights residential. Bursary places are available for eligible students.

To find out more about the courses on offer and locations, [click here](#).



FUTURES OPPORTUNITIES

IMPERIAL

Outreach
SUMMER SCHOOLS

Year 12 Sutton Trust Summer School



14 - 17 JULY OR 21 - 24 JULY 2026

Would you like to explore the exciting possibility of studying for a STEM degree at Imperial College London?

This four-day, residential programme is a great opportunity to spend time immersed in the academic department of your choice, allowing you to explore the subject you're passionate about while gaining practical skills relevant to your future studies.

Participants will also have access to ongoing support and resources from Imperial and the Sutton Trust.

Key information

- You must be attending a non fee-paying school.
- Further eligibility criteria apply - please see our website.

Imperial College London



FREE

Apply by 12.00 midday 5 March



020 7594 2720

<https://bit.ly/Y12suttontrust>

INVESTIN

UNSURE ABOUT YOUR FUTURE CAREER?

Too many careers to choose from? Feeling overwhelmed? Struggling to match your skills and interests with a desirable career?

These are all natural thoughts and signal an excellent starting point to discovering your dream career.

WHAT TO DO NEXT

- Don't panic:** Lots of students are in your position, so there's no need to stress!
- Reflect:** Ask yourself simple questions like what are my strengths? What inspires me? What subjects do I enjoy?
- Understand:** Research, network and explore what different careers involve, including the skills, experience and qualifications required.
- Explore:** Seek hands-on experience and learn first-hand whether you are suited to a career or industry.

THE CAREER QUIZ

If you're unsure about your future, the best place to start is our Career Quiz, which helps you discover an industry that aligns with your skills, interests and aspirations.

Over 30,000 students have already completed the career quiz and received personalised career advice. Take the quiz today!

TAKE
THE
QUIZ



WEEKEND PROGRAMMES

Are you aged 15-18 and curious about life after school?

Join us in March for an immersive one-day career taster in London, offering hands-on workshops and real-world career simulations alongside industry professionals.

Test-drive your dream career in 2026!

SIGN
UP
NOW



Key Apprenticeship Links

- [Current apprenticeships in the Warrington area](#)
- [Higher & Degree Apprenticeship Vacancies - October 2024](#)
- [Cheshire and West Apprenticeship Opportunities](#)
- [Search for an apprenticeship – GOV.UK](#)
- [A Guide to Traineeships and Apprenticeships - Lymm Sixth Form](#)
- [Not Going To Uni - Search for Opportunities](#)
- [Liverpool John Moores University - Apprenticeships Courses](#)
- [Manchester Metropolitan University - Become A Degree Apprentice](#)
- [Apprenticeships | University of Salford](#)
- [Programmes - Apprenticeships - The University of Manchester](#)
- [Search apprenticeships | UCAS](#)
- [NHS Apprenticeships](#)
- [Linkedin - Degree Apprenticeships](#)



Need More Help?

Our Careers Advisor, Ms Draper, is available for one-on-one support. Contact Mr Brown at Sixth Form Student Services to book an appointment (nbrown@lymmhigh.org.uk).

Register for New Degree Apprenticeship Alerts:

- [Indeed](#)
- [Total Jobs](#)
- [Rate My Apprenticeship](#)
- [Prospects](#)

Apprenticeship Spotlight #1

Mechanical Engineering Degree Apprentice

Company: NUVIA



Qualification: Level 5 Nuclear Technician including HND (Mechanical Engineering) followed by Level 6 Nuclear Engineer (Integrated Degree) Mechanical Engineering (accredited by UCLan)

Location: Birchwood Park

Degree Provider: Wigan & Leigh College

Application Deadline: Saturday 14th February 2026

To find out more and apply, [click here](#).

As a Mechanical Engineering Degree Apprentice at NUVIA, you'll join a 5-year development programme that combines technical training with exposure to real-world nuclear projects while studying. From day one, you'll contribute to projects involving nuclear technologies such as decommissioning, commissioning, waste management, defence, and power generation, gaining exposure to the full project lifecycle in highly regulated, safety-critical environments. Supported by experienced professionals and mentors, you'll earn while you learn, develop technical expertise, and build the professional behaviours needed for a successful career in the nuclear industry.

As your apprenticeship progresses, you'll take on increasingly complex responsibilities, applying your academic learning to real-world engineering challenges.



Apprenticeship Spotlight #2

Investment Operations Specialist

Company: AJ Bell



Qualification: Investment Operations Specialist Apprenticeship Programme (Level 4).

Location: Manchester

Start date: September 2026

Application Deadline: Sunday 1st February

To find out more and apply, [click here](#).

As an apprentice you will be helping AJ Bell customers to invest and over the 2-year programme you will have an excellent opportunity to develop a wide range of skills and competencies, including but not limited to: communication and influencing, team working and collaboration, ownership and initiative. AJ Bell offers a wide range of development and mentoring opportunities to all employees, including in-house technical and professional development training.

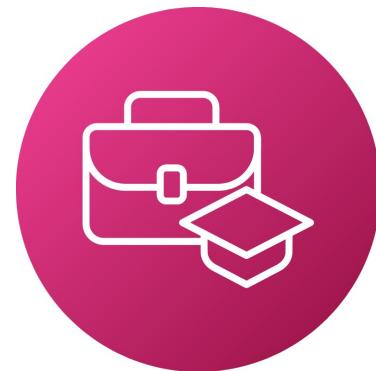
The Investment Operations Specialist Apprenticeship Programme opens the door to many possibilities and opportunities to continue your career at AJ Bell focusing on either a managerial or technical career path.



Apprenticeship Spotlight #3

Management Trainee Apprentice

Company: Overbury



Qualification: Level 4 Construction Site Supervisor Apprenticeship

Location: Manchester

To find out more and apply, [click here](#).

Overbury is looking for a Management Trainee who is wanting to experience main disciplines before deciding their career path. The role will report to the team PA and would be responsible for supporting and learning from Managers within the business. This would include, but is not limited to:

- Pre-construction
- Construction Project Management
- Technical Services
- Design
- Quantity Surveying

Successful candidates will be enrolled initially on a level 4 Construction Site Supervisor apprenticeship at university on day release for 2 years. Upon successful completion, you will enrol on a top-up degree in your chosen discipline for a further 3 years on day release. This is funded by the company and at no expense to yourself.



FUTURES
OPPORTUNITIES

APPRENTICESHIPS

unifrog

APPRENTICESHIP FAIR

Wednesday 11 February 4pm - 6pm



Join our virtual fair to learn all
about the world of apprenticeships.



scan
here to
sign up

Get your questions answered by the experts.

Join live sessions with employers from across the UK and speak directly to their representatives to achieve your dream apprenticeship!

CAREERS

Our [careers website](#) includes a [calendar of events](#), [labour market information](#) and a link to [Unifrog](#).



In Cheshire and Warrington, the industry sectors that are growing include life science, digital & technology, logistics & distribution, energy, zero carbon and clean growth. Find out more [here](#).

Key sectors with significant levels of employment are: chemicals, manufacturing & engineering, finance & business services, and health & social care.

Upcoming Events

- **STFC Apprenticeship Open Evening**
Tuesday 20th January, 5–8pm
- **Careers in business and accounting with BDO**
Tuesday 20th January, 5–6.30pm (Zoom)
- **Virtual Entrepreneurship experience**
21–22nd January, 10–3pm
- **Creativity, media & digital discovery with the BBC**
Friday 23rd January, 10.15–2.50pm
- **Compassionate Careers with St Columba's Hospice (remote)**
27–29th January, 9.30–3pm
- **NHS Work Experience**
Sunday 1st February, 9.30–5pm
- **Unifrog Apprenticeship Fair**
Wednesday 11th February
- **Careers with Zurich Insurance (virtual)**
*11–12th February, 10–2pm
(Deadline to apply: Tuesday 20th January)*
- **Explore the STEM world of defence & technology**
16–18th February, 10–3pm (Teams)
- **Tech-driven retail careers**
Thursday 19th February, 10–12.30pm (virtual)

For details of all these events and more, [click here](#).

CAREERS

Year 12 Law Conference

Wednesday 4th February

- Time: 8.55–12.25pm
- Location: School site
- Cost: Free



A student-led Law Conference, featuring four leading legal professionals from a wide range of law careers. This is a fantastic opportunity for anyone considering studying law or pursuing a career in the legal profession.

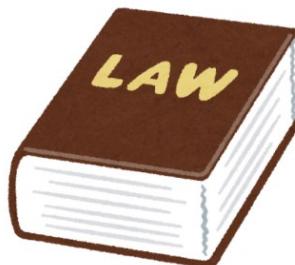
Guest Speakers Include:

- Solicitor (Immigration Law) – working with international clients and asylum cases.
- Commercial & Charity Law Specialist – former lecturer and in-house solicitor.
- Solicitor-Advocate – experience in both civil and criminal courts, private practice, and in-house roles.
- Deputy Regional Tribunal Judge – government lawyer and former City solicitor.



Learn about:

- Different routes into law
- Life as a solicitor, advocate and judge
- Career changes, specialisms, and real-world legal work



Interested students must let Mrs Hughes know by **Wednesday 21st January**.

Email: lhughes@lymmhigh.org.uk

Don't miss this chance to gain first-hand insight into a wide range of legal careers. (NB. This is during Year 12 Assessment week, so students can attend sections of the conference that don't impact assessments).

CAREERS



Careers in business and accounting with BDO

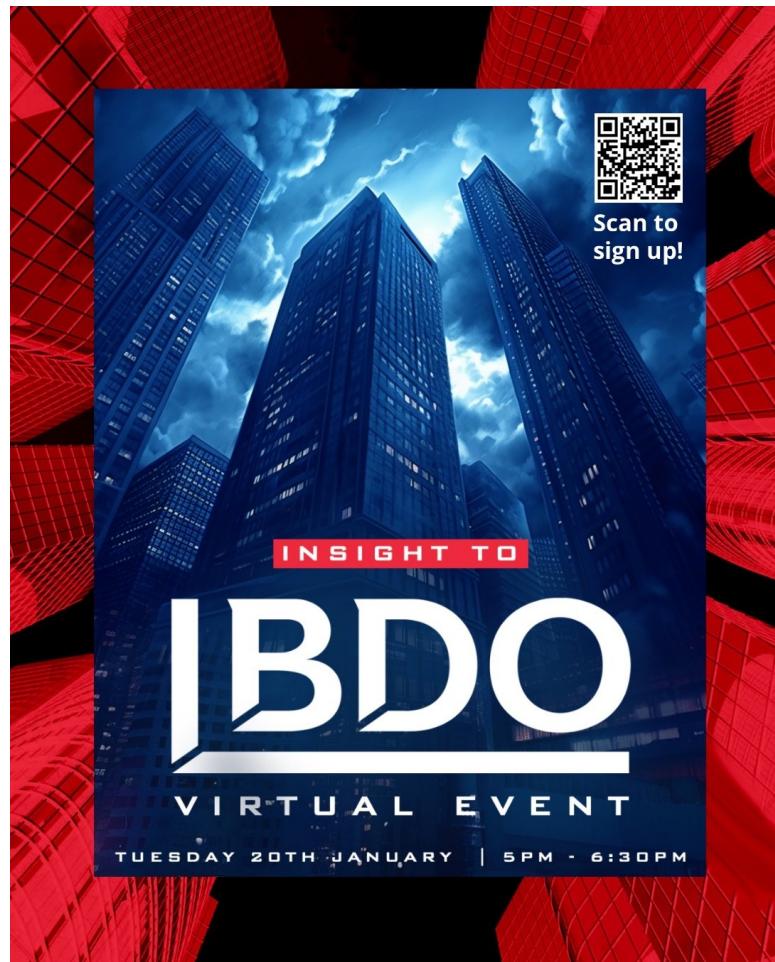
Tuesday 20th January, 5–6.30pm (Zoom)

At this virtual insight event with BDO, Year 12 and 13 students can explore a career with one of the world's leading accountancy and business advisory firms. It is particularly designed for students to:

- Hear directly from BDO professionals about their experiences and career journeys.
- Learn about BDO's renowned graduate, apprenticeship and work experience programmes.
- Explore opportunities in audit, tax, advisory and more!

BDO is a top accountancy firm with a strong reputation for delivering high-quality services and fostering an inclusive, forward-thinking culture. This event will give students a unique insight into how you can be part of shaping the future of business.

To register and secure
your place, [click here](#).



NHS Work Experience

Sunday 1st February, 9.30–5pm

The next NHS National Allied Healthcare Professionals Work Experience session will focus on Geriatrics & Recovery. Aspiring healthcare students can gain an intimate look at the industry in the live virtual work experience, delving into diverse roles within allied healthcare and taking a closer look at patient care by following the journeys of two patients from incident through to treatment.

This work experience programme is the largest one for aspiring healthcare professionals, having successfully invited over 12,000 students to participate in its programme last academic year, many of which have gone on to study:

- Nursing
- Midwifery
- Paramedicine
- Physiotherapy
- Occupational Therapy
- Dietetics
- Radiography
- Prosthetics and Orthotics
- Speech and Language Therapy
- Pharmacy

Once registered, students will receive access to their virtual work experience portals. Every complete session comes with a Work Experience Certificate, and for those who complete the full 6-month programme, there's a Highly Commended Reference – a golden ticket for their apprenticeship and UCAS applications.

Students can register at any time throughout the 6-month programme using the link below. Please note that places are £10 a session to cover administrative and technological costs, or £50 for the full 6 months.

To learn more about Allied Healthcare Work experience, [click here](#).



CAREERS



Women In Business (Audit & Tax) insight event

8–9th April 2026

Designed for Year 12 females, the Women in Business programme is aimed at students who are keen to pursue a career in Audit or Tax. You'll learn more about Ernst & Young (EY) apprenticeships and gain insight into the business areas of Audit and Tax, all under the guidance of our empowering female colleagues.

- Take part in on-the-job case studies, business skills sessions, and networking with current apprentices.
- Have access to senior role models within the business.
- Attend workshops with business leaders.
- You could even be fast-tracked onto 2027 apprenticeship opportunities.

The programme includes a 1-day virtual event as well as a 1-day in-person event hosted in one of the EY offices in London, Leeds, Edinburgh and Birmingham. Please note you will be able to apply to any of the office locations but we advise you to apply to the location where you would want to be employed in the future. You will then be invited to the in-person office event at one of the selected locations nearest to you.

For the in-person event, EY will cover reasonable travel costs for you to get to the office.

To find out more, and apply, [click here](#).





To view the latest online University events, [click here](#).

These are listed in chronological order and include Open Days (in-person and virtual), online chats and webinars. Students can browse these events and engage with higher education from the comfort of their mobile, tablet or computer.

UCAS

- **Get Into Medicine conference:**
Saturday 24th January, 9–1.30pm
- **University of Manchester**
mA*ths online programme
January to May 2026
- **STEM Summer Residential**
June and August 2026

For details of these events and more, [click here](#) to access our dedicated UCAS webpage, and click the button '**What's on this month**'.